

# Oral Health Among Pregnant Women in Illinois

## DID YOU KNOW?

*Having periodontal disease while pregnant can increase the risk of premature birth and low birth weight.<sup>1</sup>*

Approximately 40% of pregnant women have some form of periodontal disease

## RISK FACTORS FOR PERIODONTAL DISEASE

- Not brushing or flossing regularly
- Not receiving dental cleaning regularly
- Drinking sugar sweetened beverages
- Tobacco use



## PREVENTING PERIODONTAL DISEASE

- Brushing your teeth twice a day and flossing
- Receiving a cleaning and examination every 6 months
- Limiting sugar sweetened beverages
- Avoid using tobacco and vaping products



## Questions?

Contact the Illinois Department of Public Health  
Oral Health Section

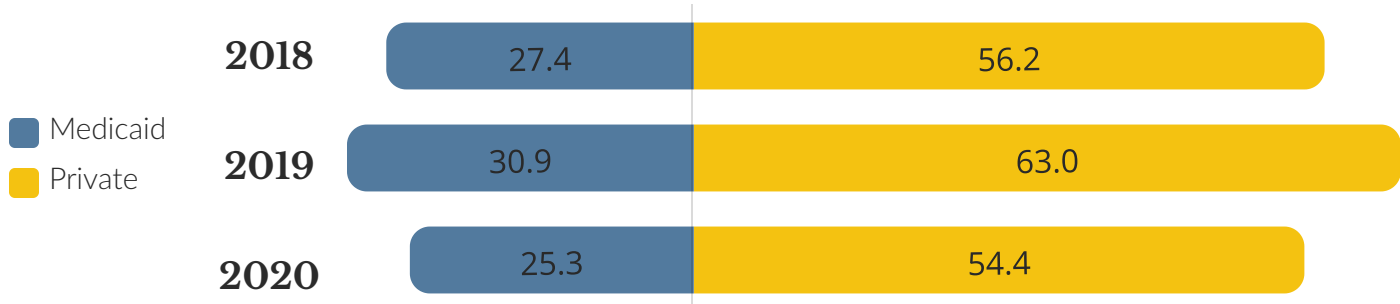
[DPH.oralhealth@Illinois.gov](mailto:DPH.oralhealth@Illinois.gov)



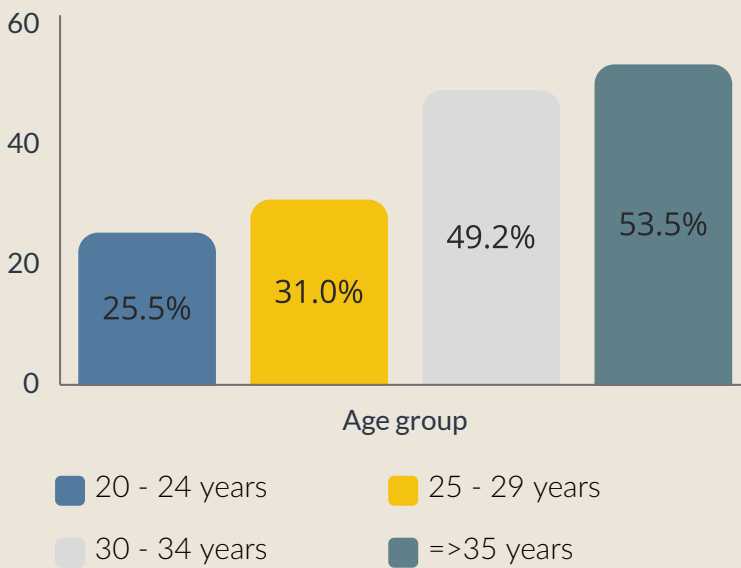
# Percentage of pregnant mothers in Illinois that received a dental cleaning <sup>2,3</sup>

## Medicaid vs. Private Insurance

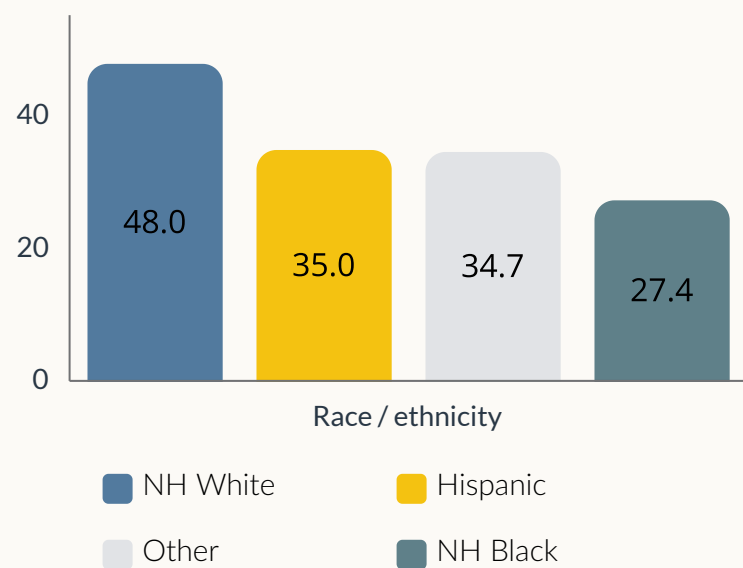
By Year (2018 - 2020)



## Age group (2020)



## Race / Ethnicity (2020)



## Oral Health Resources

- American Dental Association <https://www.ada.org/resources/research/science-and-research-institute/oral-health-topics>
- Centers for Disease Control and Prevention <https://www.cdc.gov/oralhealth/basics/adult-oral-health/index.html>
- Department of Healthcare and Family Services <https://www2.illinois.gov/hfs/MedicalClients/dental/Pages/default.aspx>
- Illinois Department of Public Health <https://dph.illinois.gov/topics-services/prevention-wellness/oral-health.html>

<sup>1</sup> Illinois Oral Health Plan IV: Eliminating Inequities in Oral Health (2021-2025) <https://dph.illinois.gov/content/dam/soi/en/web/idph/publications/idph/topics-and-services/prevention-wellness/oral-health/oral-health-plans/Illinois%20Oral%20Health%20Plan%20IV.pdf>  
<sup>2</sup> Illinois Department of Public Health - Pregnancy Risk Assessment Monitoring System (PRAMS) <https://dph.illinois.gov/data-statistics/pregnancy-risk-assessment-monitoring-system.html#resources>  
<sup>3</sup> Illinois Department of Public Health - Pregnancy Risk Assessment Monitoring System (PRAMS) [https://dph.illinois.gov/content/dam/soi/en/web/idph/publications/idph/data-and-statistics/prams/2020/2020-Illinois-PRAMS-Detailed-Data-Tables\\_5-12-2022.pdf](https://dph.illinois.gov/content/dam/soi/en/web/idph/publications/idph/data-and-statistics/prams/2020/2020-Illinois-PRAMS-Detailed-Data-Tables_5-12-2022.pdf)