

MEETING NOTICE
ILLINOIS DEPARTMENT OF PUBLIC HEALTH

Illinois Suicide Prevention Alliance

September 16, 2015

10 a.m. – 2:30 p.m.

Approved January 22, 2016

VIDEO CONFERENCE:

Chicago – James R. Thompson Center, 100 W. Randolph St., Conference Room 2025

Springfield – IDoA, One Natural Resources Way, 2nd Floor, Rock River Room

Glen Carbon – IDPH, #22 Kettle River Dr

Marion – IDPH office, 2309 W. Main St.

CONFERENCE CALL-IN: 888-494-4032, Passcode 2631052766#

<u>Appointed Members in Attendance</u>		Present	Excused	Un-Excused
Chuck Johnson	Illinois Hospital Association	<i>Springfield</i>		
Colleen Daley	Illinois Council Against Handgun Violence		X	
Eric Davidson	Illinois Higher Education Center	<i>Springfield</i>		
Jessica Gerdes	Illinois State Board of Education	<i>Chicago</i>		
Lora Thomas	NAMI Illinois – National Alliance on Mental Illness	<i>Chicago</i>		
Mariann Blacconiere	Representing service members, veterans, and their families		X	
Nicole Hellman	Representing mental health consumers		X	
Paul Fleming	Survivor		X	
Peter Mulhall	Center for Prevention Research and Development	<i>Phone</i>		
Steve Moore	American Foundation for Suicide Prevention	<i>Chicago</i>		

<u>Ex-Officio Members in Attendance</u>				
Jennifer Martin	Illinois Department of Public Health	<i>Springfield</i>		
Jessica O’Leary	Office of the Attorney General	<i>Chicago</i>		
Mary Mayes	Illinois Department on Aging	<i>Springfield</i>		
Mary Ratliff	Illinois Criminal Justice Information Authority	<i>Springfield</i>		
Master Sergeant Ed Petrik	Illinois State Police		X	
Patricia Reedy	Illinois Department of Human Services	<i>Chicago</i>		

<u>Stakeholders in Attendance</u>		
Alexandra Cope	WellSprings Resources	<i>Glen Carbon</i>
Kathleen Davis	McLean County Coroner	<i>Phone</i>
Trina Diedrich	Illinois Department of Human Services	<i>Springfield</i>
Theresa Doerr	Illinois Department of Human Services	<i>Phone</i>
Carol Gall	Sarah’s Inn	<i>Phone</i>
Marilyn Green	Illinois Department of Public Health	<i>Glen Carbon</i>
David Kunicki	Hope for the Day	<i>Phone</i>
Becky Levin	Lurie Children’s Hospital of Chicago	<i>Chicago</i>
Tiffanie Pressley	Illinois Department of Public Health	<i>Springfield</i>
Sandy Szyrka	Illinois Department of Public Health	<i>Springfield</i>

Introductions/Welcome

Introductions and a welcome were made by Ms. Reedy. Quorum is met.

Review & approval of May 12, 2015 meeting minutes

Copies of the minutes were distributed prior to the meeting and copies were available at the Springfield location. Ms. Gerdes motioned for the approval of the minutes, with a second from Mr. Moore. All in favor, motion carried.

Update from Illinois Department of Public Health (Department)

- *Ethics training* – Ms. Martin thanked the appointed members who completed the ethics training. The deadline to complete the training is October 16th.
- *Illinois Youth Suicide Prevention Project* – the Department received a one-year no cost extension from the Substance Abuse and Mental Health Services Administration to complete trainings with juvenile justice staff and increase outcomes data for the online trainings with school personnel. Dr. Davidson will highlight the online trainings during the suicide prevention conference scheduled at Eastern Illinois University.
- *New webpage* – Ms. Martin showed members the new Department webpage. She highlighted the events webpage which includes ISPA meeting information; in addition, to the new webpage on suicide prevention.
- *FY16 meeting dates* – a list of FY16 meeting dates were shared with the members. Ms. Martin thanked Ms. Gerdes, Ms. Mayes and Ms. Green for their assistance in securing meeting facilities.
- *Ms. Martin's additional responsibilities* – Ms. Martin shared additional projects have been added to her responsibilities. This will lead to her having less time to devote to suicide prevention and the need for the membership to assume more responsibilities. She shared two ideas to assist in this approach would be to decrease the number of meetings (which is reflected in the FY16 meeting dates) and change the bylaws so Department staff is not required to be present during meeting. Ms. Pressley announced she learned the alliance is being asked to meet less than what is proposed. Discussion around this topic included:
 - Members were comfortable taking on more responsibility but it was noted a level of quality control would need to be in place to ensure members work within the Department's guidelines. Members don't want to lose the alliance. Some stated it's a mandate for the Department to have an advisory board for suicide prevention. Another member noted the statute states the Department's only responsibility is to appoint members.
 - *(See Bylaw Revision section below for further discussion on this topic.)*
- *Bullying Prevention and Suicide Prevention for Schools – A Digital Approach from SAMHSA* – Ms. Martin invited Mr. Johnson to share information about a power point presentation the Substance Abuse and Mental Health Services Administration conducted on their digital approach.

Bylaw revisions –

- Possible structural changes:
 - The co-chairs could plan the meetings and record minutes to take the responsibilities off the Department but members believed it was essential to have Ms. Martin's participation in alliance meetings. It also was recommended to add the position of Secretary to the list of officers in the bylaws. Ms. Diedrich volunteered to serve this role. She also stated it was free to record the meetings through the conference line to assist someone in preparing minutes. It also was noted the minutes do not need to be as detailed as in the past, which could assist in decreasing the responsibilities.
 - During the conversation, there were moments when members needed to refer to the bylaws and/or legislation; therefore, there was some discussion on establishing a parliamentary position.
 - Perhaps meet two times a year instead of three. However, it was noted the legislation requires the alliance to meet at least four times a year. To decrease the number of meetings, a legislative change would need to be made.
 - It was noted an amendment of bylaws requires a 2/3 majority vote and the amendments should be proposed at a meeting then voted on during the next subsequent meeting.
 - Could any of the workgroups be combined as an avenue to decrease the number of meetings? For instance, the Community Awareness Workgroup and the Education and Training Workgroup have similar objectives.
 - Is it feasible to have workgroup meetings during the alliance meetings?
 - At first review, it appears the sections of the bylaw needed amending would be Section 2.1 (identifies the number of meetings,) Section 2-6 (Department present during meetings) and Section 4.5 (Department record and prepare minutes.)
- The question arose about securing another intern. There are no funds to hire a graduate intern. Unpaid interns usually are only assigned for a semester.

- Ms. Pressley recommended the members discuss and bring a proposal to the Department. She welcomed anyone to outreach to her if they had any questions. Members agreed to set up an additional call to develop a proposal, rather than wait until the next meeting in January.
- Ms. Reedy asked Mr. Moore and Ms. Levin to look at the bylaws and the legislation to ensure it's consistent. If not, then recommend how it can be fixed. Ms. Levin recommended asking the general council at the Department to provide direction on the process the alliance is taking to amend the bylaws. Ms. Martin will make that request.
- Ms. Reedy would like to have a meeting in October or November to develop recommendations to accommodate the new reality. This will allow time to go through the process of reviewing recommendations and materials then presenting a proposal at the next meeting. A subgroup was developed to draft the proposal. Members included Ms. Gall, Ms. Ratliff, Ms. Mayes, Ms. Reedy, Ms. Gerdes and Ms. Green. Ms. Mayes will organize the meeting.

Update of ISPA leadership positions and vacancies –

- Ms. Martin learned vacancies are still on hold.
- Prior to the meeting, Ms. Martin and Ms. Reedy presented a question via Survey Monkey to the appointed members. Currently we have several members whose terms have ended or will be ending soon. Some of those positions include members who represent a community of people. Currently, the Department is in a situation we haven't been in before and the alliance's by-laws don't specify how to proceed. The question 1) Is the current member asked to renew their membership? OR 2) Is the position open for nomination with the opportunity for the current member to nominate themselves (*Per by-laws, the number of successive terms that may be served shall not be limited.*) No matter the approach which is chosen, it was agreed to be consistent with how we proceed.
 - Based on the Survey Monkey results it was an even number of votes for the #1 and #2 options. Comments included it should be up to the chairs' discretion and possibility considering a participation clause – if the member is doing well they should be allowed to renew.
 - In the situation of members representing an agency, we ask the agency if they'd like that member to continue to represent them or if they'd like to nominate someone else. It was agreed, the alliance should take the same approach with those who represent a community. Ms. Ratliff motioned when a member is not representing a formal agency, the alliance will open nominations when their term expires. Ms. Gerdes seconded the motion. All in favor.

Summary of National Prevention Week activities – Ms. Martin provided a power point presentation outlining the communities supported to implement suicide prevention activities during National Prevention Week. (The number in parenthesis indicates the number of people reached with each strategy.) The efforts supported local awareness campaigns (173,889,) local outreach activities (1,704,961,) development of products to increase awareness (21,120,) local gatekeeper training (117,) clinical training (20) and local screening efforts (30.) Local communities were invited to share an overview of the projects during today's meeting. Alexandra Cope from WellSpring provided an overview of their efforts around print material to promote the National Suicide Prevention Lifeline and social media messaging. The Southeastern Illinois Community Health Coalition and Egyptian Health Department provided a power point to reflect the promotional materials and PSA's they developed.

Overview of suicide prevention related legislation - Mr. Moore provided an overview of suicide prevention related legislation:

- HB217 – Youth Mental Health Protection was signed (PA 99-0411.) The purpose of this Act is to protect lesbian, gay, bisexual, and transgender youth from sexual orientation change efforts, also known as conversion therapy.
- (per Ms. Levin) – A bill on health transformation was signed.

Workgroup updates

a. Data Workgroup

Dr. Mulhall reported the workgroup last met in June and reviewed different data. They inquired about the potential to view Illinois specific data from the National Suicide Prevention Lifeline. Youth Behavior Risk Survey data should be released this week.

Ms. Levin reported the Illinois Violent Death Reporting System has data from January 1, 2015. Six counties have statistical data and they are obtaining Memorandums of Understanding from other counties. Those community based agencies who'd like to learn how to get their local coroner involved, should contact Ms. Levin.

Ms. Martin thanked Mr. Moore for providing the webinar “*Navigating around the WISQARS™ (Web-based Injury Statistics Query and Reporting System) to Inform Suicide Prevention Efforts in Illinois*” on July 28, 2015. ~ Ms. Levin mentioned Illinois data should be added to WISQARS in late 2017.

b. Community Awareness Workgroup

Ms. Gall reported the workgroup plans to have further discussion about the issue papers. They’d like to conduct a survey to determine how the papers are utilized.

Ms. Martin thanked those who participated in the “*Highlighting State and Local Suicide Prevention Programs in Illinois*” webinar series ~ Hope for the Day (May 2015,) Catholic Charities LOSS Program (August 2015) and Illinois State Board of Education (recorded August 2015.) The webinars have been archived. If you’d like to participate, send your ideas to Ms. Gall or Ms. Martin.

The idea to develop a coalition guide was discussed during the last workgroup meeting. A two-day training was offered several years ago. There have been a few requests by local coalitions to provide guidance. The workgroup started a draft outline but more discussions will be had.

Ms. Martin reported the *It Only Takes One* campaign is in the middle of being transitioned from Mental Health America of Illinois to Hope for the Day (HFTD.) HFTD will provide updates about the campaign to the alliance.

c. Education and Training Workgroup

Ms. Martin reported the 2016 statewide conference planning committee is being formed. There is a balance between new members and veteran members. They began drafting a proposal and are seeking ideas on topics areas. Ms. Martin shared they are researching different approaches to reach more people –e.g., regional trainings. ISPA members wondered if there was an option to simulcast the event but caution that if it’s too long of a meeting then it may present a problem. Also, if it’s a regional approach, then the keynote would need to travel to multiple locations. Members asked that any site held in southern Illinois is truly in southern Illinois.

d. Service Members, Veterans and their Families Ad Hoc Committee

The ad hoc committee is reviewing two issue papers and is researching veteran suicide data.

e. State Agency Support and Review Subcommittee

Ms. Reedy reported the evaluations from the meeting with substance use disorder providers in March. The average score was 4.5 (out of 5.) Participants also shared topic areas they’d like have more information.

Ms. Reedy reported Ms. Jones and Ms. Thomas developed a draft power point presentation for training points for core competencies education. This presentation was shared with the subcommittee for review.

Ms. Martin continues to work with the planning committee, for the training for juvenile justice staff, to identify speakers. A survey was sent to detention center administrators which generated several ideas. She also met with the Illinois Juvenile Justice Leadership Council’s Mental Health, Substance Abuse & Trauma Work group to share an overview of the initiative and ask for their guidance in planning and promoting the strategies.

Dr. Mulhall distributed a handout with regards to the evaluation results from the Zero Suicide workshop.

Ms. Reedy, Ms. Martin and Ms. Reedy met to discuss a few options for introducing the guidelines for training clinical workforce. These ideas were shared with the subcommittee and will be reviewed in more detail during the next meeting.

Campus Suicide Prevention Grantee

Dr. Caleb Kim, Loyola University Chicago, provided a summary of their Campus Suicide Prevention Grant, funded by the Substance Abuse and Mental Health Administration (a handout was provided.) He discussed the three strategies they plan to implement – 1) developing a strategic plan and enhance networking; 2) increase knowledge through Mental Health First Aid training, develop informational materials and a seminar addressing culture, and providing education seminar on suicide behaviors and misinformation about mental health services; and 3) promote National Suicide Prevention Week and World Suicide Prevention Day in addition to promote the National Suicide Prevention Lifeline and community mental health services.

Agencies share National Suicide Prevention Week Activities

- Morgan-Scott Suicide Prevention Coalition participated in their local Out of the Darkness event.
- The suicide prevention coordinators at the Veteran Affairs offices across the state have various events planned.

Announcements

- Mr. Moore attended the Kennedy Forum in Chicago. The forum was formed last year around the concept of parity. The forum in Chicago was focused on getting the initiative implementing in Illinois. It was started to remove stigma of mental health. Primary care and insurers were some of people invited (500 people attended.) Many were interested.
- Mr. Moore reported American Foundation for Suicide Prevention has eighteen Out of the Darkness walks scheduled throughout the state.
- Dr. Davidson shared Eastern Illinois University will host a free suicide prevention conference on October 20th.
- Ms. Reedy shared the Division of Mental Health has a new director.