#### **MEETING MINUTES:**

# **FAMILY PLANNING /FPAC**

**Date:** July 29, 2020

Time: 10:30am - 12:00pm

Conference Call: WebEx

Meeting Facilitator: Kelly Metoyer

ATTENDEES/INVITES: Lisa Upshaw-Smith Natacha Saintilus-McGowan

Kelly Metoyer Kandice Kent
Phallisha Curtis Nneka Ejindu
Sandra Sommer Nadja Millare
Ashley German Teri Saxton

Missing: Charlene Sanders Robin Varnado

Matthew McAllister Nora Kelly

Araceli Morales

**Introduction:** Kelly Metoyer opened the meeting by greeting everyone and welcoming them to the

meeting.

# **Welcome and Opening Remarks**

Call to Order: This FPAC meeting was called to order at 10:35am

Approval of Previous Minutes: Meeting minutes from 02/27/19

Motion: Sandra Sommer 2<sup>nd</sup>: Ashley German

Approved unanimously.

# **Family Planning Program Update**

WHS Division Chief Update: Phallisha Curtis

The Office of Women's Health and Family Services Division Chief, Phallisha Curtis, informed the FPAC that the office is currently in the midst of working on COVID-19. Many individuals from the Family Planning Program and the Office of Women's Health with the Illinois Department of Public Health are on the ground working on COVID-19 in many different capacities. In addition to this work, our programs are working to keep the daily grant work moving forward. The majority of the Office of Women's Health are still working remotely. Many thanks are given to the agencies for their partnership during this time. At this time, the Illinois Family Planning Program has noticed that individuals are delaying getting pregnant or reaching out for pregnancy related topics due to the pandemic. The program is currently working under a 2-year grant application and are transitioning into the 2<sup>nd</sup> year of the grant. During FY20, Illinois made the decision to no longer participate in the federal Title X Program. The Illinois Family Planning Program (IFPP) was fortunate to receive state funding for the FY21 grant year. Some

elements from the Title X program are still being utilized such as monitoring and data reporting elements which are great tracking and quality assurance measures. Trying to pull together workgroups to decide how that information will flow in the years to come.

Additionally, a 10-year RFP with Ahlers was completed to provide our billing and screening data. This gives our agencies stability for reporting. A workgroup is being compiled in this area as well.

The IFPP is still working with our sister programs regarding getting back into the field for reviewing. There is an option of virtual visits that is being reviewed at this time as well as a hybrid option for these reviews.

We are still members of NFPRHA. Currently, NFPRHA is still fighting to try to minimize the impact of the federal changes. Those items as well as OPA items are still being monitored. Lisa still participates on the Family Planning Administrators group.

# Program Administrator Update: Lisa Upshaw-Smith

There is a new staff member with the IFPP, Araceli Morales. Her role is the health educator/program monitor. The FY20 Grant application year has 30 delegate agencies with Greater Elgin Family Care Center as the newest delegate agency. Their clinics include Hanover Park, McHenry, Streamwood, and Wheeling. The agencies have served a total of 25,313 for FY20 through regular services, drive up and telehealth visits. About 98% of our clinics remained open during the COVID-19 and most of the school health clinics were closed. The IFPP has reached out to all clinics during this time to let them know they can purchase items related to COVID-19 including PPE, tablets for telehealth, gowns, and anything they need to function during COVID. The IFPP pulled out of the federal Title X Program this fiscal year. A midyear FPAR report was due because of this. A 2019 calendar FPAR report will be due sometime in September 2020. The contract with Ahlers was finalized. An Ahlers workgroup will be developed that will be looking at enhancing current reports, developing new reports, and assisting agencies interested in building a bridge with Ahlers.

Araceli was not able to join the meeting today. Lisa provided an updated from Araceli:

Araceli has worked over 5 years with various educational grants and outreach initiatives with the Office of Women's Health. Araceli has attended the annual reviews in the Chicago area for the last 2-3 years. The plan for this coming year is to form a work group focusing on adolescent training materials as this was identified as one of the top needs from our 2019 pre-conference meeting. The workgroup will be reviewing several adolescent materials for discussion. The development of the IFPP FY21 Training and Education program plan is underway. If you are interested in this workgroup or have any suggestions you would like to see incorporated into the Family Planning training/education plan please contact Araceli at <a href="mailto:Araceli.Morales@illinois.gov">Araceli.Morales@illinois.gov</a>. Additionally, IFPP is in the process of researching and procuring contraceptive toolkits to be distributed to our delegate agencies. More to come soon on this item.

## Program Clinical Coordinator Update: Natacha Saintilus-McGowan

Reminder that the National Clinical Training Center will be hosting the virtual National Family Planning and Reproductive Health Conference on August 11 and 12 starting at 9:00am. If interested, please register with the National Clinical Training Center.

Chlamydia screenings for the 2019 calendar year reached with the IFPP reached 70%. During the FY19 grantee application year, the IFPP reviewed the performance indicators and made some adjustments to the chlamydia screening goal from 90% to 63%. The IFPP is happy to have surpassed this new goal during the 2019 calendar year. Partial credit for this success is given to the collaboration with the IDPH STD Division as they have been instrumental in partnering with the IFPP in reaching out to the delegate agencies who were not meeting their screening goal for 2019 and prior. These meetings discussed obstacles that many delegate agencies faced and tried to develop a workplan to help increase their screening rates. With the onset of COVID-19, IFPP has not been able to do many more of these types of calls with the delegate agencies. The delegate agencies are encouraged to seek out information to maintain and stay current on different ways to overcome screening obstacles. The National Clinical Training Center is a great resource for information and training on this material. These trainings can also provide CEU credits. Other trainings offered by the National Clinical Training Center include Adolescent Care During COVID, Providing Patient Centered Counseling, Addressing Intimate Partner Violence During COVID, and Coding with Ann: Telehealth. These trainings are Podcasts that are about 15 minutes long. The delegate agencies are encouraged to participate in these trainings.

Currently, the IFPP nurse are reviewing and approving the Work Plan Progress Reports and Performance Indicators for the delegate agencies. Some Work Plan Progress Reports have had to be sent back for revisions due to incompleteness. Agencies are not specific enough in what occurred during the 6 month or annual period. This prevents the nurses from providing accurate information to the state. This is the first year that the progress report has been fillable on EGrAMS as it was a word document prior to this year. The Performance Indicators is a report that was requested by the agencies. In the next application year, the Performance Indicator report will coincide with the development of a work plan. As of now, if agencies do not meet a performance indicator, they are not able to update their work plan because we are under a 2-year grant cycle. In order to do an update to the work plan an amendment would need to be completed. The performance indicators are being approved as submitted and nurses will be reaching out to the delegate agencies on areas that need improvement. The nurses are taking inventory of areas where all agencies need assistance including male involvement which has been an area of concern for a while.

COVID-19 has impacted the services provided by our agencies. There is a decrease in preconception counseling, counseling to adolescents, and counseling on HIV education. Counseling to adolescents decreased from 70% to 57%, preconception counseling decreased 38%, and counseling on HIV education decreased from 58%. The delegate agencies are providing clinical and care and contraceptive services as those number have increased.

The IFPP Nurses, Natacha and Nneka, are developing state guidelines and policies for telehealth. Telehealth is our future and the new normal. Telehealth was prepared during the FY19 Title X application and is now being put into practice. Some issues discussed were centered around billing issues, equipment, services, and virtual communication. COVID-19 has fast forwarded these plans. About 70% of our agencies now are performing some sort of telehealth service and has been able to address some of these issues. At this time the agencies have been informed to bill the telehealth services the same way they would bill if the patient was on site. Ahlers will now be our data service provider as stated before. Therefore, now the CVR can be updated to reflect any new services we are providing. A new workgroup for Medical Services will be developed to provide advisement and suggestions on the direction of clinical services. Clinical providers will be brought together to develop this workgroup. This workgroup will be utilized to help develop the telehealth policies.

## **New Business**

## Clinic Changes due to COVID-19

This topic was discussed previously by the WHS Division Chief, Phallisha Curtis, and Program Administrator, Lisa Upshaw-Smith. Every clinic had to change and adjust according as a response to COVID-19. Lisa stated that 98% of the clinics are back up and running. Others are still doing telehealth and drive-up clinics. The drive-up clinics are mostly downstate. The agencies were informed that they could purchase equipment but needed to inform the program before purchases were made.

## Telehealth guidelines

It was agreed that it would be helpful if agencies using telehealth could share their guidelines with the program for the nurse's policy making initiative.

# Supplies/Trainings

Lisa Upshaw-Smith stated that IFPP will be doing an assessment this year with some delegate agencies this year to determine if there are any training needs or various topics of discussion. Araceli will be working with HCET to develop webinars and a needs assessment. The IFPP will highlight items that the agencies developed with the outreach money they received.

## Fiscal spending around COVID-19

Lisa Upshaw-Smith stated that she has reached out to the delegate agencies in May/June. The agencies were encouraged to purchase items to continue family planning services including PPE, tablets for telehealth, sanitizer, and any other items related to safely seeing patients. Pre-approval is suggested to make sure the items will be covered by the program. The FY21 will function the same as the FY20 grant allowing the agencies to seek reimbursement based on expenses and not solely based on the Ahlers billing.

## COVID-19 impact on outreach efforts

Kelly Metoyer stated that outreach efforts were a struggle as a delegate agency. Many topics were explored during the I and E meeting. A member spoke about hosting virtual training sessions with adolescents.

Lisa Upshaw-Smith stated that IFPP is collecting information regarding outreach efforts that are discussed on the agency level. The meeting minutes from agency I and E meetings as well as the Work Plans are being reviewed and collected to determine if any outreach ideas were discussed or suggested. It is understood that most outreach initiatives were not completely this year due to COVID-19. Suggestions for outreach ideas are always welcome.

Kelly Metoyer suggested including family planning services to individuals at the clinics where they are also providing COVID-19 testing. Cook County for example is providing COVID-19 testing and

they are exploring the idea of rolling in HIV or Chlamydia testing at these mobile sites. Lisa stated that would be a great option. Agencies can also pass out pamphlets or other forms of outreach at these sites and that would be considered a good form of outreach.

#### Ahlers Data

It was discussed that Ahlers has been secured as our data provider for the next 10 years. A workgroup was discussed regarding Ahlers. The workgroup has a meeting scheduled for the beginning of August. The workgroup is designed to gather users together who utilize Ahlers for other aspects other than basic FPAR reporting. IFPP spoke with different agencies who stated they would like to see other data incorporated into the system. The goal for the workgroup is to enhance existing reports, develop new reports, discuss new ideas, develop bridges between Ahlers and other agency applications, and to utilize Ahlers for fiscal and inventory purposes.

Office of Women's Health and Family Services Annual Conference

Phallisha Curtis stated that the conference scheduled for October has been postponed until 2021 due to COVID-19 in order to still provide an in-person conference. Options of a virtual conference have not been discussed at this time as time is being allowed to see how the state will move through the phases due to COVID-19. Additionally, staff who work to put together the conference have been redeployed to work on COVID-19 issues. Talks with ISU have ensued but are being postponed until 2021 as well.

Family Planning Pre-Conference Meeting planning

Phallisha Curtis stated that the pre-conference meeting will still occur when we have the ability to meet in-person with high capacity rates. These meetings give the program an opportunity to learn from each other. This meeting will be set up once decisions related to the conference are made. Currently, Araceli is working on training material for the delegate agencies. The meeting will still be centered around engaging the agencies in training and education. Topics of interest will be discussed with the agencies to determine the material for training and education at the meeting.

 Announcements: Lisa Upshaw-Smith reminds everyone to email at <u>Lisa.Upshaw-Smith@illinois.gov</u> if they are interested in joining the Ahlers Workgroup. Additionally, please email her if you have any training or outreach suggestions.

# <u>Adjourn</u>

Motion: Sandra Sommer 2<sup>nd</sup> – Nadja Millare Motion approved unanimously. The meeting adjourned at 11:27am