

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6002190	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 05/13/2025
NAME OF PROVIDER OR SUPPLIER COUNTRYSIDE NURSING & REHAB CTR		STREET ADDRESS, CITY, STATE, ZIP CODE 1635 EAST 154TH STREET DOLTON, IL 60419		
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S 000	Initial Comments Complaint Investigation: 2593886/IL191595	S 000		
S9999	Final Observations Statement of Licensure Violations: 300.610a) 300.1010h) 300.1210b) 300.1210c) 300.1210d)3(6) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1010 Medical Care Policies h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not limited to, the presence of incipient or manifest decubitus ulcers or a weight loss or gain of five percent or more within a period of 30 days.	S9999		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

Electronically Signed

TITLE

(X6) DATE

06/04/25

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S9999	<p>Continued From page 1</p> <p>The facility shall obtain and record the physician's plan of care for the care or treatment of such accident, injury or change in condition at the time of notification.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>These Requirements were not met as evidenced by:</p> <p>Based on interviews and record reviews the facility failed to follow their policy and procedures for behavior and substance abuse management by not adequately monitoring and communicating suspected or observed substance use in the facility; not conducting room searches per the facility's protocol of reported suspicion of substance abuse; not referring suspected substance abuse to law enforcement; and not identifying or implementing personalized care plan interventions for prevention of suicidal/self-harming behavior and substance use. This failure applied to two of two (R1, R4) residents reviewed for supervision and resulted in R1 and R4 testing positive for drug use while in the facility and R1 engaging in self-harming behavior.</p> <p>Findings include:</p> <p>1. R1 is a 55-year-old male with a diagnosis history of Severe Bipolar Disorder with Psychotic Features, Generalized Anxiety Disorder, Hypertensive Heart Disease Without Heart Failure, Cannabis Use, and Nicotine Dependence who was admitted to the facility 04/11/2025.</p> <p>R1's Admission Hospital Records dated 04/08/2025 document he was admitted for psychiatric evaluation 04/01/2025 due to suicidal ideations with plan to walk into traffic, burning himself with a lighter and was noted with a history of severe mental illness, previous suicide attempts and hospitalizations and cannabis use; he had 5 prior hospitalizations with the last one being at a Behavioral Health Facility in 2024; he</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>shared that he began burning himself on Sunday because it provided relief of his symptoms; he has a history of three prior suicide attempts via overdosing and walking into traffic with the most recent attempt within the last year, a history of self-harm including burning and cutting; reported using cannabis daily and last cocaine use of 15 years ago; noted with poor insight, judgment, and impulse control; he has a substance abuse history of cannabis and reported last using cocaine 15 years ago.</p> <p>R1's PASRR I (Preadmission Screening and Resident Review) dated 04/08/2025 documents his current Mental Health Diagnoses include Recurrent Severe Major Depressive Disorder, Anxiety Disorder, Schizophrenia, and Cannabis Use; he exhibited self-injurious behavior within the past 30 days and reports depressive symptoms including hopelessness, helplessness, worthlessness, guilt, anhedonia (lack of pleasure or interest in doing things that used to be pleasurable), apathy, lack of motivation, lack of energy, concentration difficulties, anxiety symptoms within the past 30 days.</p> <p>R1's PASRR II (Preadmission Screening and Resident Review) dated 04/10/2025 documents he was admitted to the hospital on 04/02/2025 for thoughts of ending his own life; his long term goal is placement where he is able to receive mental health support; a wellbeing assessment indicated he may have depressive symptoms; he has a history of psychiatric hospitalizations; he enjoys anything that has to do with nature and the outdoors, hiking and going for long walks and a good day is when the sun is shining; he may benefit from a plan to keep himself and others safe and he may benefit from psychotherapy to decrease mental health symptoms.</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>R1's Admission Hospital Records dated 04/11/2025 document a diagnoses history of Depressive Type Schizoaffective Disorder, Cannabis Use Disorder, Non-Suicidal Self Harm, and Thoughts of Self Harm.</p> <p>R1's Admission Progress Notes dated 04/11/2025 documents he is a 55-year-old male with a history of Marijuana and cigarette use.</p> <p>R1's Admission progress note dated 04/22/2025 he has a history and current diagnosis of drug/alcohol abuse, and has a history of Suicidal Ideations with intent, as well as mental health diagnosis. He also has a history of non-suicidal self-harm. Staff will continue to monitor and encourage him to comply with recommended and prescribed treatments across all disciplines.</p> <p>R1's Community Access Assessment dated 04/22/2025 documents he does not desire independent access to the community.</p> <p>R1's Substance Use History Assessment dated 04/22/2025 documents he has no history of using Cocaine.</p> <p>R1's Suicidal Risk Assessment dated 04/24/2025 documents he has no history of suicide attempts.</p> <p>R1's Current Care Plan (initiated 04/16/2025) documents he has chronic health conditions, challenges, and bipolar disorder with current episode severe and depressed with psychotic features and factors that will require monitoring; social services will provide support and case management services and referral will be made to psychotherapeutic service providers with interventions of conducting appropriate</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>assessments to promote knowledge and interventions to address identified areas of interest and follow person-centered care models that afford him as much initiative, control, and self-determination as possible. R1's Current Care Plan (initiated 04/24/2025) documents he is at moderate risk for suicidal ideation due to the last suicidal ideation hospitalization being prior to admission to this facility with interventions including social services to provide one to one counseling as needed and will continue to assess his risk level quarterly. R1's current care plan does not include personalized interventions for suicidal ideations or attempts or self-harm; does not include a history of substance abuse or interventions for substance abuse; does not include activities or personalized interventions based on past interests and preferences; and does not include a daily routine.</p> <p>R1's progress note dated 05/04/2025 at 4:52 PM documents the PRSC (Psychosocial Rehabilitation Services Coordinator) found him with 4 other residents huddled in a room violating facility rules. Resident was counseled and placed on monitoring. No documentation of attempt to conduct a room search, notification to the physician of suspicious behavior, request for specimen collection, referral to law enforcement, nor his response to interventions were noted.</p> <p>R1's progress note dated 05/05/2025 at 6:22 PM documents he eloped from facility and ran down the road. Staff attempted to get him to return to facility, resident refused; at 06:27 PM Writer was notified by staff that he had aggressive behavior and verbalized he had thoughts of harming himself. Assistant Director of Nursing was notified, resident to be transferred the hospital for evaluation.</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>R1's Hospital Record dated 05/05/2025 documents he attempted to run away from the nursing home today because he did not feel he was getting the help he needed there; he stated he was able to get a lighter into the facility and continue burning himself, and watched as other patients were able to smoke crack; he states he began smoking marijuana again while there; Urine drug screen was positive for both cannabinoids and cocaine; he did not admit to using cocaine but stated that others at the nursing home were smoking it; R1 expressed suicidal ideations and exhibited self-harming behavior; he has a history of marijuana use disorder; R1 reported he wanted to leave the facility this evening stating "I was there for help and I do not get help."; R1 also reports persistent drugs in the facility, and he acknowledges that he smoked marijuana at the facility; R1 stated he is not receiving the help he needs.</p> <p>R1's progress notes and medical records from admission 04/11/2025 until he transferred to the hospital 05/05/2025 do not include any documented counseling or conversations regarding substance use. Psychiatric Progress Notes for R1 requested by surveyor 05/13/2025 were not provided during the survey.</p> <p>2. R4 is a 54-year-old male with a diagnosis history of Hypertensive Heart Disease, Psychoactive Substance Use, Suicidal Ideations, Bipolar Disorder, and Unspecified Convulsions who was admitted to the facility 09/11/2024.</p> <p>R4's Admission Hospital Records dated 09/05/2024 documents he tested positive for Cocaine and has a Past Psychiatric History of Depression, Bipolar Disorder and Polysubstance</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>Use Disorder including a history of using Cocaine and Alcohol; urinary drug screening results were positive for Cocaine; he was brought in for psychiatric evaluation due to complaints of depression and suicidal ideation with a plan to jump from a bridge with a chief complaint of "nobody to talk to, they just throw the pills,"; Severity of Illness Criteria includes severe/incapacitating substance abuse.</p> <p>R4's Current Care Plan Initiated 09/18/2025 documents he is an adult living with chronic health conditions, challenges, and psychoactive substance abuse and bipolar disorder that require monitoring with interventions including Staff to conduct appropriate assessments to promote knowledge and understanding of my past and to be able to formulate person-centered treatment interventions to address identified areas of interest; Identify if there are behaviors or factors from my past that should be considered in formulating my treatment plan. R4's current care plan does not include personalized interventions to address identified behaviors or factors from his past including triggers of substance abuse; does not include diversions from substance use or goals to achieve sobriety; and does not include an established routine.</p> <p>R4's Community Access Observation Assessment dated 01/13/2025 documents he may not access the community independently related to safety factor.</p> <p>R4's Behavioral progress note dated 01/14/2025 at 05:59 PM documents during a random room check, it was observed that he had cigarettes in an opened pack and more cigarettes with rolling paraphernalia on his bed. He had denied having these items upon initial questioning and remained</p>	S9999		

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S9999	<p>Continued From page 8</p> <p>in his room while the room search was completed.</p> <p>R4's progress note dated 01/25/2025 at 10:57 AM documents: Purpose of visit: Psychiatry follow up and medication management HPI: Patient report overall he has been doing well and describes current mood as "good" however reports disturbed sleep but not related to depressive mood, psychosis or anxiety and was demanding "Seroquel to help me sleep" R4 was educated there is no indication for Seroquel to be prescribed and was re-educated on sleep hygiene, he verbalized understanding and agreed; at 01:20 PM notes document R4 was sleep during the entire shift. Writer went to the room several times to encourage resident to allow them to take his blood pressure, but resident continued to sleep. No notification to the physician of suspicious behavior, nor implementation of interventions or his response to interventions were noted.</p> <p>R4's Behavioral progress note dated 01/28/2025 07:00 PM documents social services entered his room to initially speak with his roommate but smelled smoke among entry. Social Services will continue to monitor the resident's behaviors. No response to interventions were noted.</p> <p>R4's Behavioral progress note dated 01/31/2025 10:41 PM documents residents were observed in the main hall acting a bit strange and unusual prompting a wing room search. R4 was not in his room or on his wing; found in another resident's room on another wing and he appeared to have contraband cuffed in his hand. PRSC (Psychosocial Rehabilitation Services Coordinator) asked him to relinquish items and he refused only giving up the lighter that he had in</p>	S9999		

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S9999	<p>Continued From page 9</p> <p>his hand. The other items remained. PRSC asked resident to go to the nurses station to get his vitals checks as his pupils appeared dilated; at 12:09 AM [Recorded as Late Entry on 02/01/2025 at 01:01 AM] R4 was petitioned to the hospital per physician's orders for a Psychiatric evaluation.</p> <p>R4's Hospital Record dated 02/02/2025 documents he was admitted 02/01/2025 and he was involuntarily petitioned to the emergency department from the local nursing home for psychiatric evaluation; per the nursing home report he was suspected of bringing in contraband to the nursing home and his toxicology screen was positive for cocaine.</p> <p>R4's Behavioral progress note 05/04/2025 at 04:51 PM [Recorded as Late Entry on 05/06/2025 at 03:49 PM]</p> <p>Documents PRSC (Psychosocial Rehabilitation Services Coordinator) found resident with 4 other residents huddled in a room violating facility rules. Resident was counseled and placed on monitoring. No documentation of attempt to conduct a room search, notification to the physician of suspicious behavior, request for specimen collection, referral to law enforcement, nor his response to interventions were noted.</p> <p>Behavior Report Form dated 05/04/2025 documents R1, R5, R6, and R7 were observed huddled in a room together smoking and exhibiting behaviors of violating rules; they will continue to be monitored for behavior. No documentation of attempt to conduct a room search, notification to the physician of suspicious behavior, referral to law enforcement, nor their response to interventions noted.</p> <p>R4's progress notes and medical records from</p>	S9999		

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S9999	<p>Continued From page 10</p> <p>01/14/2025 until 05/13/2025 when the survey was concluded, did not include any documented counseling or conversations regarding substance use, nor participation in substance abuse groups. Handwritten social services progress notes for R4 requested by surveyor 05/12/2025 were not provided during the survey.</p> <p>On 05/06/2025 at 1:52 PM R1 stated his main issue with the facility is all the partying.</p> <p>On 05/06/2025 at 2:10 PM V9 (Psychosocial Rehabilitation Services Coordinator) stated on 05/04/2025 she observed R1, R4, R5, R6 and R7, and in a room smoking and she forgot to add R4's name on the behavioral report form. V9 stated she notified V4 (Clinical Director). V9 stated when doing room searches, they found marijuana gummies in a female resident's room approximately 6-7 months ago, however that resident is no longer in the facility, they have received reports of marijuana smoking a few months ago and those residents are no longer in the facility.</p> <p>On 05/06/2025 between 9AM - 4PM in separate interviews V12 (Anonymous staff) reported on 05/04/2025 they observed R1, R4, R5, R6, and R7 smoking and the smell was not of cigarettes or marijuana; V14 (Anonymous Staff) reported they occasionally smell marijuana when monitoring residents rooms.</p> <p>On 05/07/2025 at 9:27 AM R1 stated he saw so much partying going on at the facility the night of 05/04/2025 he had to get out of the facility.</p> <p>On 05/07/2025 at 12:05 PM R4 stated he had been in the facility since September, and he sees residents high in the facility. R4 stated it's easy to</p>	S9999		

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S9999	<p>Continued From page 11</p> <p>get drugs or alcohol through the room windows. R4 stated he does not use outside pass privileges. R4 stated he feels the facility does not monitor residents behaviors adequately.</p> <p>On 05/07/2025 between 9AM - 4PM in separate interviews V13 (Anonymous Staff) reported that they have seen Marijuana paraphernalia on multiple units including where R4, R5, and R6's rooms are located and has smelled pipes burning, they have seen behaviors that indicate residents might be under the influence of substances such as red partially closed eyes, on Sunday 05/04/2025 they smelled a burning pipe in the facility, and multiple residents have used drugs in the facility; V15 (Anonymous Staff) reported they have smelled Marijuana in the halls; V16 (Anonymous Staff) reported they have smelled Marijuana in the halls and it's difficult to determine the source; V17 (Anonymous Staff) reported they have smelled marijuana in the facility and nurses have also reported smelling it, residents have also reported other residents drug use in the facility; V18 (Anonymous Staff) reported that they have observed a marijuana smell in the halls near residents rooms and in residents rooms and sometimes they report this to the nurse or social worker and sometimes they don't because when they do report it no one does anything about it.</p> <p>On 05/12/2025 at 2:26 PM V4 (Clinical Director) stated R1 had not met the outside pass criteria because he hadn't attended any programming. V4 stated if residents show signs suspicious of substance use, they will want to alert the physician, might do a specimen draw and follow whatever the physician recommends. V4 stated signs of drug use include unusual odors, glassy eyes, unsteady gait, flight of speech, a lot of</p>	S9999		

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S9999	<p>Continued From page 12</p> <p>anxiety, and sometimes delusions. V4 stated odors of marijuana or other illegal substances would be cause for alarm and rooms should be searched. V4 stated if residents have not been outside and test positive for illegal substances that does indicate they got it somehow while in the facility. V4 stated the facility monitors residents behaviors through clinical rounds in the building looking out for safety issues which includes room searches. V4 stated social services documents soft notes when there are observations of potential substance use or room searches due to protection of the residents rights.</p> <p>On 05/13/2025 at 11:23 AM V4 (Clinical Director) agreed it is the facility's responsibility to monitor drug use while in the facility even if visitors are bringing in drugs or paraphernalia. V4 stated if they do find contraband or signs of substance use, they inform the physician or follow any recommendations the physician may have. V4 stated behaviors are documented once they're observed. V4 stated on 05/03/2025 when R1 received snacks from his friend staff were present, they received the snacks for him because there were too many for his room and there were no concerning items found. V4 stated yes when asked by surveyor if residents showing signs of substance use should receive increased monitoring which he stated would include performing room checks with these individuals more regularly. V4 stated the response to this behavior includes trying not to look at them as being targeted. V4 stated the approach is always to be positive and try to get the resident to look at the times in which they're sober and try to express we're concerned about their safety and wellbeing and encourage sobriety. V4 stated if residents are found with contraband or show signs of drug use searches are commenced. V4</p>	S9999		

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S9999	<p>Continued From page 13</p> <p>stated increased monitoring would consist of routine room checks likely on a daily basis which they encourage residents to be present for. V4 stated he wouldn't say it is normal for R4 to be found with contraband. V4 stated the rolling paper R4 was found with on 01/14/2025 was cigarette rolling paper. V4 stated R4 doesn't usually exhibit any unusual behaviors. V4 stated R4 doesn't go outside the facility, he has back spasms and doesn't normally like to venture out. V4 stated R4 had not had any visitors that he is aware of. V4 stated the concern with the cigarette rolling paper R4 was found with would be it is contraband and smoking material. V4 stated none of the residents are permitted to use Marijuana, that the facility is a drug and alcohol-free facility, and use of marijuana is illegal in the facility. V4 stated yes when asked by surveyor if a resident has a history of self-harm do they require specialized services. V4 stated specialized services would include involving the resident in psychosocial groups, they would also receive one to one social services counseling, would see the psychiatrist on a regular basis, as well as receive required medications. V4 stated care planned interventions for residents with a history of self-harm would include monitoring for any mood changes, encouraging them to take advantage of any open-door policies they have, clinical rounds from social services staff to assess residents mood and behavior which is ongoing. V4 stated these interventions would also include talking to the residents, monitoring them, interacting, asking them about their state of mind and reminding them staff do care and are available to talk. V4 stated there may not be documentation of these interactions and attempts unless there's an intense episode because some interactions only require minor conversation and interaction. V4 stated to his knowledge R1 did not</p>	S9999		

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S9999	<p>Continued From page 14</p> <p>have a history of refusing psychosocial services. V4 stated we do complete psychosocial progress notes that are not necessarily documented in the electronic health record system.</p> <p>The facility did not provide documentation of law enforcement notification of potential drug use in the facility at any time during the course of the survey.</p> <p>The facility's Managing Behavior Policy dated 10/01/2023 and received 05/12/2025 states:</p> <p>"This policy is designed to provide guidance for managing challenging behaviors in residents while ensuring their safety, and well-being."</p> <p>"The facility is committed to providing a safe and therapeutic environment for all residents.</p> <p>Behavioral interventions will be individualized, evidence based, and focused on identifying and addressing the underlying causes of behaviors."</p> <p>"Behavioral Care Plan Development: if a resident exhibits challenging behaviors, an individualized behavioral care plan will be developed. This plan will be based on the resident's history, preferences, and identified triggers and will include specific interventions aimed at reducing the behavior."</p> <p>"Personalized Activities: The resident will be offered therapeutic activities tailored to their preferences."</p> <p>"Routine and Familiarity: Establishing consistent daily routines and using familiar caregivers can help reduce behaviors triggered by anxiety or confusion."</p> <p>"Documentation and Reporting: Behavioral Incidents: All behavioral incidents, interventions used, and the resident's response will be documented in the residents medical record."</p>	S9999		

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S9999	<p>Continued From page 15</p> <p>The facility's Substance Use History Policy dated 04/08/2024 and received 05/12/2025 states:</p> <p>The purpose of the policy is "To create an environment as free of accidents and hazards as possible for residents with history of substance abuse."</p> <p>"When substance use is suspected, (in the facility) which could lead to overdose, facility staff should implement care plan interventions, which includes notification of the resident's physician or provider."</p> <p>"If the facility determines through observation that a resident may have access to illegal substances that they have brought into the facility or secured from an outside source, these cases may warrant a referral to local law enforcement."</p> <p>"Care Planning interventions will address risks by providing appropriate diversions for residents and encouraging residents to seek out facility staff to discuss their plan of care, including discharge planning, rather than leaving to seek out substances which could endanger the resident's health and/or safety."</p> <p>"Residents with SUD (Substance Use Disorder) may try to continue using substances during their stay in the nursing home. Facility staff will assess the resident for the risk for substance use in the facility and have knowledge of signs and symptoms of possible substance that include, but are not limited to: Odors; Changes in residents behaviors including Unexplained Drowsiness."</p> <p>The facility's Residents Possession and Use of Illegal Substance Policy dated 04/08/2024 and received 05/12/2025 states:</p> <p>"The possession and use of illegal substances by residents will not be tolerated."</p> <p>"Facility staff will have knowledge of signs, symptoms, and triggers of possible illegal substance use, which includes but is not limited</p>	S9999		

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S9999	<p>Continued From page 16</p> <p>to: Changes in resident behavior; Increased, unexplained drowsiness."</p> <p>"If the facility determines through observation that a resident may have access to illegal substances that they brought into the facility or secured from an outside source, the facility will not act as an arm of law enforcement. In accordance with state laws, a referral will be made to local law enforcement."</p> <p>"To protect the health and safety of residents the facility will provide additional monitoring and supervision."</p> <p>The facility's Policy on Contraband Materials, Inspection of Rooms and Use of Recording Devices Policy received 05/12/2025 states:</p> <p>"This organization reserves the right to conduct inspections if there is reason to suspect/believe that a resident has contraband items/materials in his/her possession. These items include, but are not limited to illicit (street or over the counter) drugs. In situations where illegal activity appears to have taken place appropriate authorities will be notified. Again, safety and security are of the utmost concern."</p> <p>"The facility may choose, at its discretion, to involve drug sniffing dogs if residents are suspected to be trafficking drugs inside the facility."</p> <p>(B)</p>	S9999		