

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6007033</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>04/24/2024</b>
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NAME OF PROVIDER OR SUPPLIER  <b>ALDEN ESTATES OF NAPERVILLE</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>1525 SOUTH OXFORD LANE NAPERVILLE, IL 60565</b>
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S 000	Initial Comments  Complaint Investigation 2473091/IL172126	S 000		
S9999	Final Observations  Statement of Licensure Violations  300.610a) 300.1210a) 300.1210b) 300.1210d)3) 300.1610a)1)  Section 300.610 Resident Care Policies  a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.  Section 300.1210 General Requirements for Nursing and Personal Care  a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a comprehensive care plan for each resident that	S9999		

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE  Electronically Signed	TITLE	(X6) DATE  05/09/24
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S9999	<p>Continued From page 1</p> <p>includes measurable objectives and timetables to meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which allow the resident to attain or maintain the highest practicable level of independent functioning, and provide for discharge planning to the least restrictive setting based on the resident's care needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable. (Section 3-202.2a of the Act)</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>Section 300.1610 Medication Policies and Procedures</p> <p>a) Development of Medication Policies</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>1) Every facility shall adopt written policies and procedures for properly and promptly obtaining, dispensing, administering, returning, and disposing of drugs and medications. These policies and procedures shall be consistent with the Act and this Part and shall be followed by the facility. These policies and procedures shall be in compliance with all applicable federal, State and local laws.</p> <p>These Requirements were not met as evidenced by:</p> <p>Based on interview and record review, the facility failed to administer Insulin as ordered by the physician. The failure resulted in R1 having elevated blood sugars and elevated lab values. This applies to 2 of 4 residents (R1, R2) reviewed for improper nursing care in the area of missing medication doses in the sample of 4.</p> <p>The findings include:</p> <p>1). On April 22, 2024 at 2:20 PM, R1 said, "I missed my morning dose of insulin (Humulin R U-500) on April 19, 2024. The evening of April 18, they ran out of the insulin and did not have enough to give me a full dose. On April 19, I was supposed to get a second dose at 2:00 PM and they still did not have the insulin in stock. It finally came at 3:00 PM that day. This happens every month. My blood sugars are all over the place and I should not be missing doses."</p> <p>The EMR (Electronic Medical Record) shows R1 was admitted to the facility on October 6, 2021 with multiple diagnoses including, encounter for</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>surgical aftercare following surgery on the skin and subcutaneous tissue, open wound of the right buttock, diabetes, generalized anxiety disorder, chronic kidney disease, encounter for change or removal of surgical wound dressing, localized edema, PVD (Peripheral Vascular Disease) elevated liver enzymes, fatty liver, depressive episodes, psoriasis, acquired absence of left leg below the knee, and iron deficiency anemia.</p> <p>R1's MDS (Minimum Data Set) dated February 14, 2024 shows R1 is cognitively intact, is independent with oral hygiene and toilet hygiene, requires set up assistance with eating, and supervision with all other ADLs (Activities of Daily Living). R1 is always continent of urine, and occasionally incontinent of stool.</p> <p>R1's EMAR (Electronic Medication Administration Record) dated April 2024 shows the following physician's orders:</p> <ul style="list-style-type: none"> <li>- Humalog (Insulin Lispro) 100 units/ml (units per milliliter) inject 24 units SQ (subcutaneously) at 8:00 AM, 28 units at 12 noon, and 32 units at 5:00 PM. This was ordered on dated 10/11/2023.</li> <li>- Humulin R U-500 (500 units/ml) inject 220 units at 8:00 AM, 2:00 PM, and 8:00 PM. This was ordered on 11/21/2023.</li> <li>- Humalog (Insulin Lispro) 100 units/ml inject as per the sliding scale for blood glucose level 150 to 450 mg/dL (milligram per deciliter). This was ordered on 3/4/2024.</li> </ul> <p>R1's EMAR dated April 2024 also shows R1 has physician's order to administer Jardiance 25 mg one tablet daily at 9:00 AM and Ozempic 2 mg SQ every Friday for Type 2 Diabetes Mellitus.</p> <p>The EMR shows the following documentation for R1 regarding missing medications:</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>On January 1, 2024 at 10:11 PM, V7 (RN-Registered Nurse) documented, "Humulin R U-500 (Insulin) Inject 220 units subcutaneously three times a day. On order." (On Order means the medication was not available). The facility does not have documentation to show what R1's blood sugar level was on January 1, 2024 at 10:00 PM. The facility does not have documentation to show R1's physician was notified the medication was not administered as ordered.</p> <p>The EMR shows R1's next blood sugar reading was obtained on January 2, 2024 at 8:00 AM. R1's blood sugar level was 363 (mg/dL milligrams/deciliter).</p> <p>On February 13, 2024 at 3:15 PM, V8 (RN) documented, "Humulin R U-500 Inject 220 units subcutaneously three times a day. On order." The EMR shows R1's blood sugar level was 248. Nursing documentation shows R1 was given 165 of the 220 units ordered. The facility does not have documentation to show R1's physician was notified the medication was not administered as ordered.</p> <p>On February 13, 2024 at 9:40 PM, V9 (Agency Nurse) documented, "Humulin R U-500 Inject 220 units subcutaneously three times a day. On order." The facility does not have documentation to show R1's physician was notified the medication was not administered as ordered.</p> <p>On February 14, 2024 at 8:43 AM, V8 (RN) documented, "Humulin R U-500 Inject 220 units subcutaneously three times a day. On order." The EMR shows R1's blood sugar level was 282. The EMR continues to show R1's blood sugar</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>level was 384 at 2:00 PM.</p> <p>On April 19, 2024 at 8:36 AM, V11 (RN) documented, "Humulin R U-500 (Insulin) Inject 220 units subcutaneously three times a day. On order." The facility does not have documentation to show R1's physician was notified the medication was not administered as ordered.</p> <p>The EMR shows the following blood sugar readings for R1 on April 19, 2024: 301 at 8:00 AM, 296 at 12:00 PM, 296 at 2:00 PM, and 315 at 8:00 PM.</p> <p>HBA1C (GlycoHemoglobin) laboratory results show a patient with diabetes has glycemic control of their diabetes if they have a reading of less than 7 percent. R1's HBA1C results for the period January 10, 2024 to April 10, 2024 show:</p> <p>January 10, 2024 - 8.3 percent February 12, 2024 - 7.7 percent February 19, 2024 - 7.7 percent March 11, 2024 - 9.3 percent April 10, 2024 - 9.6 percent</p> <p>On April 23, 2024 at 2:19 PM, V5 (NP-Nurse Practitioner) said, "[R1] is a brittle diabetic. She has high blood sugars and receives almost 700 units of insulin a day. When she misses insulin doses, her blood sugars are higher. It is a lot for her to miss even one dose of insulin. We do HBA1C labs to check the control of her diabetes. This gives us a picture of her blood sugar control over the past three months. If that number is high or is going up, then her diabetes is not under control. The nurses are supposed to be calling the pharmacy to get the medications. She should be getting her medications. The assumption by myself and the physician is the patients are</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>getting their medications."</p> <p>2). The EMR shows R2 was admitted on May 25, 2023 with multiple diagnoses including, hemiplegia and hemiparesis following cerebral infarction, COPD (Chronic Obstructive Pulmonary Disease), diabetes with foot ulcer, morbid obesity, chronic kidney disease, left shoulder rotator cuff tear, adjustment disorder with depressed mood, sleep apnea, PVD (Peripheral Vascular Disease), aphasia, long-term use of insulin, and heart disease.</p> <p>R2's MDS dated February 20, 2024 shows R2 is cognitively intact and requires supervision with all ADLs. R2 is occasionally incontinent of urine, and always continent of stool.</p> <p>The EMR shows the following documentation for R2:</p> <p>On January 25, 2024 at 6:54 PM, V8 (RN) documented, "Insulin NPH (Human) (Isophane) Subcutaneous Suspension, inject 76 units subcutaneously two times a day related to Type 2 diabetes. On order."</p> <p>The facility's policy entitled "Medication Administration: General Guidelines" dated "03/2021" shows: "C. Policy: All medications shall be administered as prescribed by personnel authorized to do so in accordance with standard practice and current regulations... D. Procedure: ...6. If the physician's medication order cannot be followed, the physician should be notified, depending upon the situation ..."</p> <p>(B)</p>	S9999		