

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6009310	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 08/28/2024
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NAME OF PROVIDER OR SUPPLIER HEARTHSTONE MANOR	STREET ADDRESS, CITY, STATE, ZIP CODE 920 N SEMINARY AVE WOODSTOCK, IL 60098
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S 000	Initial Comments Annual Health Survey	S 000		
S9999	Final Observations Statement of Licensure Violations: 1 of 2 300.610 a) 300.1210 b) 300.1210d)3)5) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal	S9999		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE
Electronically Signed

TITLE

(X6) DATE
09/13/24

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S9999	<p>Continued From page 1</p> <p>care needs of the resident.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour, seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and services to promote healing, prevent infection, and prevent new pressure sores from developing.</p> <p>Based on observation, interview, and record review, the facility failed to assess and provide pressure relieving interventions for a pressure injury on a resident's left heel. This failure resulted in R31's left heel pressure injury progressing to a necrotic (devitalized tissue) area. The facility also failed to assess and provide treatment for a resident with a pressure injury on his buttocks (R21).</p> <p>This applies to 2 of 3 residents (R31, R21) reviewed for pressure injuries in the sample of 12.</p> <p>The findings include:</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>1. R31's Progress notes, dated 7/29/24, state, "Intact Fluid Filled blister measuring approximately 5.5 cm x 3 cm to the left heel. NP (Nurse Practitioner) notified and aware. Awaiting orders. " V7, Wound Nurse, confirmed there were no other wound assessments for this wound.</p> <p>R31's current Physician's Order Sheet shows an order, dated 7/29/24, that reads, "Cover left heel blister with island dressing. Change only if soiled one time a day."</p> <p>On 8/26/24 at 10:00 AM, R31 was propelling his wheelchair down the hallway using his arms and his feet. R31 was wearing thigh high compression socks and non-skid slipper socks. R31's feet appeared somewhat tight and swollen.</p> <p>On 8/28/24 at 8:41 AM, V7 (RN- Wound Nurse) stated, "He has a large blister on his heel- I haven't really seen it in a while. We are just putting a protective foam dressing on it."</p> <p>On 8/28/24 at 9:50 AM, V7 observed R31's left heel. V7 removed the dressing that was put on earlier that morning (per R31). R31 had a golf ball sized necrotic area to inner left heal and pea sized open area to left inner bunion. There was no dressing to the bunion area and old drainage was visible on compression socks in the area of the opening. V7 stated, "I would call that necrotic. " V7 then pressed on the area with her gloved hand. "Oh yes, it is hard. " V7 stated, "I haven't seen it since it was a blister on 7/29. I will notify the wound doctor who is coming today, usually in the afternoon. For now I will just put a foam dressing on it."</p> <p>R31's care plan, dated 8/28/24, states, "(R31)</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>has a blister to his left heel and he is at risk for skin breakdown due to fragile skin, Diabetes Mellitus, limited mobility, incontinence." The interventions include: Identify/document potential causative factors and eliminate/resolve where possible and Monitor/document location, size and treatment of skin injury, Report abnormalities, failure to heal, signs and symptoms of infection, maceration etc. to MD."</p> <p>The facility policy entitled Skin Integrity Monitoring System- Pressure/Non-Pressure dated 4/24 states, "When a pressure injury is identified: Assessment of the pressure injury is documented using the Weekly Skin Assessment Weekly Pressure Injury Evaluation in the clinical software. " This same policy also states, "If pressure causes changes in the resident's skin, it is the responsibility of the nursing staff to initiate guideline for pressure injury per physician's orders."</p> <p>2. R21's Braden scale, dated 6/26/24, shows R21 is high risk to develop pressure injuries.</p> <p>On 8/26/24 at 1:50 PM, R21 was in bed being provided incontinence care by V10 (Certified Nursing Assistant). An open area was noted to R21's left buttocks with no dressing in place. V10 (CNA) said she noticed R21's open areas this morning when he got R21 up for breakfast. V10 said she informed V11 (Nurse) regarding R21 having an open area to his buttocks and there was no dressing to it. V11 (License Practical Nurse-LPN) told her to just go ahead and get R21 up.</p> <p>At 2:05 PM, V11 (LPN) said she got in report last week that R21 has open area to his buttocks. V11 said she did not do anything (did not notify</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>physician and did not get any treatments) "because that's V7's (Wound Nurse) job." V11 said she also did not notify V7 because she assumed V7 already knew of R21's open areas.</p> <p>At 2:15 PM, V7 (Wound Nurse) stated V7 was not aware of R21's facility acquired pressure injury until today. "Nurses are suppose to assess, notify Physician and get treatment orders for any new and acquired pressure injury as soon as it was discovered and not a week later to prevent the pressure injury from getting worse." V7 said R21's skin will be assessed today and wound treatment will also be initiated today.</p> <p>R21's skin assessment, dated 8/26/24, shows, "Stage 2 open area to left buttocks measuring Approximately 0.8 cm X 0.6 cm well-circumscribed partial-thickness loss of skin with exposed dermis to left buttocks and pink wound bed consistent w/ (with) stage II pressure ulcer. Will order to cleanse w/ NSS, (normal saline) apply bordered foam dressing 3x/week and PRN if soiled."</p> <p>The Facility Policy entitled Skin Monitoring System dated 4/2024 shows, "... 4. When a pressure injury...skin deficit is identified, treatment orders are obtained from physician."</p> <p>(B)</p> <p>2 of 2</p> <p>300.1210 b) 300.1210 c) 300.1210 d)2) 300.1220 b)3)</p> <p>Section 300.1210 General Requirements for</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>2) All treatments and procedures shall be administered as ordered by the physician.</p> <p>Section 300.1220 Supervision of Nursing Services</p> <p>b) The DON shall supervise and oversee the nursing services of the facility, including:</p> <p>3) Developing an up-to-date resident care plan for each resident based on the resident's comprehensive assessment, individual needs and goals to be accomplished, physician's orders, and personal care and nursing needs. Personnel, representing other services such as nursing, activities, dietary, and such other modalities as are ordered by the physician, shall be involved in the preparation of the resident care plan. The plan shall be in writing and shall be reviewed and modified in keeping with the care needed as indicated by the resident's condition. The plan shall be reviewed at least every three months.</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>Based on observation, interview and record review the facility failed to implement dietary recommendations and provide nutritional supplements to residents with significant weight loss. These failures resulted in R19 sustaining a 5.9% weight loss in 1 month and a 11.28% weight loss in 3 months, and R23 sustaining a 9.37% weight loss in 3 months.</p> <p>This applies to 2 of 4 residents (R19, R23) reviewed for weight loss in the sample of 12.</p> <p>The findings include:</p> <ol style="list-style-type: none"> 1. R19's Physician Order Sheet (POS) show R19 has diagnoses of Alzheimer's dementia, Parkinson's and dysphagia (difficulty swallowing) <p>R19's careplan, initiated 2023, shows, "(R19) has potential risk for altered nutritional status and or weight loss due to Alzheimer disease. With intervention to include: will eat 50-75% of meals, weight to be around 160 lbs... for the next 90 days. (A) Provide (supplements) TID. monitor acceptance."</p> <p>R19's Dietary notes, dated 7/11/24, states, "- significant weight loss 5.9% past 1 month. Weight 7/24- 144 pounds (lbs), 6/24-151 lbs. Estimated nutritional needs 1950 calories (cal) daily. Regular diet, Minced and Moist , (Nectar Thick) consistency. Significant weight loss, (interventions) Supplements: Supercereal q (with) breakfast, Health shake added BID (twice a day) with meals and (nutritional supplement) 2.0 120ml (milliliters) TID (three times a day) to provide additional 1370cal and 52gm (grams) protein.</p> <p>R19's Dietary notes, dated 8/18/2024, states, "Significant weight loss 3 and 6 months.</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>Weight 8/1/24- 146.2 lbs, 8/16 144 lbs, 7/24- 144 lbs. .</p> <p>Diet Rx: Regular Minced and Moist Nectar thick liquids.</p> <p>Supplements: Supercereal q breakfast, Health shake added TID (from BID) with meals and (Nutritional supplement) 2.0 120ml after meals when (R19) doesn't eat."</p> <p>On 8/26/24 at 12:56 PM, R19 was in the dining room for lunch being fed by V10 (Certified Nursing Assistant-CNA). R19 was only taking bites of her meal of pureed chicken, pureed mixed vegetables, and pureed orzo pasta. There were no supplements noted on R19's tray as confirmed by V10. R19 only had thickened punch and thickened water included on her tray. After lunch, V10 said R19 only ate 25% of her meal.</p> <p>On 8/27/24 at 8:30 AM, R19 was in the dining room for breakfast. V13 (CNA) was feeding R19. R19 had a bowl of supercereal, pureed eggs, and pureed bread. There was no health shake noted in R19's breakfast tray. V13 said R19 ate poorly at breakfast. R19 took a few bites of her Supercereal.</p> <p>On 8/27/24 at 9:30 AM, V15 (Registered Nurse-RN) said R19's electronic medication record (EMR) does not show R19 has to be given healthshakes. V15 said the kitchen should be giving R19's healthshakes.</p> <p>On 8/27/24 at 10:45 AM, V4 (Registered Dietitian-RD) said, "(R19) had significant weight loss for the past few months. (R19) was placed on supplements to meet her nutritional needs- supercereal at breakfast, health shakes with meals placed on her tray by Dietary (kitchen), and if (R19) does not eat, she was given (nutritoinal</p>	S9999		

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S9999	<p>Continued From page 8</p> <p>supplement) plus the healthshakes." V4 (RD) said R19 needed around 1876 calories per day. V4 was informed there was no healthshake noted on R19's meal tray during lunch yesterday (8/26/24) and there was no healthshake noted on R19's meal tray during breakfast this morning. V4 said the kitchen should be providing the healthshakes. V2 (Director of Nursing- DON), who was with V4 (RD), said the healthshakes should come from the kitchen.</p> <p>At 11:00 AM, V3 (Dietary Manager) said the kitchen has never provided health shakes/supplements to R19. V3 said the kitchen only serves R19's supercereal at breakfast, but not R19's healthshakes. V3 said she thought the nurses were giving R19's healthshakes.</p> <p>A new Nutrition Note, dated 8/27/24, for R19 states, "Weight review- 8/27/24- 148 lbs, 8/22/24-147.2 lbs, 7/12/24 144-lbs, 6/4/24- 152.5 lbs and 5/24-167 lbs... Diet Minced and Moist, Intervention-Supplemental nutrition orders: Supercereal q breakfast, (nutritional supplement) 2.0 120ml TID, Healthshake TID to provide additional nutrition (to R19) -Recommend add Healthshake to meals TID and provide (nutritional supplement) 2.0 120ml TID with no limit to intake. Gradual weight gain is desirable and should continue with current intake and supplemental nutrition."</p> <p>At 1:00 PM, both V2 (DON) and V4 (RD) said it has been clarified. The kitchen will provide R19's shakes and supercereal and the nurses will now be providing R19's (nutritional supplement).</p> <p>On 8/28/24 at 8:15 AM, R19 was in the dining room being fed breakfast by V14 (CNA). R19's</p>	S9999		

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S9999	<p>Continued From page 9</p> <p>breakfast tray still did not have her healthshake as confirmed by V14. V2 (DON) also saw R19 still did not have her healthshakes with her breakfast tray. V2 said she will take care of this today.</p> <p>At 12:00 PM, V1 (Administrator) said as of today (8/28/24), all of R19's nutritional supplements (healthshakes and nutritional supplement) will now be provided by Nursing and signed off in R19's EMAR. R19's supercereal will still be provided by kitchen.</p> <p>2. R23's Face Sheet, dated 8/28/24, shows R23 has diagnoses including Parkinson's Disease, Chronic Kidney Disease, and Major Depression.</p> <p>R23's weight list shows she weighed 130.2 lbs on 5/6/24, and has had a slow decrease in weight to 118 lbs on 8/23/24. (9.37% in 3 months).</p> <p>R23's Dietary Note, dated 8/17/24, states, "(Nutritional supplement) 2.0 120 ml three times a day. Meal intake is fair with meal refusals noted. Refuses breakfast routinely... Add health shake BID at lunch and dinner..."</p> <p>R23's Physician's Order Sheet shows only an order, dated 8/20/24,- (Nutritional supplement) two times a day for weight loss, 120ml.</p> <p>On 8/27/24 at 12:33 PM, V4 (Dietician) stated, "Health shakes are a mystery to me. (Nutritional supplement) was decreased to twice a day. I found out the nurses are using the (nutritonal supplement) instead of the health shakes- they were using them interchangeably. They are 2 different things. I email my recommendations to (V2 - Director of Nursing) and then (V2) is supposed to put the orders in after she runs them</p>	S9999		

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S9999	Continued From page 10 past the Nurse Practitioner. V2 and V3 (Food Service Director) are both supposed to review them." R23's Care Plan, dated 8/27/24, does not address R23's weight loss or need for supplements. (B)	S9999		