STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	IL6009179	A. BUILDING: _____ B. WING _____	06/12/2024

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CITADEL OF STERLING,THE	105 EAST 23RD STREET STERLING, IL 61081

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S 000	Initial Comments Annual Licensure Health Survey	S 000		
S9999	Final Observations Statement of Licensure Violations: 300.610a) 300.1010h) 300.1210b) 300.1210d)3) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility. Section 300.1010 Medical Care Policies h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not limited to, the presence of incipient or manifest decubitus ulcers or a weight loss or gain of five percent or more within a period of 30 days. The facility shall obtain and record the physician's plan of care for the care or treatment of such accident, injury or change in condition at the time of notification.	S9999		

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Section 300.1210 General Requirements for Nursing and Personal Care

b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.

d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:

3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.

These requirements were not met as evidenced by:

Based on observation, interview, and record review the facility failed to ensure there was no delay in notifying a dietitian of severe weight loss in residents and failed to ensure there was no delay in implementing the dietitian's recommendations for residents with severe weight loss. This failure resulted in the delayed

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treatment and monitoring of residents with severe weight loss. This applies to 3 of 3 residents (R27, R339, R61) reviewed for severe weight loss in the sample of 18.

The findings include:

1. R27's Weights and Vitals Summary report showed on 9/5/23 R27 weighed 127.5 pounds and on 10/4/23 weighed 112.4 pounds. A severe weight loss of 13.4% in one month.

R27's Progress Note dated 10/12/23 showed the dietitian recommended R27 to receive a dietary supplement twice a day.

R27's Progress Notes dated 10/16/23 showed the doctor was notified of the dietitian's recommendations.

A fax to R27's physician dated 10/18/23 showed the physician was notified for a second time of the dietitian's recommendation made on 10/12/23 for R27 to receive a dietary supplement twice a day.

R27's Progress Notes dated 10/18/23 showed the doctor agreed with the dietitian's recommendation.

R27's Physician Order Summary showed the dietitian's recommendation for the supplement was started on 10/19/23 (15 days after R27's weight lost was identified).

On 6/11/24 at 11:00 AM, V6 (Dietitian) said she would expect to be notified of a resident's significant/severe weight loss as soon as possible so the resident can be evaluated, and interventions started if needed. V6 said the

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process can take up to one week. V6 said in October 2023, she was transitioning into the role as the facility's dietitian and was not sure why there was a delay in addressing R27's weight loss. V6 add that a significant/severe weight loss is considered a change in the resident's condition.

On 06/11/24 at 1:25 PM, V5 (Dietary Manager) said the normal time frame for notifying the dietitian of a significant weight loss and the implementation of the dietitian's recommendation is no longer than a week. V5 said she was not sure why there was a delay in addressing R27's weight loss as she was new to the role of dietary manager in October 2023.

R27's Care Plan showed R27 was at risk for unplanned weight loss.

2. R339's face sheet lists his diagnoses to include: chronic obstructive pulmonary disease, chronic respiratory failure, dysphagia, unilateral inguinal hernia, congestive heart failure, alcohol dependence disorder, dementia, and alcohol abuse.

On June 11, 2024 at 9:45 AM, R339 was awake lying in bed. R339 was very thin and stated, he has lost weight. R339 was not sure why and that he just wasn't hungry.

R339's weights and vitals summary shows, his weight on May 6, 2024 was 113.6 lbs. (pounds) and was 99.4 lbs. on May 20, 2024 (14 lbs. weight loss, 12.50%, 14 days later).

R339's electronic medical records shows, the last time he was seen by the dietitian was on April 28, 2024. The progress note shows, "RD [registered

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dietitian] WT [weight] REVIEW/WEIGHT WARNING: Value: 110.4#, BMI [body mass index] 20 low for age. sig [significant] wt. loss x 1 month noted. Overall weight is now slightly more stable x 2 weeks... REVIEW: res [resident] recently downgraded diet to mech soft [mechanical soft] for pocketing/chewing difficulty. He does have CHF [congestive heart failure] and some fluid shifts likely causing weight loss/gain. REC: add house supplement/ensure BID [twice daily] for supplement and weekly weights- monitor on NAR [nutrition risk assessment]."

R339's electronic medical record shows, he has not been weighed weekly. The last weight record was May 20, 2024.

R339's electronic medical record does not show, an order for weekly weights.

R339's progress notes dated May 20, 2024 shows, "Call placed to son/POA [power of attorney] to inform of weight loss and poor appetite. Message left to call facility. Referral to dietician. MD [medical doctor] updated."

R339's electronic medical record does not show any new orders or interventions in place following his 14 lbs. 12.50% weight loss in 14 days.

On June 11, 2024 at 11:22 AM, V6 Dietitian stated, she was aware of R339's weight loss. V6 said she asked the facility for a re-weigh to ensure the May 20, 2024 weight was correct. V6 said she has not put any interventions in place because he hasn't been re-weighed. V6 said the facility should be following her recommendations of weekly weights.

3. R61's Weights and Vitals Summary report

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showed on 5/6/24 R61 weighed 168.5 pounds and on 6/2/24 weighed 159.4 pounds. A severe weight loss of 5.4% in one month.

On 6/11/2024 at 11:10 AM, V6 (dietitian) said she recommended weekly weighs for [R61] because he was being monitored for weight loss following a hospitalization.

R61's Progress Notes entered on 5/21/2024 by V6 states, continue on weekly weights and monitor via NAR.

R61's Weights and Vitals Summary dated 6/11/2024 shows a weight of 159.4 lbs. on 6/2/2024 with no additional weight listed to current (6/11/2024).

R61's Care Plan dated 5/16/2024 states, "Weigh me as ordered and notify my nurse, my physician, the dietary manager, and the dietitian of any significant weight loss".

On 6/11/2024 at 2:04 PM, V2 Director of Nursing (DON) said the dietitian's frequency of weight recommendations should be followed for residents.

The facility's weight change assessment and intervention dated September 2018 shows, "Policy Statement: The multidisciplinary team will strive to prevent, monitor, and intervene for undesirable weight loss for our residents. Policy interpretation and implementation: Weight assessment: 2. Weights will be recorded in the individual's medical record. 3. Any weight change of 5% or more since the last weight assessment, If the weight is verified, nursing will notify the Dietitian and MD/NP (medical doctor/nurse practitioner)."

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