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CENTRALIA MANOR	1910 EAST MCCORD RTE 161 EAST CENTRALIA, IL 62801

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S 000	Initial Comments Annual Licensure and Certification	S 000		
S9999	Final Observations Statement of Licensure Violations 300.610a) 300.1210b) 300.2040b)2) 300.2040d) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing	S9999		

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care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.

Section 300.2040 Diet Orders

b) Physicians shall write a diet order, for each resident, indicating whether the resident is to have a general or a therapeutic diet. The attending physician may delegate writing a diet order to the dietitian.

2) The diet shall be served as ordered.

d) The resident shall be observed to determine acceptance of the diet, and these observations shall be recorded in the medical record.

These requirements were not met as evidence by:

Based on interview, observation, and record review the facility failed to provide prescribed nutritional supplements and provide assistance with meals, and monitor intake for one of one resident (R20) reviewed for weight loss in a sample of 34. These failures resulted in R20 experiencing a severe and continuing weight loss (8.48%) within 3 months.

The findings include:

R20's Face Sheet, dated 07/11/24, documents R20 was admitted to the facility on 08/18/23 with diagnoses in part of chronic obstructive pulmonary disease, major depressive disorder, dysphagia, heartburn, dementia, cognitive communication deficit, dietary calcium deficiency, deficiency of other vitamins, pain, and hyperlipidemia.

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R20's Care Plan with a revised date of 05/16/24 documents under R20's Care information interventions of puree diet with super cereal at breakfast, fortified pudding at lunch/supper, and nutritional supplement at meals. There were no care areas listed for areas pertaining to nutrition or weight loss in the care plan.

R20's Physician orders dated 06/25/24 documents diet pureed add house supplement (nutritional supplement) with meals with start date of 6/25/24. Prior diet order dated 08/23/23 documents pureed diet with high calorie high protein supplement.

R20's Minimum Data Set (MDS), dated 05/08/24 documents in Section C a Brief interview for mental status (BIMS) score of 00 which indicates severely impaired cognition. Section GG document substantial/maximal assistance with eating. Section K documents no weight loss or gain of 5% or more in the last month or 10% or more in the last 6 months.

R20's meal intake documents found in R20's Electronic Medical Record document no recent meal percentages. Last meal percentage that was documented was on 12/07/23 at lunch which R20 consumed 51-75% of her meal.

R20's Vitals Report from 1/1/24-7/1/24 documents monthly weights as 1/1/24- 95.8 lbs (pounds), 2/1/24- 98.2 lbs, 3/1/24- 94.8 lbs, 4/1/24- 93.4 lbs, 5/1/24- 92 lbs, 6/1/24- 90 lbs, 7/1/24- 84.2 lbs. From 5/1/24 - 7/1/24 R20 experienced an 8.48% or severe weight loss within 3 months.

R20's Dietitian Assessment dated 7/5/24: On a

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S9999	Continued From page 3 Pureed diet with House Supplement at meals. Fortified Pudding at lunch and supper. Super Cereal at breakfast. Intakes 25-75%. Weights: (7/5): 82.8, (7/4): 81.4, (6/28): 84, (6/21): 86.6, (6/14): 87, (6/5): 91, (4/6): 92, and (1/7): 93.4. Current weight is down 3# (pounds) (4.4%) x/14 day, down 4# (4.8%) x/21 days, down 8# (9.0%) x/1 month, down 9# (10.0%) x/3 months, and down 10#(11.3%) x/6 months. On daily weights. Below IBW (ideal body weight) Range 105-134. Body Mass Index: 14.67 (underweight). Had 3+ Left LE edema and 2+ Right LE edema, no reports of edema now, on Lasix. Potential risk for weight changes and dehydration. Fluids encouraged and dietary offers 15+ servings/day. Has skin tear right LE. No new labs to review. On Multivitamin Supplement. Estimated Needs: 1330 calories (35 kilo-calories per kg), 1330 cc fluids (1 cc per kilo-calories), and 38-46 gram protein (1.0-1.2 injury factor). Expect weight changes as edema changes and with diuretic therapy. Continue with diet Rx and monitor. R20's Dietitian Assessment dated 6/12/24: On a Pureed diet with High Calorie High Protein Supplement. Fortified Pudding at lunch and supper. Super Cereal at breakfast and House Supplement with ice cream at meals. Intakes 25-75%. Weights:(6/11): 87.7, (6/10): 84.8, (6/4): 91, (5/28): 92, (5/22): 91.1, (3/13): 88.4, and (12/13): 98.8. Current weight is up 2# (3.4%) x/1 day, down 3# (3.6%) x/7 days, down 4# (4.7%) x/14 days, down 5#(5.7%) x/1 month and down 11#(11.2%) x/6 months. On daily weights. Below IBW Range 105-134. Body Mass Index: 15.53 (underweight). Had 3+ Left LE edema and 2+ Right LE edema, no reports of edema now, on Lasix. Potential risk for weight changes and dehydration. Fluids encouraged and dietary offers 15+ servings/day. Has preventative treatment to	S9999		

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Coccyx. No new labs to review. On Multivitamin Supplement. Estimated Needs: 1400 calories (35 kilo-calories per kg), 1400 cc fluids (1 cc per kilo-calories), and 40-48 gram protein (1.0-1.2 injury factor). Expect weight changes as edema changes and with diuretic therapy. PLAN: Clarify Supplements. 1). Discontinue High Calorie High Protein Supplement. 2). ADD: House Supplement at meals.

R20's Dietitian Quarterly Assessment dated 5/8/24: On a Pureed diet with High Calorie High Protein Supplement. Fortified Pudding at lunch and supper. Super Cereal at breakfast and House Supplement with ice cream at meals. Intakes 25-75%. Weights: (5/8):92.5, (5/7): 95, (5/1): 92, (4/24): 93.8, (4/17): 90.5, (4/8): 93.1, (2/8): 101.8, and (11/10): 110.5. Current weight is down 9# (9.1%) x/3 months, and down 18#(16.3%) x/6 months. On daily weights. Below IBW Range 105-134. Body Mass Index: 16.38 (underweight). Had 3+ Left LE edema and 2+ Right LE edema, no reports of edema now, on Lasix. Potential risk for weight changes and dehydration. Fluids encouraged and dietary offers 15+ servings/day. Has preventative treatment to Coccyx. Skin tear below right knee. No new labs to review. On Multivitamin Supplement. Estimated Needs: 1470 calories (35 kilo-calories per kg), 1470 cc fluids (1 cc per kilo-calories), and 42-50 gram protein (1.0-1.2 injury factor). Expect weight changes as edema changes and with diuretic therapy. PLAN: Clarify Supplements. 1). Discontinue High Calorie High Protein Supplement. 2). ADD: House Supplement at meals.

On 07/08/24 at 11:57AM, R20 had her meal sitting in front of her. R20 appeared frail and thin in stature. R20 was not eating, and no staff was

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assisting her with eating. R20's tray had pureed beef tips, green beans, mashed potatoes with gravy, bread, nutritional supplement ice cream. No fortified pudding was noted on tray. R20's meal ticket listed fortified pudding, ice cream and nutritional supplement on her meal ticket.

On 07/08/24 at 11:59AM, V27 (Certified Nurse Assistant/CNA) went over to R20 while standing she gave R20 a few bites of pureed beef tips. V27 then left and went back to assisting another resident with eating. After the few bites R20 was given R20 just sat at the table with her food in front of her not eating. Another staff member unknown name did walk up to the table while standing and gave R20 a couple more bites of food then left.

On 07/08/24 at 12:01PM, V27 left another resident she was assisting again and while standing gave R20 one bite of her food then left again.

On 07/08/24 at 12:03PM, V27 left the table and then another staff member V28 (CNA) sat down at the table across from R20 and started to assist another resident with eating. R20 sat at the table during this time with no assistance.

On 07/08/24 at 12:36PM, R20 was taken out of the dining room.

On 07/08/24 at 12:38PM it was noted that R20 had consumed less than 25% of the food on her tray. R20 mainly consumed her nutritional supplement ice cream.

On 07/09/24 at 11:50AM, R20 was noted in the dining room. R20 had pureed polish sausage, sauerkraut, biscuit, noodles, nutritional

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supplement ice cream, fortified pudding, and two glasses of cranberry juice on her tray. R20 was feeding herself a few bites of her meal. R20 was not assisted by staff with eating during this meal. Only food consumed was the few bites she gave herself.

On 07/09/24 at 12:20PM it was noted R20 had consumed less than 25% of the meal on her tray and was not assisted by staff. R20 had a few bites of her pureed polish sausage, sauerkraut, nutritional supplement ice cream, and a few bites of fortified pudding.

On 07/11/24 at 11:04AM, R20 was in the dining room she was served pureed ham, mashed potatoes with gravy, mixed vegetables, cake, fortified pudding, nutritional supplement ice cream, and bread. R20 was being assisted by staff with her meal.

On 07/11/24 at 11:45AM observed R20's tray she consumed around 50% of her tray. R20 consumed half of her nutritional supplement ice cream and half of her fortified pudding

On 07/11/24 at 1:02PM, V8 (CNA) stated that R20 can feed herself at times, but if she doesn't eat on her own that staff must assist her with eating. V8 said they don't monitor the intake of all residents at the facility they only monitor residents who are at risk for weight loss. V8 said she doesn't know where the paper goes after they fill it out with the intakes of the resident they do monitor. V8 said she thought R20 was on the monitor intake list for weight loss and supplements. V8 stated that when she is in the dining room sometimes there isn't enough people to assist all the residents who need help with eating. V8 said she may have to give several

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residents a bite here and there to be able to assist all of them with eating. V8 said she does stand up and feed residents, because she is feeding several people at a times and will give a few bites and then go over to another resident and give them a few bites of their food. V8 said she has to do this often.

On 07/11/24 at 1:19PM, V9 (CNA) stated that they don't monitor every resident's intake only people who have lost weight or on nutritional supplements. V9 said that she thought R20 is on the meal intake sheet for weight loss and nutritional supplement. V9 stated that R20 will mainly eat her nutritional supplement ice cream and her fortified pudding, she doesn't touch a lot of the main meal. V9 said that she does assist R20 at times with eating. V9 said R20 will feed herself at times, but they have to assist her at times. V9 said that if they notice someone isn't eating good, they let the nurse know. V9 said that she doesn't know who is responsible for putting people on the intake monitoring sheet or where the intake monitoring sheet goes after she fills it out. V9 stated that they are short of staff on second shift she said that there may be only one person in the dining room assisting all the residents that need help. V9 said there may be 2 people most of the time trying to help all the residents that need assistance with eating in the dining room. V9 said second shift doesn't have enough staff.

On 07/11/24 at 1:55PM, V3 (Assistant Director of Nursing/ADON) stated that the only intakes they monitor are the ones that are ordered by a doctor. V3 said if a resident isn't eating well that the certified nurse assistant will usually let the nurse know. V3 said that they notify the doctor of any weight losses, and they will give an order to

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monitor the resident food intake. V3 said she didn't know who all they had orders to monitor intake for. V3 said that R20 can assist herself with eating, but if she doesn't eat then staff should be assisting her. V3 was unaware if R20 had a weight loss or not. V3 said that she has never seen the meal intake sheets that the certified nurse assistants had to write down the intake of certain people with weight loss. She thought R20 was on the list to be monitored. V3 said that R20's intakes should have been in the electronic medical record if they are monitoring it. V3 didn't know why R20 didn't have no intakes in her chart since 12/07/23.

On 07/11/24 2:00PM, V4 (Dietary Supervisor) said that they monitor intakes of new admission times four weeks, and anyone that has a significant weight change. V4 said that she prints out a meal intake sheets daily for staff to write down intakes, but she doesn't know who gets it afterwards. V4 said that she thinks the nurses get it and then input the information into the electronic medical record. V4 said when they need to add someone to the intake sheet she usually gets an email. V4 said that she has no clue who gets the meal intakes sheets. V4 said that R20 was on the meal intake sheet for her nutritional supplement and weight loss.

On 07/11/24 at 2:10PM, V10 (Licensed Practical Nurse/LPN) stated she hasn't seen a meal intake sheet in a while. V10 said that she does not receive the meal intake sheets and she has no clue where they go. V10 said it's been a while since she saw one. V10 was not sure if R20 was on the meal intake sheet or not.

On 07/11/24 at 2:15PM, V11 (Registered Nurse/RN) stated that she hasn't seen a meal

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intake sheet in a long time for the other halls. V11 said they monitor all the resident on the memory care unit's meal intake, but she doesn't think they monitor the intake of the other residents.

On 07/11/24 at 2:22PM, V26 (RN) stated that she doesn't get the meal intake sheets and she does not put any meal intakes in for any resident in the electronic medical record. V26 said the only monitoring they do is input fluid intake. V26 said that she has never seen the meal intake sheet.

On 07/11/24 at 2:29PM, V2 (Director of Nursing/DON) stated that he has never seen the meal intake sheet that documents percentages of what food residents took in. V2 said that he is newer to the facility and is still trying to learn everything. V2 was unsure if R20 was on the meal intake sheet or if R20 has had a weight loss. V2 was unsure of R20's meal assistance needs. V2 did state that if a resident is not eating and needs assistance staff should be assisting any resident that needs help or not eating on their own.

On 07/12/24 at 11:39AM, V28 (Registered Dietitian) stated that she believes that the facility does not monitor meal intakes because it is their policy. V28 said that meal intake recording is so subjective. V28 said that they pick and choose whose meal intakes to monitor. V8 said that she thinks it works out well. V8 said that she doesn't feel like she misses anyone even though she can't see what amount of food intake they have consumed. V28 said the certified nurse assistants are very good about letting them know if someone isn't eating well. V28 stated that even with the same staff not assisting the same resident daily they still monitor it well. V28 said that on her note on 07/05/24 that she wrote in

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R20's chart she obtained her meal intake percentages from some of the certified nurses assistants and the progress notes. V28 said there wasn't much about meal intakes in the notes. V28 stated that she didn't know if R20 required assistance with meals, but if R20 is supposed to get assistance with meal she expects staff to assist her. V28 said that she recommends supplements like ice cream, nutritional shake and would expect the staff to offer and make sure that the resident receive these supplements. V28 said that she usually is at the facility every other week and looks at the weights or looks at them remotely. V28 said that if R20 had a large weight loss she would have noticed it and put a new intervention in place. V28 was unsure if R20 required any assistance with meals. V28 said if they notified the doctor recently about R20 having a weight loss she will look at her weights and diet when she comes in next time or do it from home.

R20's Progress Note dated 07/10/24 at 1:17PM "Weight loss report received. R20 (resident) had a weight loss of 10.6% (96lbs-85lbs) over the last 180 days. R20 (resident) currently a daily weight. Puree diet with house supplement." Notified primary doctor, awaiting orders.

The facility policy titled "Weight Monitoring" objective states to consistently assess residents for significant weight loss or gain.

The Facility Policy "Food Service" with a revised date of 09/2010 documents in part under procedure the nursing staff shall be responsible for observing the resident's food acceptance and record the intake on the provided meal intake or documentation into POC (Point of Care for meal intake) only for those residents that are identified to be at risk.

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