

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6012173	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 10/14/2021
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NAME OF PROVIDER OR SUPPLIER APERION CARE WESTCHESTER	STREET ADDRESS, CITY, STATE, ZIP CODE 2901 SOUTH WOLF ROAD WESTCHESTER, IL 60154
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S 000	Initial Comments	S 000		
	Complaint 2197164/IL138658			
S9999	Final Observations	S9999		
	<p>Statement of Licensure Violations:</p> <p>300.610a) 300.1010h) 300.1210a) 300.1210b) 300.1210c) 300.1220b)3) 300.3240a)</p> <p>Section 300.610 Resident Care Policies</p> <p>a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a comprehensive care plan for each resident that</p>			
			<p>Attachment A Statement of Licensure Violations</p>	

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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S9999	<p>Continued From page 1</p> <p>includes measurable objectives and timetables to meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which allow the resident to attain or maintain the highest practicable level of independent functioning, and provide for discharge planning to the least restrictive setting based on the resident's care needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable. (Section 3-202.2a of the Act)</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p> <p>Section 300.1220 Supervision of Nursing Services</p> <p>b) The DON shall supervise and oversee the nursing services of the facility, including:</p> <p>3) Developing an up-to-date resident care plan for each resident based on the resident's comprehensive assessment, individual needs and goals to be accomplished, physician's orders, and personal care and nursing needs. Personnel, representing other services such as nursing, activities, dietary, and such other modalities as</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>are ordered by the physician, shall be involved in the preparation of the resident care plan. The plan shall be in writing and shall be reviewed and modified in keeping with the care needed as indicated by the resident's condition. The plan shall be reviewed at least every three months.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident. (Section 2-107 of the Act)</p> <p>These requirements were not met as evidenced by:</p> <p>Based on interview and records review. the facility failed to follow care plan interventions to elevate head of the bed 30-45 degrees to prevent complications in one resident (R1) of 3 reviewed with a feeding tube. This failure resulted in R1 being transferred to the Emergency Room for treatment of acute respiratory failure with hypoxia and aspiration pneumonitis.</p> <p>Findings include:</p> <p>R1 is 91 years old with diagnoses including Cerebral Infarction, Dysphagia, Dementia, Osteoarthritis, Alzheimer's Disease, Right heel pressure ulcer stage 4, Contractures on multiple extremities, Adult Failure to Thrive, and Attention to Gastrostomy. According to the 9/1/20 Order Summary report R1 receives tube feeding formula for 22 hours.</p> <p>On 10/5/21 at 10:44AM V3, Certified Nursing Assistant (CNA), said R1 is on a feeding tube and must have the head of bed elevated to prevent choking.</p>	S9999		
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S9999	<p>Continued From page 3</p> <p>On 10/5/21 V6, Registered Nurse (RN), stated she saw R1 around 5:00PM on 9/28/2021. V6 stated the feeding tube was flushed with water, and R1 was left in the upright position, in bed. V6 said R1 was not coughing or congested during this time. V6 said "At 6:00 or 6:30PM, was called into R1's room by V15, CNA. V15 was not assigned to R1, but she was walking by and saw R1 needed help." V6 said V15 told V6, she noted R1 was laying flat and was aspirating. V6 stated when she entered R1's room, she saw yellow/white, foamy/frothy secretions coming from R1's mouth. V6 stated the doctor told her to send R1 to the hospital. V6 said the purpose of keeping R1's head of bed elevated is to prevent aspiration. V6 said she did not find out how or who lowered R1's bed.</p> <p>On 10/5/21 at 12:25PM, via phone interview, V8, CNA, said V16, CNA, was assigned to R1 on 9/28/21. V8 stated any person on a feeding tube should be sitting up or have the head of bed elevated because they can choke or aspirate.</p> <p>On 10/5/21 at 1:15PM V2, Director of Nursing, stated V6 called and notified V2 that R1 was aspirating and V6 reported she had raised the head of the bed up. V2 stated after a feeding has been completed, it would be necessary to leave the head of bed elevated because the resident may still have residual feeding and need time to digest.</p> <p>On 10/5/21 at 1:28PM V13, Care Plan Nurse, said the care plan for residents with feeding tubes should include: elevate the head of bed for 30 to 60 minutes after a feeding to prevent aspiration for patients. V13 said anyone with a feeding tube is at risk for aspiration. V13 stated it should be a</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>nurse who lowers the head of the bed following a feeding.</p> <p>On 10/6/21 at 9:19AM, V17, Nurse, said during a phone interview, when she entered R1's room she observed a liquid, like the feeding formula, coming out of R1's mouth. V17 said "R1's bed was at about a 15 degree angle and we sat her up higher by raising the head of bed more." V17 said when a feeding is infusion, the residents' bed should be elevated 30 degrees.</p> <p>On 10/6/21 at 10:19 AM, V16, CNA, said; " On 9/28/21, I noticed V6, RN, came out of R1's room frantic." V16 said "When I walked into R1's room, the head of the bed was down and R1 was choking on fluids." V16 said V6 was screaming "how did the head of the bed get down? " V16 said he had been assigned to R1 and had checked R1 earlier, and the head of the bed was elevated.</p> <p>On 10/6/21 at 10:58AM V18, R1's doctor, said R1 was at risk for pneumonia. When V18 was notified of the incident, V18 was told R1 had low oxygen saturation. V18 insructed "them" [facility nurse], to send R1 to the hospital. V18 said R1's head of bed not being elevated puts R1 at risk for aspiration. V18 said when the feeding is infusing, the patient's bed should be elevated at minimum 30 degrees. V18 said if no feeding is running, the head should remain elevated up to an hour. V18 said R1 is at high risk for aspiration because she is deconditioned and her gag reflux is poor. V18 said aspiration pneumonitis is caused by something irritating the lungs and is not an infection. V18 said Pneumonitis causes increased secretions to be produced.</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>Review of R1's Progress Notes written by V6, RN, on 9/28/21 effective 6:15PM states CNA found resident aspirating. Raised the bed to 90 degree angle, suctioned the secretions, checked for peg tube residual, checked vital signs: Blood Pressure: 170/96, Heart Rate: 126, Respiration Rate: 25, Oxygen Saturation at 78%, provided her oxygen support, advised physician and was told to send the resident out to the hospital DON and family member advised of transfer.</p> <p>Review of R1's care plan initiated on 10/23/19 states R1 will be free of aspiration through the review date. Interventions dated 10/23/19 noted elevate head of bed 30-45 degrees (semi-flower's position) during feedings and at least 1 hour after feeding to prevent aspiration/pneumonia.</p> <p>The facility policy for Gastrostomy Tube Feeding and Care revision date 8/3/20 notes5. Position resident wth head elevated to mimimal 30 degrees and preferable 45 degrees.</p> <p>Review of the ambulance run sheet from 9/28/21 for R1 notes crew was informed from staff that the patient was being fed using [gastric tube] G-tube while lying flat. Upon entering patient had foreign matter coming from mouth and patient was in visual. severe respiratory distress.</p> <p>Review of R1's Hospital Records from 9/28/21: Discharge Summaries states R1 presented for respiratory failure. Noted hypoxia into the 60s per EMS on arrival and patient was found laying flat, receiving tube feeding. Noted tachypneic and coughing. Suctioned with thick liquid consistent with tube feed removed and her breathing became labored. Hospital Course: Aspiration pneumonitis.</p>	S9999		
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