

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6013098	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 01/20/2023
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NAME OF PROVIDER OR SUPPLIER BELLA TERRA ELMHURST	STREET ADDRESS, CITY, STATE, ZIP CODE 420 WEST BUTTERFIELD ROAD ELMHURST, IL 60126
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S 000	Initial Comments Complaint Investigation: 2370386/IL155357	S 000		
S9999	Final Observations Statement of Licensure Violations: 300.610a) 300.1010h) 300.1210a) 300.1210b) 300.1210c) 300.1210d)3)5)6) 300.1220b)3) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1010 Medical Care Policies h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not limited to, the presence of incipient or manifest decubitus ulcers or a weight loss or gain	S9999	Attachment A Statement of Licensure Violations	

Illinois Department of Public Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X8) DATE

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S9999	<p>Continued From page 1</p> <p>of five percent or more within a period of 30 days. The facility shall obtain and record the physician's plan of care for the care or treatment of such accident, injury or change in condition at the time of notification.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a comprehensive care plan for each resident that includes measurable objectives and timetables to meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which allow the resident to attain or maintain the highest practicable level of independent functioning, and provide for discharge planning to the least restrictive setting based on the resident's care needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable. (Section 3-202.2a of the Act)</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p>	S9999		
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S9999	<p>Continued From page 2</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour, seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and services to promote healing, prevent infection, and prevent new pressure sores from developing.</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p> <p>Section 300.1220 Supervision of Nursing Services</p> <p>b) The DON shall supervise and oversee the nursing services of the facility, including:</p> <p>3) Developing an up-to-date resident care</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>plan for each resident based on the resident's comprehensive assessment, individual needs and goals to be accomplished, physician's orders, and personal care and nursing needs. Personnel, representing other services such as nursing, activities, dietary, and such other modalities as are ordered by the physician, shall be involved in the preparation of the resident care plan. The plan shall be in writing and shall be reviewed and modified in keeping with the care needed as indicated by the resident's condition. The plan shall be reviewed at least every three months.</p> <p>These Regulations are not met as evidenced by:</p> <p>Based on observation, interview and record review, the facility failed to identify, assess, monitor and treat a pressure ulcer. The facility also failed to implement interventions to provide pressure relief modalities and prevent developing facility acquired pressure ulcer.</p> <p>This failure resulted in R1 developing a facility-acquired stage 3 pressure ulcer to the right buttock and was left untreated for unknown prolonged time.</p> <p>This applies to 1 of 3 residents (R1) reviewed for pressure ulcers in the sample of 4.</p> <p>The findings include:</p> <p>The EMR (Electronic Medical Record) shows R1 was admitted to the facility on September 6, 2018. R1's most recent hospitalization was on January 12, 2023, for evaluation of low blood pressure. R1 was back to the facility on 1/13/2023. R1, a 77-year-old, with multiple diagnoses including diabetes mellitus type 2,</p>	S9999		
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S9999	<p>Continued From page 4</p> <p>hemiparesis and hemiplegia due to cerebral infarction, major depressive disorder, dementia, peripheral vascular disease and amputee or absence of tight great toe and partial of the right foot.</p> <p>The MDS (Minimum Data Set) dated 1/13/2023 shows R1 has moderately impaired cognition (BIMS-Brief Interview Mental Status- a score of 11/15). R1 requires extensive assistance with two plus person physical assist for transfer, supervision with one-person physical assist for bed mobility, dressing, hygiene. R1 required physical help with bathing. R1 is usually incontinent of bladder function and has colostomy bag for bowel elimination. R1 shows a score of 0 /none for pressure ulcer. The MDS under behavior shows a score of 0 for no behavior and 0 for rejection of care. The MDS dated 12/16/2022 shows that R1 required limited assistance with 1-person physical assist for transfer, toileting, hygiene, and bathing. There were 0 scores for behaviors and rejection of care. R1 has limited range of motion bilateral lower extremities. There was 0 score for no pressure ulcer.</p> <p>The skin evaluation dated 1/10/2023 shows R1 as high risk (Braden Score of 20) for developing pressure ulcer. Further review of skin evaluation shows that R1 has current skin alteration to the left lower leg, and right dorsal foot due to history of arterial insufficiency. This evaluation shows that R1 had no pressure ulcer.</p> <p>The quarterly dietician evaluation dated 12/12/2022 shows that R1's skin was intact. The evaluation also shows that the goal for R1 was to prevent skin breakdown.</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>The care plan dated 1/13/2023 shows skin alteration that addressed R1's foot open wound due to the arterial circulation. There was no specific preventative measure in place to prevent R1 from acquiring a facility acquired pressure ulcer.</p> <p>The facility's shower schedule shows that R1 was scheduled to shower twice a week (Wednesdays and Saturdays-7:00 A.M.-7:00 P.M.). The Shower Sheet/Skin Audit Form of R1 dated December 15, 2022, through January 18, 2023, were reviewed. The shower sheets shows that R1 was given a 2 shower/skin audited for a period of a month.</p> <p>On 1/18/2023 at 4:00 P.M., R1's shower sheets from December 15, 2022, through January 18, 2023, was reviewed with V6 (CNA- Certified Nursing Assistant/CNA Preceptor/scheduler). V6 said that she collects the shower sheets provided to residents and files them in the shower book. V6 said that R1 was only given 2 out of 10 showers for one month period (December 15, 2022 through January 18, 2023). V6 also added that during shower day, skin check was done by the CNA that provided the shower and the nurse that was assigned to the resident. V6 further added that R1 can be difficult as he preferred V13 (CNA) to provide shower to him. V6 further stated that based on the shower sheet/skin audit, and electronic documentation for showers, R1 was only provided shower and skin audit on 12/25/2022 and 1/9/2023. V6 added that there were no alternate measures provided to R1 in case he would prefer other CNA in addition to V13. These shower sheet dated 12/25/2022 shows that R1 was noted with skin alteration to the left leg. There was no other skin alteration such as pressure ulcer. The shower sheet of 1/9/2023 shows that shower/skin audit was done</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>and did not show any skin alteration.</p> <p>The progress notes dated 1/12/2023 at 4:45 P.M. shows that R1 was sent to the hospital for evaluation due to low blood pressure. The progress notes dated 1/13/2022 shows that R1 had returned to the facility at 12:30 A.M. The notes also show that R1's "skin intact." The notes did not reflect on the open wound to the dorsal portion of right foot documented on 1/10.2023.</p> <p>There was no Skin Evaluation/Assessment upon R1's returned to the facility on 1/13/2023.</p> <p>On 1/18/2023 at 4:30 P.M., V2 (Director of Nursing) stated that facility's standard of practice was to perform thorough Skin Evaluation/Assessment when a resident has returned back to the facility either a hospital visit or readmission.</p> <p>On 1/18/2023 at 10:00 A.M., V14 (RN-Registered Nurse/Emergency Department at acute hospital) stated that she remembers R1 because R1 was very unkempt, with very dry discolored almost to blackish discoloration of the left lower leg, and an open wound of the right dorsal foot. V14 stated that R1's skin especially to the lower extremities were very dry that when R1's pants was removed, skin was peeled off with the pants with skin flakes all over. V14 added that R1 was at the ED on 1/12-13/2023. V14 stated that R1 has a stage 2 or 3 pressure ulcer to the right lower buttock. V14 stated that there was blood oozing from R1's pressure ulcer and no dressing was noted.</p> <p>On 1/18/2023 at 3:00 P.M., V10 (Wound Care Nurse) stated that together with V8 (Wound Care</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>Nurse) they both manage skin alteration including wounds that are either pressure ulcers or arterial /venous wounds. V10 stated that R1 currently has no pressure ulcer and only has the right dorsal foot wound which was arterial in nature.</p> <p>On 1/18/2023 at 10:30 A.M., V11 (LPN/License Practical Nurse from agency staffing) who was assigned to R1 on 1/18/2023 stated that R1 has no pressure ulcer. V11 stated that R1 left the building on 1/18/2023 around 9:30 A.M. for dialysis treatment.</p> <p>On 1/18/2023 at 10:40 A.M., V5 (CNA/Certified Nurse Assistant from staffing agency) stated that R1 has no pressure ulcer and does his own ADL (Activities of Daily Living) by himself.</p> <p>On 1/19/2023 at 4:58 P.M., V15 (Registered Nurse from staffing agency) stated that he had taken care of R1 at least three times prior to sending him out to the hospital on 1/12/2023 at around 5:55 P.M. V15 described R1 being alert and oriented 2-4 spheres with bouts of forgetfulness, was able to propel own wheelchair but needs assistance from staff for dressing, and meal set up. V15 added that she did not check R1's skin integrity for presence of pressure ulcers.</p> <p>On 1/18/2023 at 3:45 P.M., R1 was observed when he returned to the facility from his dialysis treatment. R1 was sitting in his wheelchair. R1 was alert and oriented times 3. R1 has weakness to the left side of his body and was noted leaning to the left side. R1 stated because of his stroke it was hard for him to move around. With R1's permission, R1 allowed for skin check and was taken to his room.</p>	S9999		
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S9999	<p>Continued From page 8</p> <p>Multiple staff including V2, V4 and V5 (CNAs), V9 (Wound Care Technician), V8 (Wound Care Nurse) were observed trying to encourage R1 to transfer self from wheelchair to bed. R1 was observed barely able to move his feet (right foot partially amputated) for transfer. The staff present encouraged him to scoot to bed and pull himself out from the wheelchair. However, R1 was not able too. The staff attempted to assist him and transfer R1 manually, however R1 was to stand up for short period. During this time, R1 agreed to have his sacral area observed. R1 was not wearing an incontinence pad, and fresh blood was oozing from the pressure ulcer of the right lower buttock. The blood just oozed from the right buttock down to the floor.</p> <p>R1 could not tolerate standing so the staff placed his pants back on and returned R1 to his wheelchair. R1's lower body, including hip and buttocks area was so stiff so the staff was unable to maneuver R1. R1 was then transferred to bed with the use of the mechanical lift. V8 and V9 assessed the pressure ulcer that was oozing. V8 said "Oh my I am so surprised with this pressure ulcer, no one had informed us about this. This is a stage 3 pressure ulcer of the right lower buttock. This pressure ulcer did not just happen to stage 3, it would have started at stage 1 and progressed to stage 3 which was the stage now. Nobody told us, the direct staff should had let me and (V10) know, if they were checking his skin, this pressure ulcer would have not missed and had progressed this far. We could have monitored and provided treatment before it got this far. Not sure how long he has this pressure ulcer, but have we known, we would have provided wound treatment." V2 was present during this time and was also surprised with the stage 3 pressure ulcer acquired by R1. They</p>	S9999		
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S9999	<p>Continued From page 9</p> <p>concur that R1's current bed mattress was not a pressure relieving device and the wheelchair pad was also just a vinyl pad and has no pressure redistribution modality. V4 stated that R1 always sleep in his lounge reclining chair. The reclining chair was made of vinyl and has no pressure relieving device/cushion. It was also noted that R1's wheelchair pad and edge of the wheelchair seat was with dried blood.</p> <p>R1 stated "I have bedsores on my buttocks because I am sitting in my wheelchair, and it is not comfortable. I know I have bedsores on my buttocks because I was told when I went to the hospital last January 12, a week ago. I came back here, no one gave me treatment, cream and dressing on my bedsores. I always sleep in my reclining chair because my back hurts when I sleep in my bed. The mattress was just uncomfortable and did not help and I have also back injury from long time ago." Prior to R1 being placed to bed, it was noted that the bed mattress was slightly sunken at the middle part of the mattress. This was pointed to the staff present and one of them said "even the bed frame is not functioning, it does not go up or down."</p> <p>V8 (Wound Care Nurse) measured R1's right lower wound and classified it a stage 3 pressure ulcer, with measurement of length as 11.5 cm x 4.5 cm in width, 0.20 cm in depth. V8 described also the pressure ulcer with 5 % slough tissues. After V8 provide the treatment to R1's pressure ulcer to the right buttock, V4 and V5 removed R1's pants totally off of him. R1's left lower extremities was severely discolored with blackish/leathery appearance. There were multiple spots of heavy accumulations of dry scabs and skin flakes coming out from his legs and noted on his pants. V8 said "he could</p>	S9999		

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S9999	<p>Continued From page 10</p> <p>definitely use a treatment lotion and hygiene."</p> <p>The facility's policy for "Wound Care" with revision date of 8/12/2021 and a reviewed date of 8/2022 shows that the purpose of the wound policy was to prevent development of pressure ulcer and purpose of treatment to promote pressure ulcer healing. "1. PROCEDURE: 1. Timely identification of resident assessed to be at risk for skin breakdown. a) The Braden Scale must be completed by license nurse on admission /readmission. c) Each risk factor and potential causes should be identified and reviewed individually and addressed to resident care plan.</p> <p>d) Facility should decide a plan of care and implement intervention. 3. Prevention of skin breakdown a) Daily regular hygiene c) inspection of the skin every shift with care for signs of breakdown f) Moisturize skin with lotion to hydrate skin soft and pliable h) Administer scheduled shower /bath and completion of Shower & Skin Audit Form and document findings. 4. Activity, Mobility and Positioning b) Establish an individualized turning and repositioning of resident is with impaired functioning. c) While in bed or wheelchair, resident should be turned and repositioned at least every 2 hours d) While in sitting position, resident should repositioned every 2 hours e) While in sitting position, if resident is capable of repositioning self, resident should be encourage to shift weight regularly to help relieve pressure on the sacral/ischial and or pressure point areas."</p> <p>The facility policy for "Shower & Hygiene" with revised date of 7/28/2022 shows "ensure that residents shower/hygiene care is provided by the nursing staff to promote cleanliness, provide comfort to the resident and observe condition of</p>	S9999		

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