

Infant Sleep Habits

Percentage (%) of recent mothers in Illinois who reported the following related to their baby's sleep environment

Survey Question 60: Listed below are some more things about how babies sleep. How did your new baby usually sleep in the past 2 weeks? For each item, check No if your baby did not usually sleep like this or Yes if he or she did. Response: Yes

	Percentage ¹	95% CI ²		Respondents ³	Estimated Population Affected ⁴
In a crib, bassinet, or pack and play	90.8	88.9	92.4	1,265	121,380
With a blanket	46.1	43.1	49.1	1,238	60,294
In an infant car seat or swing	43.1	40.1	46.2	1,238	56,413
In a sleeping sack or wearable blanket	41.2	38.2	44.2	1,237	53,729
On a twin or larger mattress or bed	30.9	28.2	33.9	1,235	40,337
With crib bumper pads (mesh or non-mesh)	13.5	11.5	15.7	1,232	17,554
On a couch, sofa, or armchair	9.1	7.4	11.0	1,231	11,786
With toys, cushions, or pillows, including nursing pillows	6.3	5.0	8.0	1,233	8,232

¹Percentage = Weighted percentage

²CI = Confidence interval lower/upper bounds -- Indicates denominator <30 respondents or numerator <6 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition