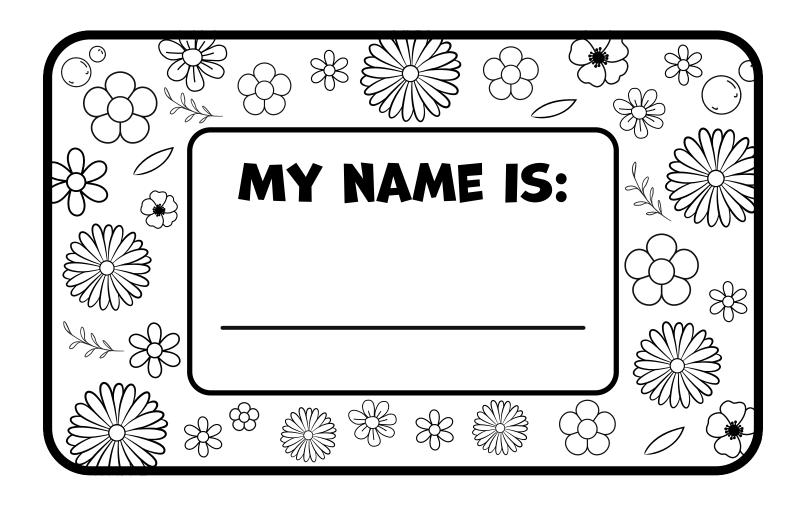


An activity book for Preschool - Grade 2



ILLINOIS ABG'S OF TIGBORNE DISEASE



INFORMATION KEY

Illinois Ticks

American Dog Tick Blacklegged Tick Gulf Coast Tick Lone Star Tick

Tick Habitat

Environment
Host
Journey
Number of Legs
Questing
Year-round

Tick Removal

Full Body Check Keep Calm! Tweezers Unnoticed

Tick Bite Prevention

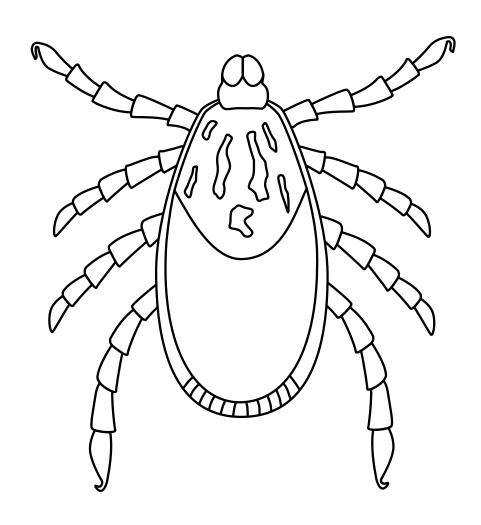
Insect Repellent (Bug Spray)
Mow the Lawn
Outdoor Activities
Permethrin
Shower
Vet
What to Wear
Examine Pets and Gear
Zig Zag to Safety

Tickborne Disease

Common Clues Doctor Rash



is for American Dog Tick

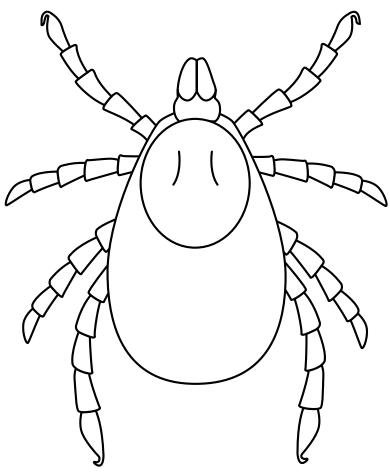


American dog ticks can live all over. They live in forests. They live in tall grasses. They live in bushes.

Count the American Dog Ticks

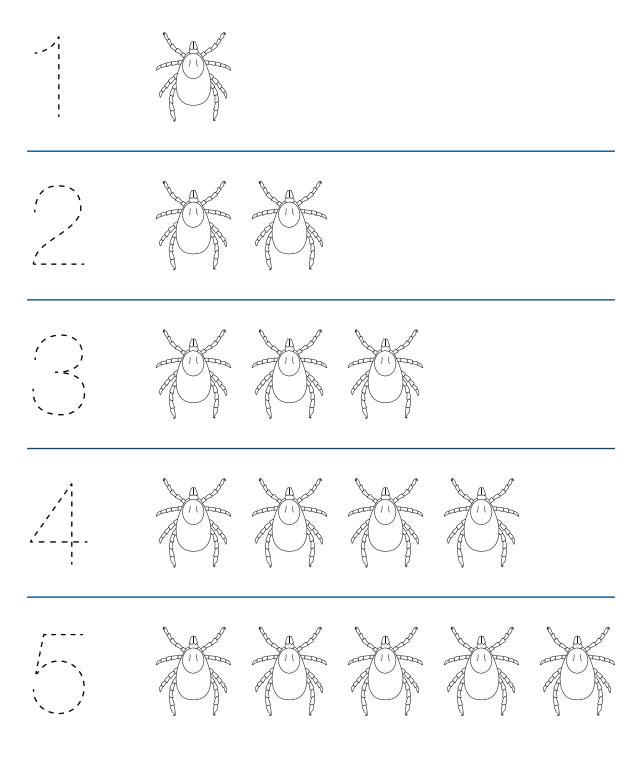


is for Blacklegged Tick



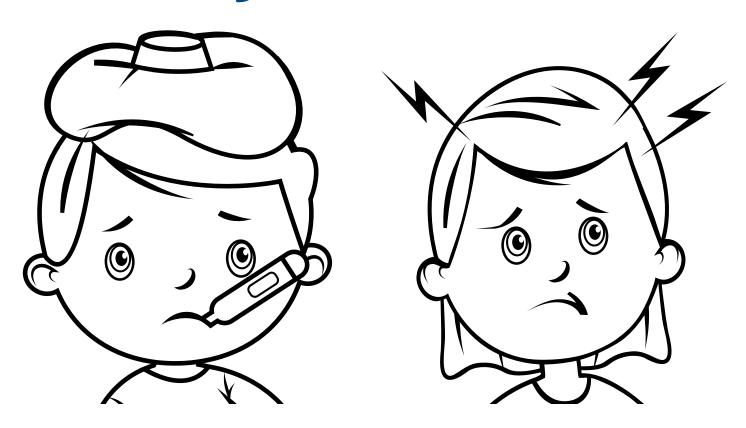
Blacklegged ticks get hot easily. They like to live out of the sun. They live in forests. They hide under the leaves when they get hot.

Counting Activity





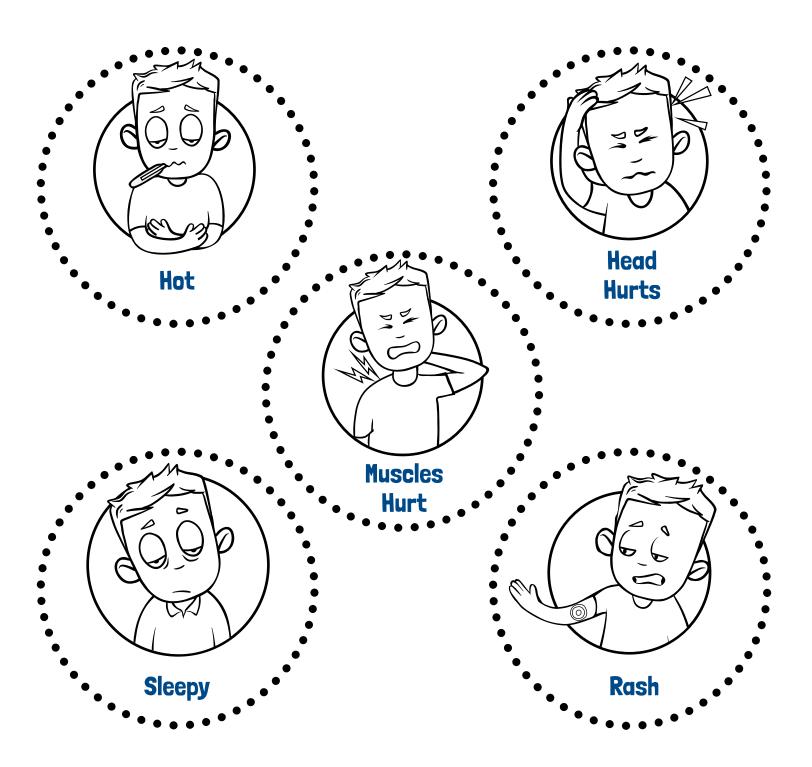
Do you feel sick?



Ticks can sometimes make you feel sick. Doctors can help if a tick makes you sick.



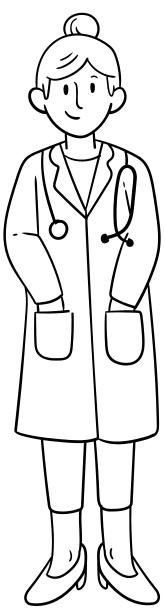
Coloring Activity





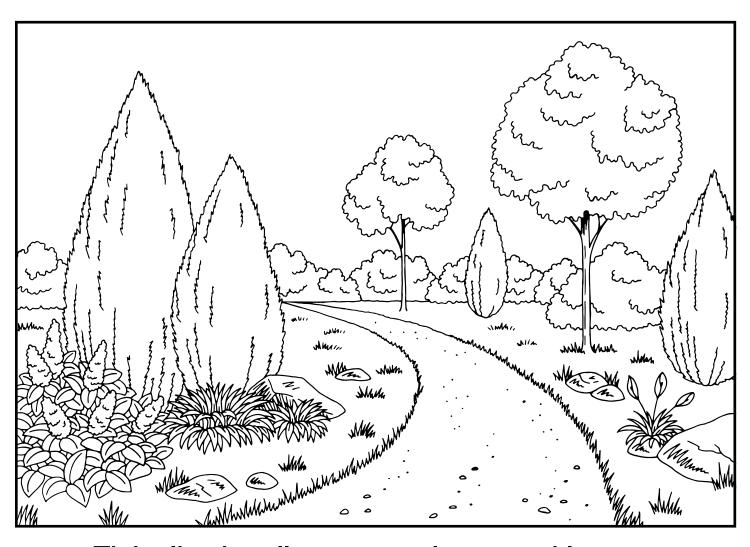
Tell your doctor:

- You had a tick bite!
- Where the bite was on your body?
- How long you have been sick?
- Where were you when you got the tick bite?





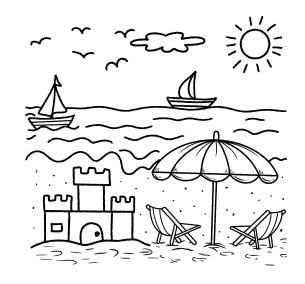
is for Environment



Ticks live in tall grasses, plants, and leaves. Remember to walk in the center of trails.

Would a tick live here?

Circle YES or NO.



YES NO

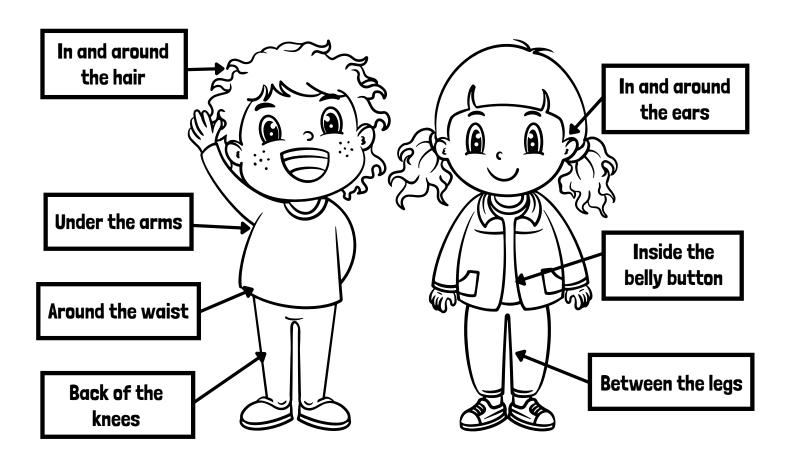


YES NO









Check your body for ticks.

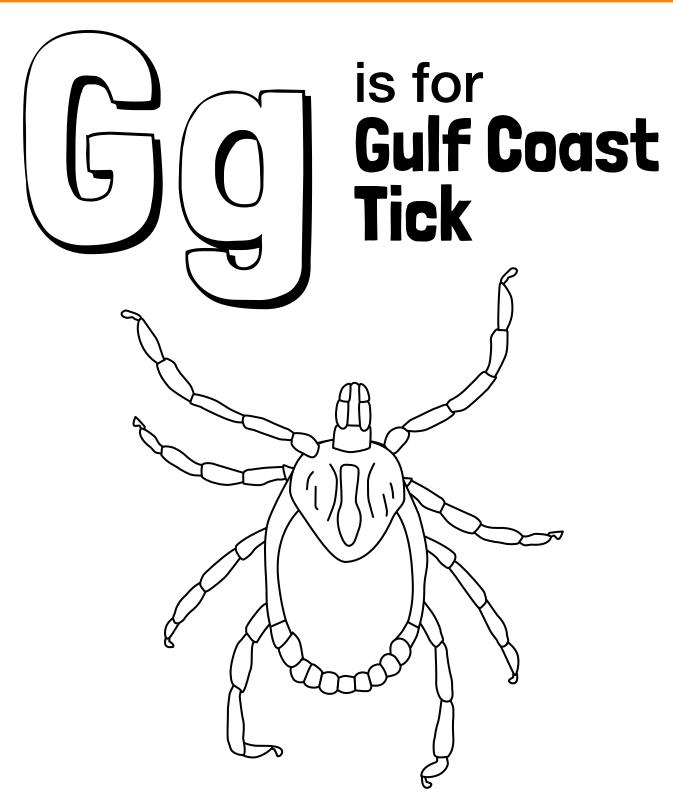


Check your body for ticks after being outdoors!

Circle the places to check for ticks.

- Under arms
- Ears
- Belly button
- Knees
- Hair
- Waist





Gulf Coast ticks like to be hot. They live in prairies and tall grasses with sunshine.

Matching Activity

Match the "G" word with the picture.

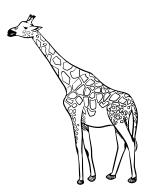
Goat

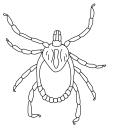
Giraffe

Guinea pig

Gulf Coast tick

Goose







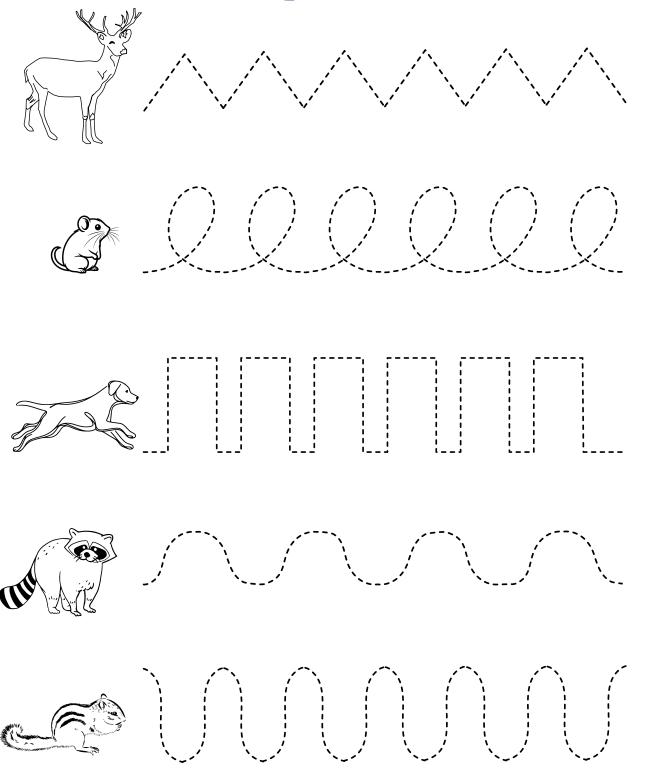






A host is an animal that has a tick on it. Ticks eat blood to grow. Ticks can feed on animals and people.

Tracing Activity





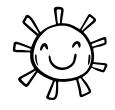
Bug spray can help keep bugs from biting you. Have a grown up help you put bug spray on.



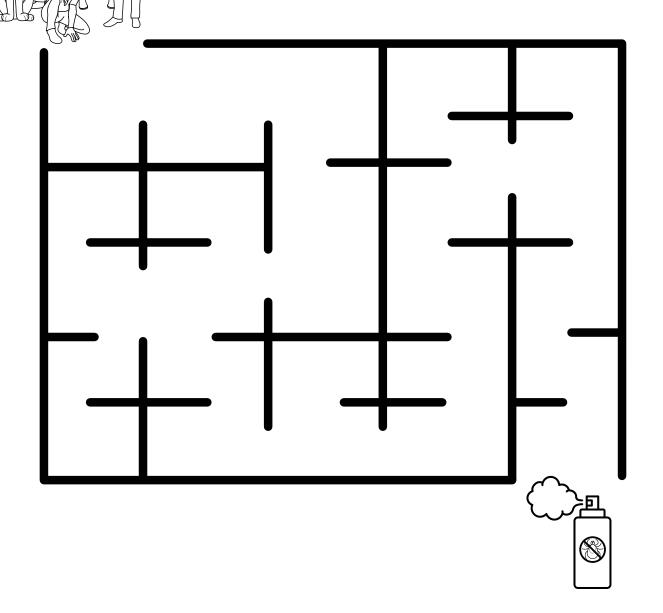
Reme

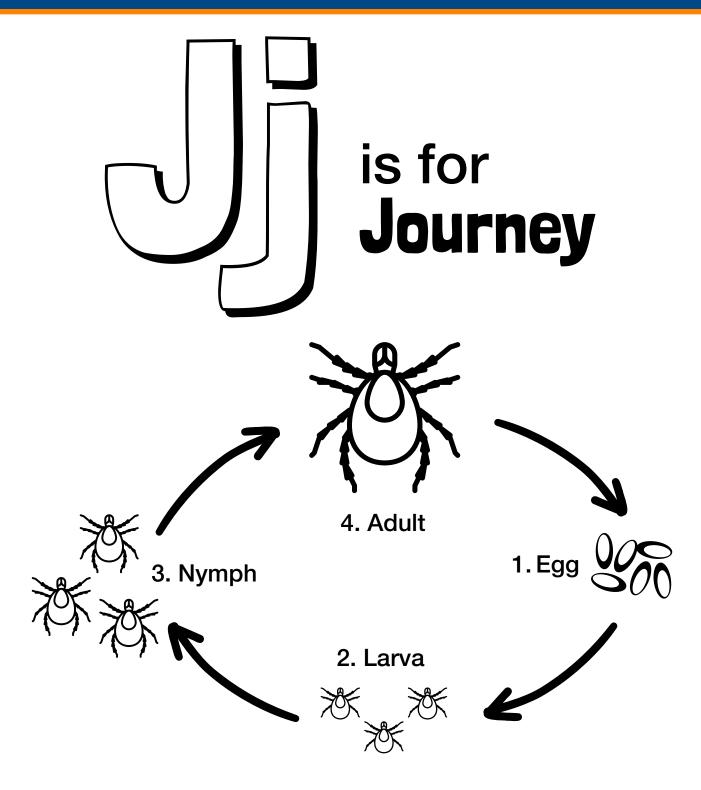
Remember to put sunscreen on before bug spray.

Maze Game



Help the family "Fight the Bite" by finding their bug spray.

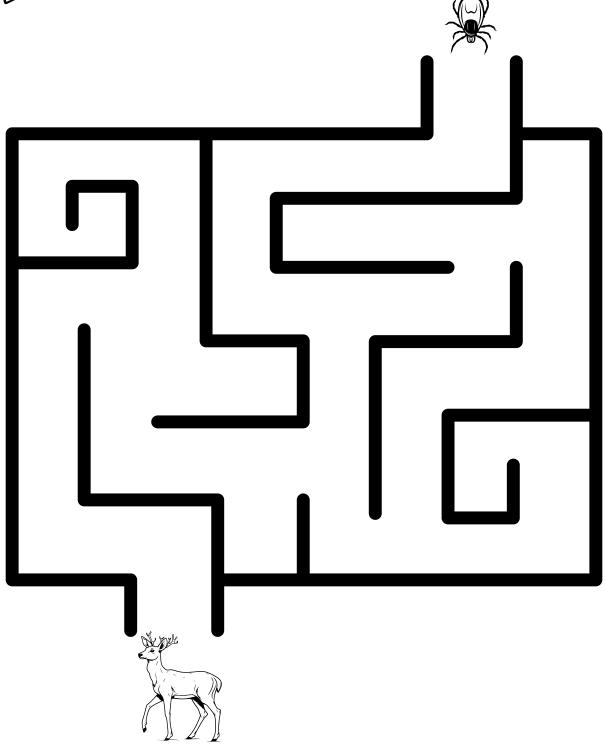




Ticks begin as eggs. Ticks hatch into larva with six legs. Ticks eat and become nymphs with eight legs. Ticks eat again and become adults.

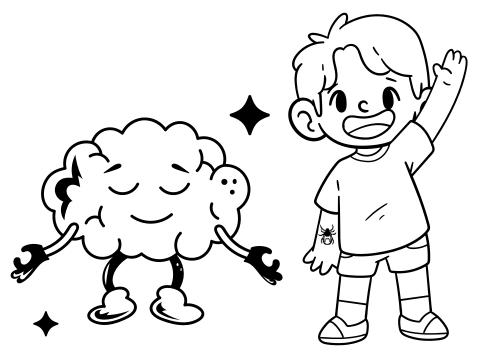


Maze Game









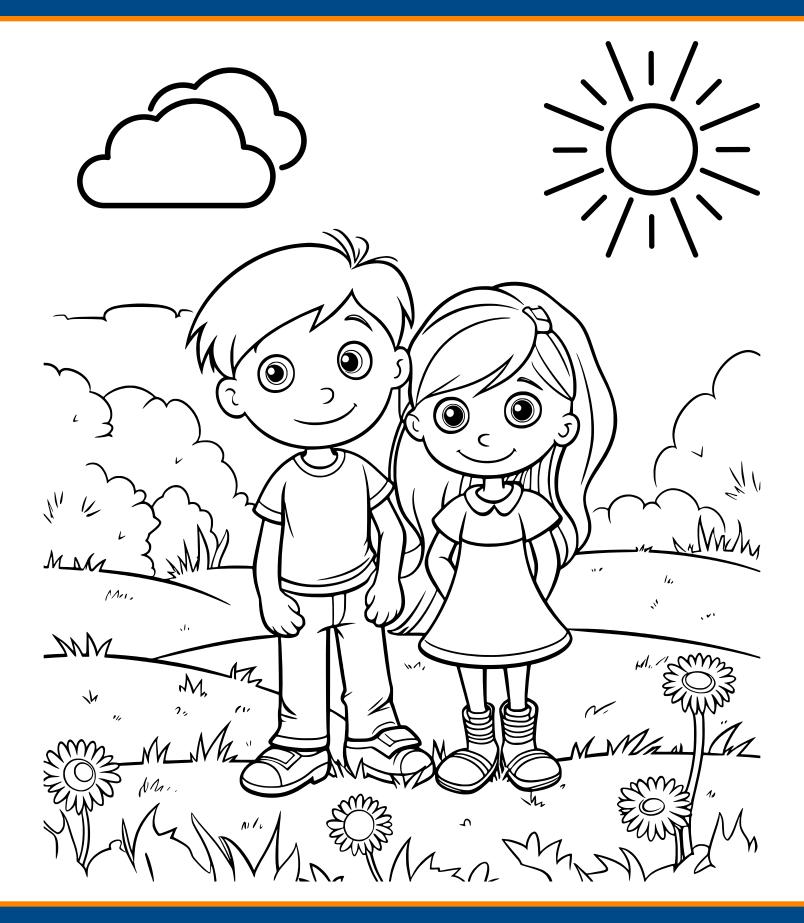


FIND A GROWN-UP!

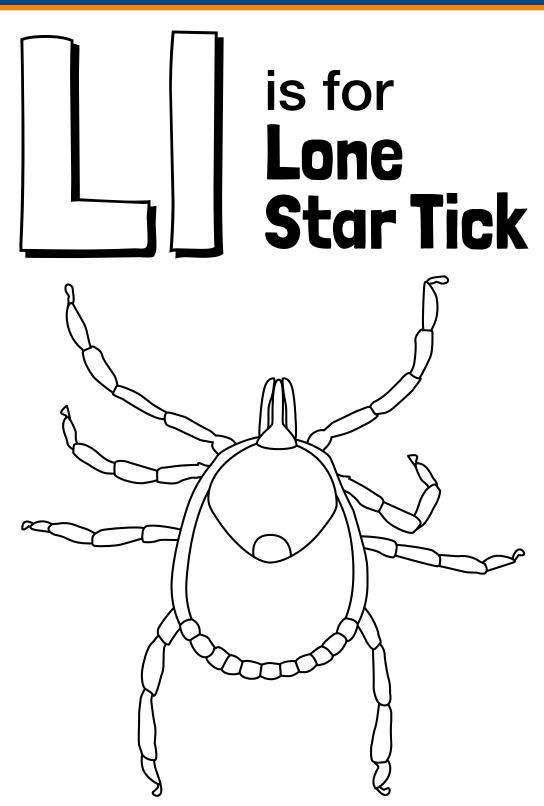
If you find a tick on you, do not worry. Find a grown-up.

They can help you!





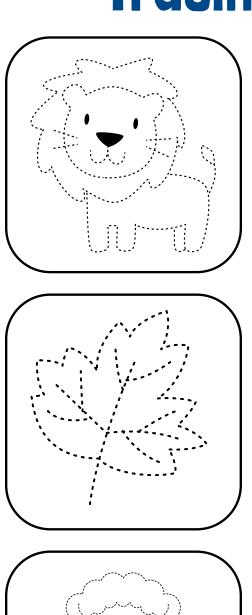


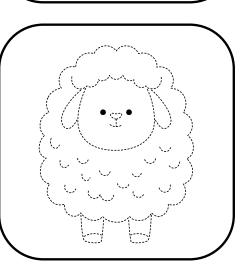


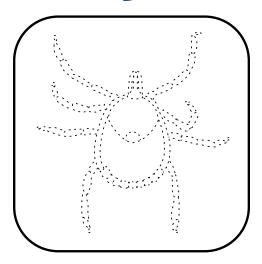
Lone star ticks live in forests and tall grasses. Sometimes they have a white spot on their back.

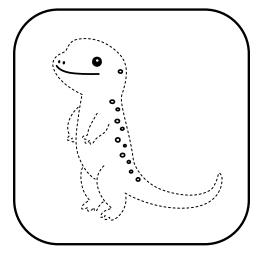


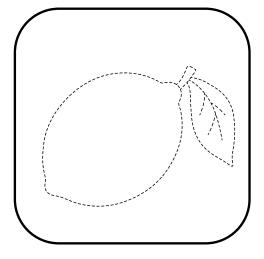
Tracing Activity



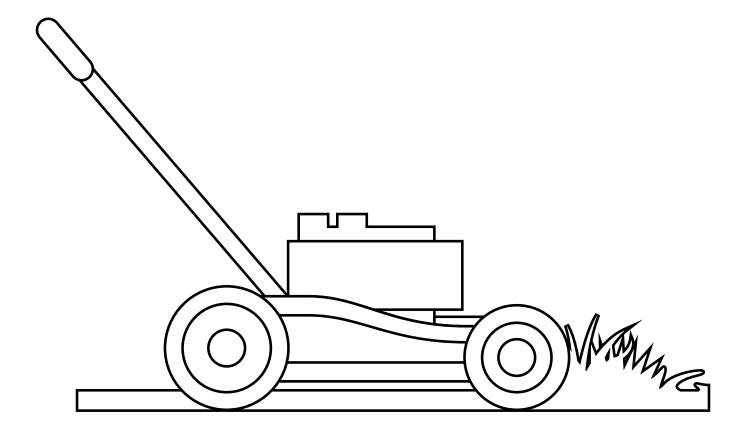










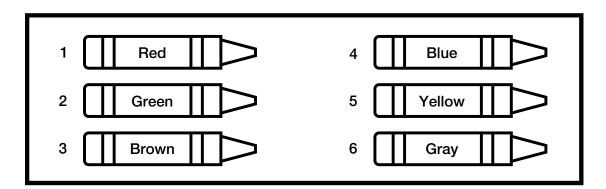


Ticks live in tall grass. Mowing the grass helps keep ticks out of your yard.



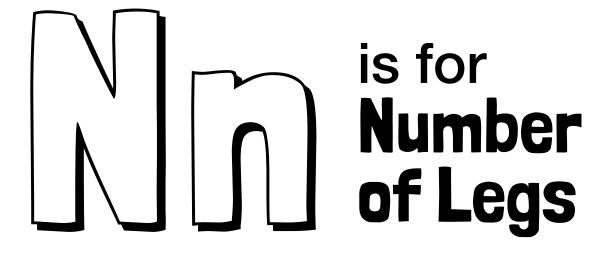
Color by Number

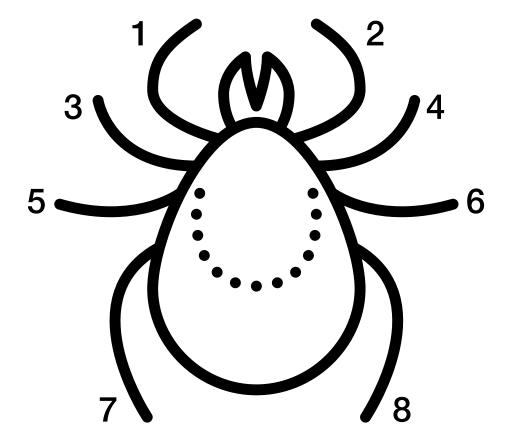
Use the key below to color the picture.











Ticks are related to spiders.

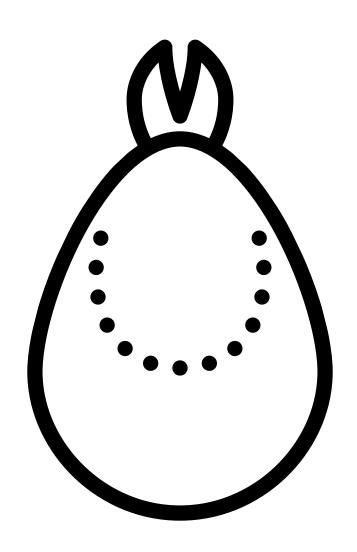
Ticks have eight legs.





Drawing Activity

Draw eight legs on the tick below.







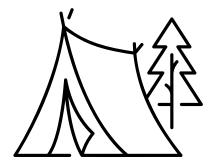
Ticks live outside. They live in parks, gardens, and campgrounds.



Matching Activity

Match the word with the outdoor activity.

Gardening



Hiking



Camping

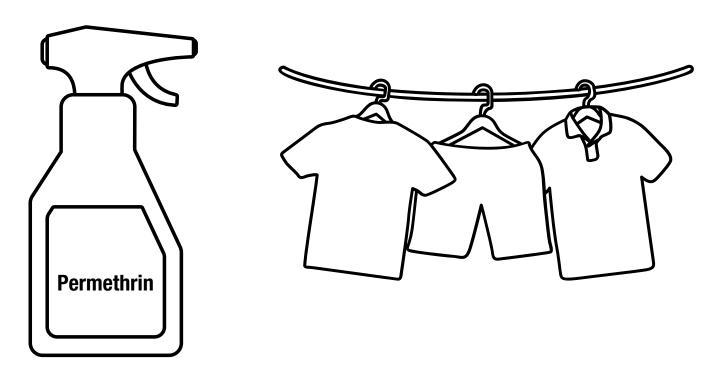


Dog walking





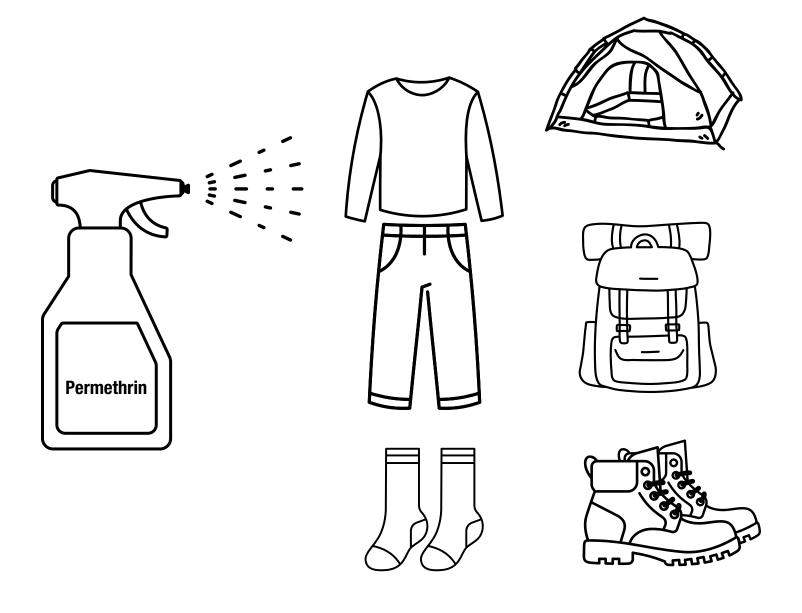




Grown-ups can put permethrin spray on your clothes. This helps keep ticks from crawling on you.

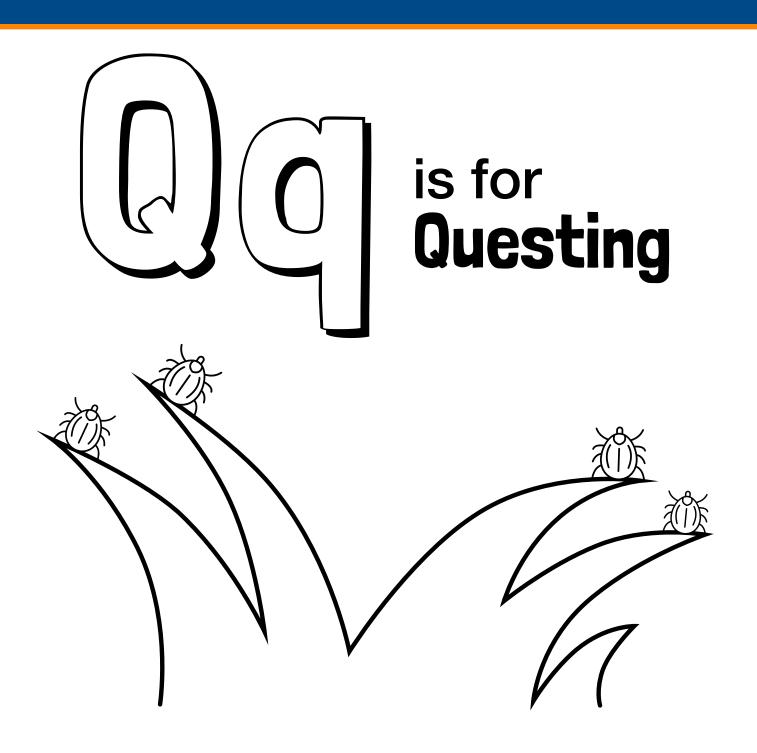
Coloring Activity

Help "Fight the Bite" by applying permethrin to clothes.



Grown-ups: Please read the instructions carefully.



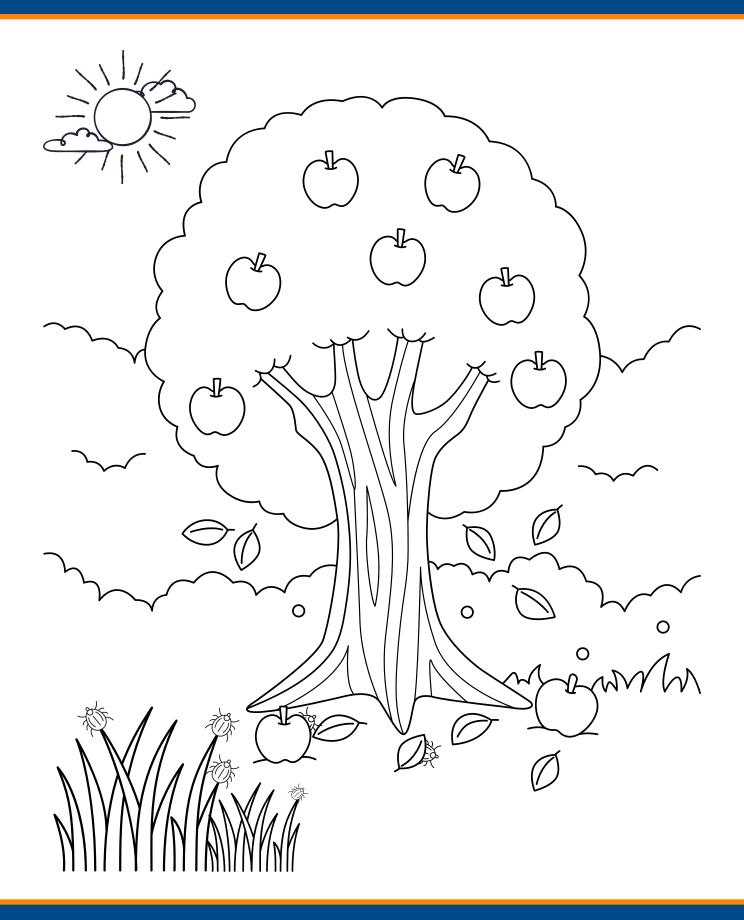


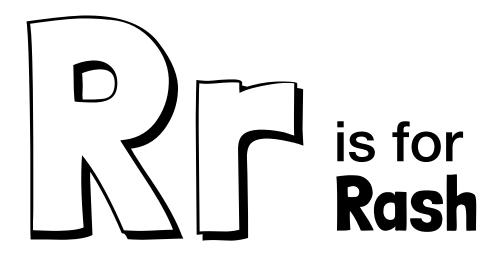
Hungry ticks sit on the top of tall grass.

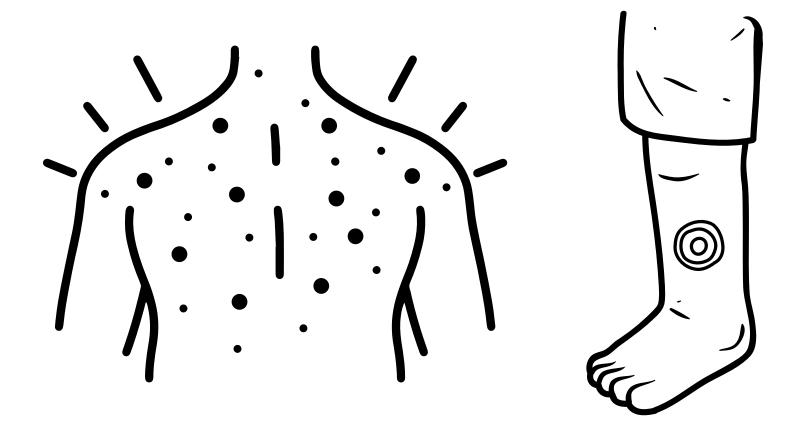
They stick their arms in the air.

This is called questing. Ticks grab onto animals or people that walk by.



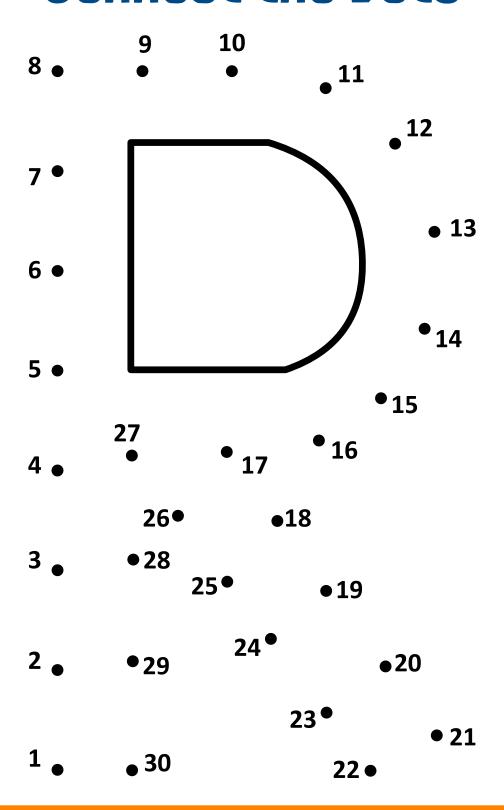






Rashes are red bumps on your skin. You can get a rash after a tick bite. Tell a grown-up if you have a rash.

Connect the Dots





Showers can wash off ticks. You should take a shower after playing outside.

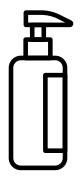


Matching Activity

Match the "S" word with the bathroom item.



Soap



Sink



Shower



Shampoo



Tell a grown-up if you find a tick. Ticks can be removed with tweezers.

For Grown-ups: Tick Removal

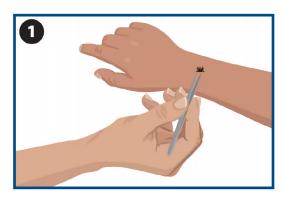
Remove the tick as soon as possible

- 1. Use fine-tipped tweezers to grasp the tick as close to the skin as you can.
- 2. Pull upward with steady, even pressure. Don't twist or jerk the tick.
- 3. After removing the tick, clean the bite area and your hands with rubbing alcohol or soap and water.
- 4. Never crush a tick with your fingers.
 Dispose of a live tick by putting it in alcohol, in a sealed bag/container, or wrapping it tightly in tape Consider saving the tick in a bag for identification. Note the person's name, date, bite site, and estimated tick attachment duration.

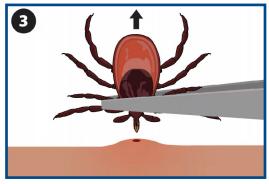
Watch for symptoms for 30 days

Call your health care provider if you get any of the following:

- Rash
- Headache
- Fever
- Muscle pain
- Fatigue
- Joint swelling and pain

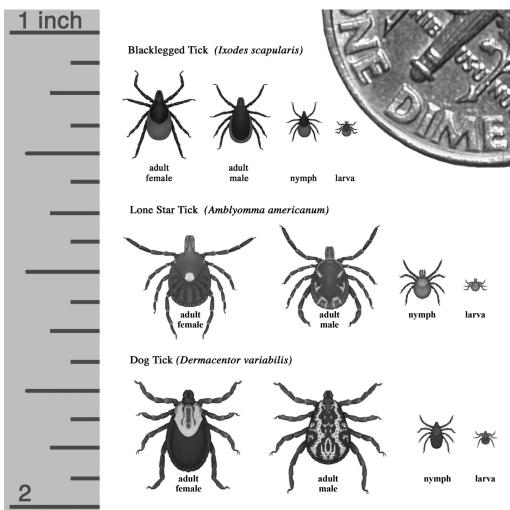










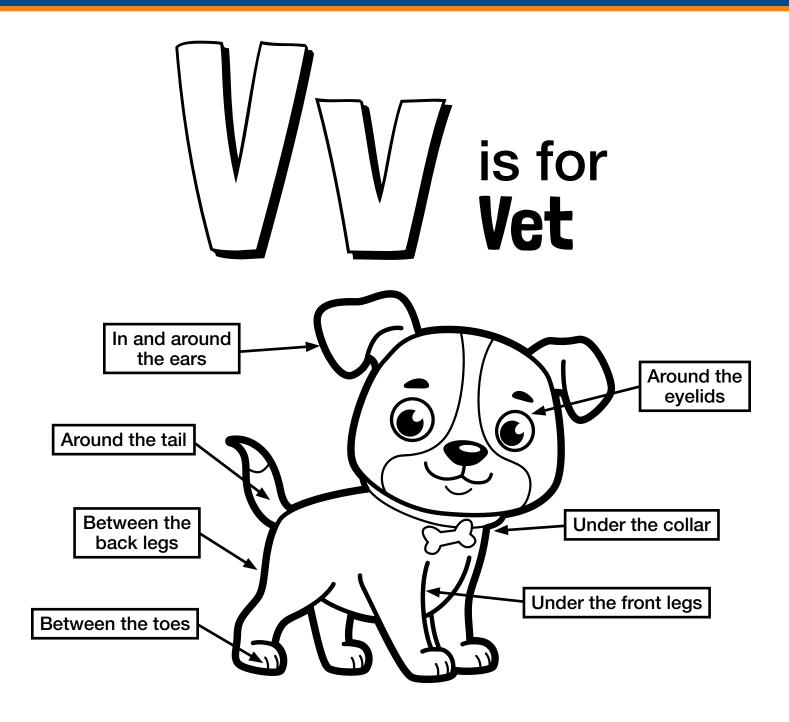


Unnoticed means not seen. Ticks are very small. Sometimes they are hard to find.

Search Activity

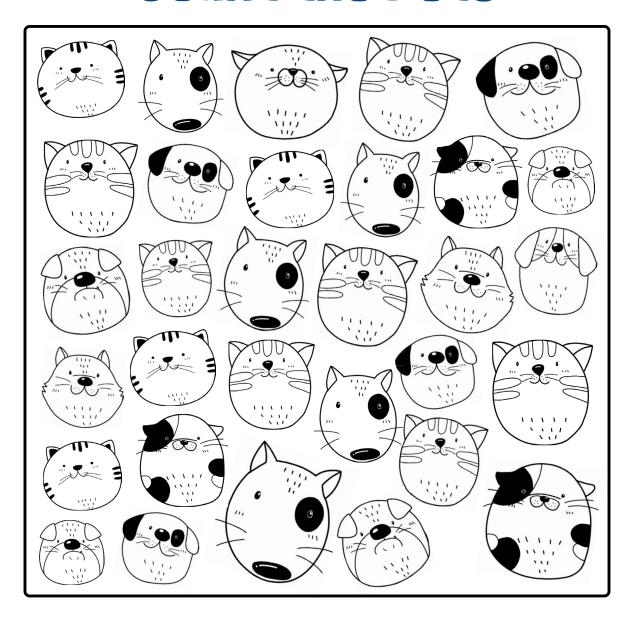
Can you find all 10 ticks on the leaf below?





- Check your pets for ticks every day.
- Run your fingers through your pet's fur to feel for small bumps.
- Ask your vet about ways to keep ticks off your pets.

Count the Pets

























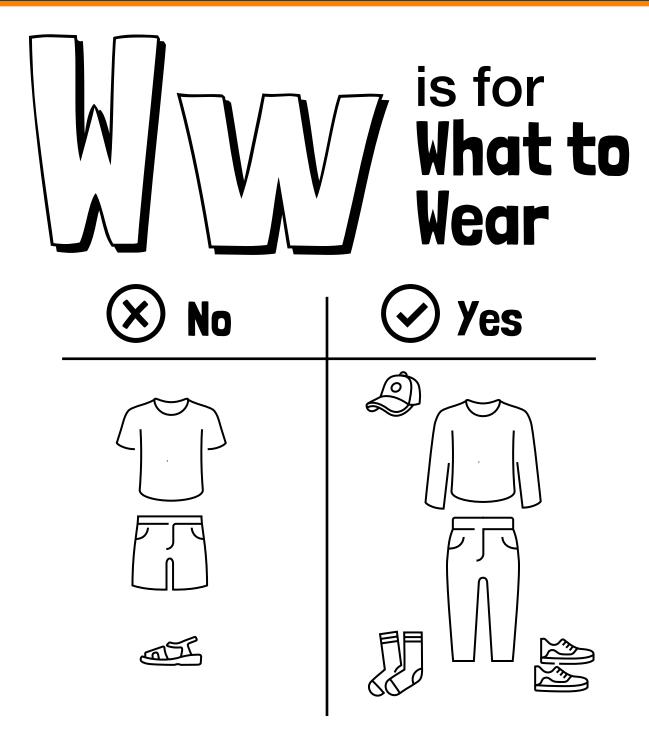










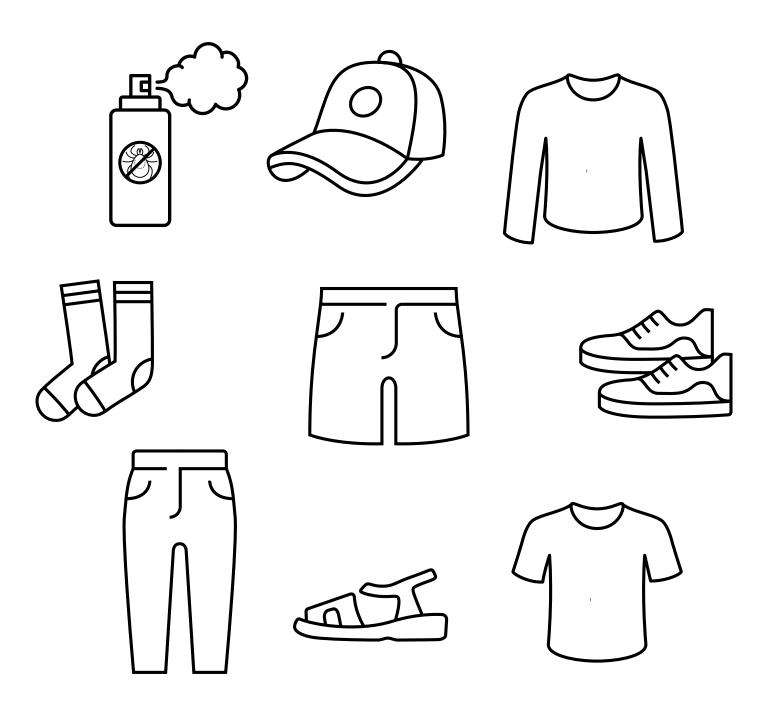


Ticks are dark colored. Wear light-colored pants and shirts so you can easily see the ticks. Tuck your shirt into your pants. Tuck your pants into your socks.

Always wear sneakers or boots.

Coloring Activity

Color what to wear outside.





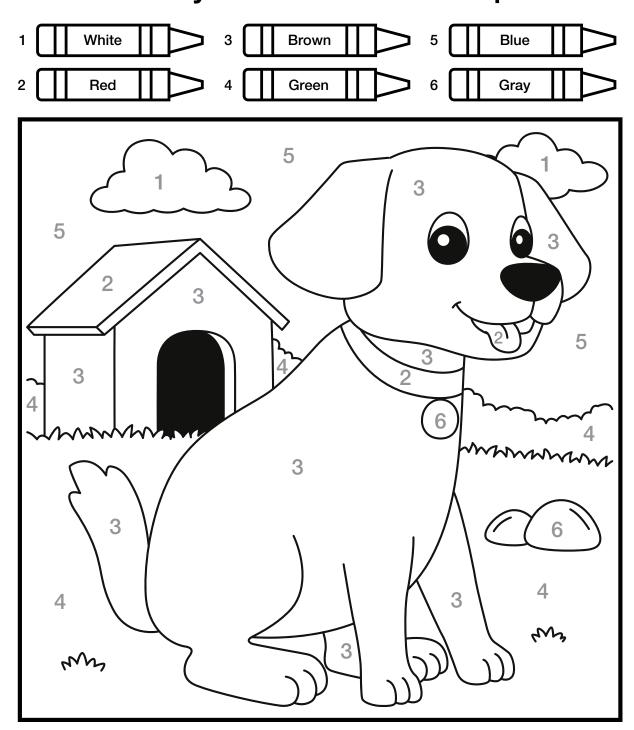
is for eXamine Pets and Gear



You and your pets can bring ticks inside. Look for ticks on your clothes and pets.

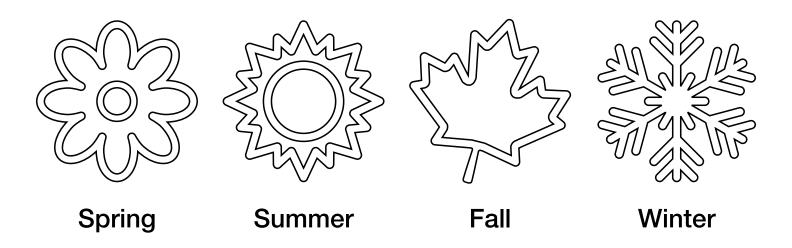
Color by Number

Use the key below to color the picture.



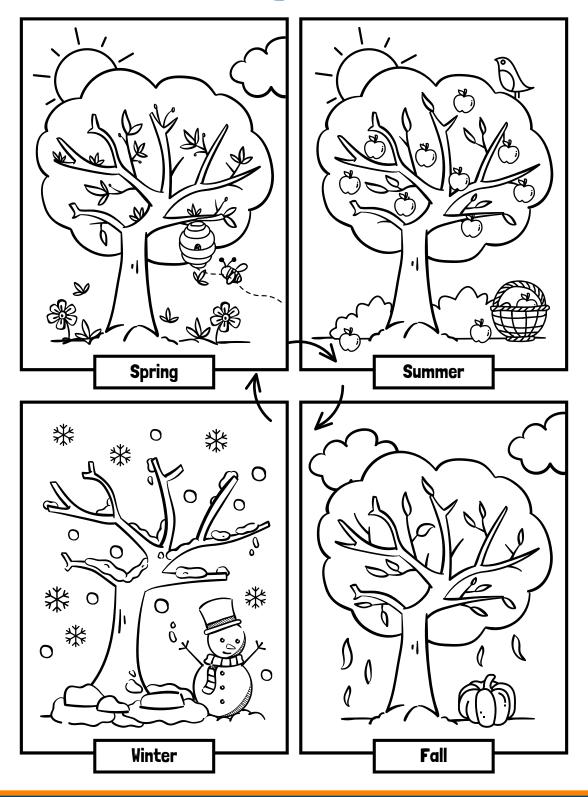


Ticks can be found all year. Ticks are most active when it is warm outside.



Ticks are not out if it is freezing outside.

Coloring Activity









Tracing Activity

