



## DID YOU KNOW?

Doxycycline post-exposure prophylaxis (doxy PEP) has been shown to reduce syphilis and chlamydia infections by >70% and gonococcal infections by approximately 50%!

## KEY POINTS

CDC  
Guidelines  
Here



- Health care providers can use the Centers for Disease Control and Prevention (CDC) guidelines to prescribe doxy PEP.
- Discuss pros and cons of doxy PEP with adult gay, bisexual, same gender loving cisgender men, and transgender women who had a bacterial sexually transmitted infection (STI) in the last year.
- Offer doxy PEP using shared decision-making to all non-pregnant individuals at increased risk for bacterial STIs and to those requesting doxy PEP, even if these individuals have not been previously diagnosed with an STI.
- Consider prescribing doxy PEP in the context of comprehensive sexual health approach.
- Write a prescription for patients to take a single dose of 200 mg of doxycycline as soon as possible, but within 72 hours after condomless oral, vaginal, or anal sex.



# Rx

## WHEN PRESCRIBING DOXY PEP

- Screen for and treat STIs, including viral hepatitis and HIV. For those without HIV who are receiving HIV pre-exposure prophylaxis (PrEP), screen per HIV PrEP guidelines at three-month intervals.
- Discuss and facilitate access to HIV PrEP for those who are HIV negative, not on HIV PrEP, and at risk for HIV.
- Discuss prevention strategies (condoms, HIV post-exposure prophylaxis (PEP), HIV PrEP, HIV and STI treatment, vaccinations); link to health and social services as indicated.
- Review patient's medication list, including over-the-counter (OTC) medications, to assess for potential drug interactions.
- Provide information on how to take doxy PEP, potential side effects of the medication, and how to minimize side effects.
- Provide enough doses to last until next follow-up visit based on individual sexual frequency. \*Patients should not exceed a maximum single dose of 200 mg every 24 hours.

### At follow-up visits every 3 to 6 months

- Screen for gonorrhea, chlamydia, syphilis, and HIV.
- If someone on doxy PEP tests positive for an STI, treat according to current CDC treatment guidelines.
- Discuss other prevention strategies and link to health and social services as indicated.
- Assess doxy side effects.
- Re-assess need for doxy PEP and prescribe enough doses until next follow up as needed.