

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6006720	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 04/11/2024
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NAME OF PROVIDER OR SUPPLIER ALTA REHAB AT OAK BROOK	STREET ADDRESS, CITY, STATE, ZIP CODE 2013 MIDWEST ROAD OAK BROOK, IL 60521
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S 000	Initial Comments Complaint Survey: 2472752/IL171683	S 000		
S9999	Final Observations Statement of Licensure Violations 300.610a) 300.1210b) 300.1210b)4 Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal	S9999		

Illinois Department of Public Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE
Electronically Signed

TITLE

(X6) DATE
04/20/24

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S9999	<p>Continued From page 1</p> <p>care needs of the resident.</p> <p>4) All nursing personnel shall assist and encourage residents so that a resident's abilities in activities of daily living do not diminish unless circumstances of the individual's clinical condition demonstrate that diminution was unavoidable. This includes the resident's abilities to bathe, dress, and groom; transfer and ambulate; toilet; eat; and use speech, language, or other functional communication systems. A resident who is unable to carry out activities of daily living shall receive the services necessary to maintain good nutrition, grooming, and personal hygiene.</p> <p>These Requirements were NOT MET as evidenced by:</p> <p>Based on interview and record review the facility failed to ensure residents received adequate nutrition, thorough assessment and assistance with eating to prevent significant weight loss.</p> <p>This failure resulted in R1 experiencing a weight loss of 20.7 % in three months.</p> <p>This applies to 1 of 3 residents (R1) reviewed for weight loss in the sample of 4.</p> <p>The findings include:</p> <p>R1's EMR (Electronic Medical Record) showed R1 was admitted to the facility on January 2, 2024, with multiple diagnoses including dementia, presence of left artificial hip, malignant neoplasm of the prostate, and pressure ulcer of the sacrum.</p> <p>R1's MDS (Minimum Data Set) dated March 15,</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>2024, showed R1 was severely cognitively impaired and required assistance with ADLs including partial assistance with eating and dependent on staff for bed mobility, dressing, bathing, toileting and transfer.</p> <p>R1's care plan for ADLs revised on March 27, 2024. showed per report, resident noted able to lift utensils and appear to place food in his mouth during meals but spills them to his clothes. Resident may benefit with staff feeding assistance with meals.</p> <p>R1's weight record documentation showed: January 3, 2024- 163.0 lbs. (Pounds) January 16, 2024- 152.2 lbs. February 6, 2024-152.6 lbs. March 5, 2024-142.2 lbs. March 14, 2024-134.0 lbs. March 16, 2024-129.3 lbs. March 31, 2024-128.2 lbs. April 4, 2024-126.5 lbs. April 10, 2024-127.1 lbs.</p> <p>On April 9, 2024, at 2:30 PM, V3 (CNA) stated R1 used to go to the dining room and feed himself at meals but had a hard time holding the utensils and would spill the food a lot. V3 also stated now that the staff feed him on a 1:1 basis he eats 100%. of his meals. V3 was unsure how long R1 was receiving 1:1 feeding assistance but stated maybe a week.</p> <p>On April 10, 2024, at 11:15 AM, V7 (CNA) stated she has been R1's caretaker since his admission to the facility. V7 stated prior to R1 being in contact isolation, R1 would eat his meals in the dining room and after the staff set up his meal tray R1 would feed himself. V7 stated when R1 fed himself, there would be a lot of food spillage</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>and it seemed R1 would only see half of his plate of food. V7 described R1 would also lean to the side while sitting in his wheelchair and wasn't sure if that caused R1 to reach only for half of his plate of food or not.</p> <p>R1's physician orders showed R1's diet order revised on March 27, 2024, General diet, regular texture, thin consistency, feeding assist. An order for contact precautions for MRSA (Methicillin Resistant Staphylococcus Aureus) of the sacral wound was initiated on April 8, 2024.</p> <p>R1's Documentation Survey Report for the task of Eating, the ability to use suitable utensils to bring food and or liquid to the mouth and swallow food, for February 2024, showed documentation on 22/29 days coded as follows: Code 6-Independent, - 7 days, Code 5-set up assistance provided -9 days. Code 4- Supervision, verbal cues provided - 4 days. Code 3- partial assistance provided-2 days.</p> <p>R1's OT (Occupational Therapy) discharge note for dates of service March 10, 2024, through April 8, 2024, showed R1 required partial/moderate assistance with the task of eating, which did not change from baseline level of function. The OT discharge recommendation dated April 8, 2024, showed R1 required MAX A (Maximum Assistance) globally with ADL's. The OT discharge summary was amended on April 10, 2024, to include continue with restorative 1:1 feeding program.</p> <p>R1's EMR showed R1 had continued weight loss of 15.7 lbs. while receiving OT services. R1's weight was documented as 142.2 lbs. on March 5, 2024, and 126.5 lbs. on April 4, 2024.</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>On April 10, 2024, at 11:38 AM, V8 (Restorative Nurse) and V9 (Restorative Aide) both stated that R1 was never on a restorative 1:1 feeding program.</p> <p>On April 10, 2024, at 2:45 PM, V5 (RD, Registered Dietician) stated she has been the facility's RD since February 1, 2024, and was made aware of R1's weight loss in early February, however V5's initial assessment was completed on March 7, 2024. V5's progress note identified significant weight loss of 6.8% in one month and 12.8% weight loss in 2 months and made no recommendation. V5 stated she has access to the EMR and can look at intake records remotely but was unaware of R1's spillage of food during self-feeding. V5 stated the food spillage would affect R1's food intake and could contribute to weight loss.</p> <p>On April 10, 2024, at 3:20 PM, V4 (Physician) stated when the dietician becomes aware of weight loss, he would expect a nutritional assessment be completed. V4 stated in the event of significant weight loss he would expect the facility staff to monitor the resident's meal intake and that food spillage during a meal would affect the resident's meal intake, which would contribute to weight loss. V4 stated for residents with significant weight loss, he would expect that a weight be taken every 1 or 2 weeks, nutritional supplements be given, and assessments completed to determine the reason for the weight loss as well as put interventions in place to prevent further weight loss.</p> <p>The Facility's policy titled "Unintentional Weight Loss", dated 2022, showed "Causes /Risk Factors of Unintentional Weight Loss ...frequent</p>	S9999		

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S9999	Continued From page 5 causes of unintentional weight loss include inadequate oral food and beverage intake ... and Screening to Identify Individuals with Unintentional Weight Loss ...Observation of individuals at mealtimes is often the best way to identify people that have a change in normal eating patterns, or are eating poorly and at risk for weight loss". (B)	S9999		