

Smoking

Percentage (%) of recent mothers in Illinois who reported a health care worker advised them to quit smoking

Among women who reported cigarette smoking in the three months before pregnancy and who had a prenatal visit

Survey Question 34: During any of your prenatal care visits, did a doctor, nurse, or other health care worker advise you to quit smoking?

| | Percentage ¹ | 95% CI ² | | Respondents ³ | Estimated Population Affected ⁴ |
|-----|-------------------------|---------------------|------|--------------------------|--|
| No | 28.3 | 21.4 | 36.4 | 189 | 5,866 |
| Yes | 71.7 | 63.6 | 78.6 | 189 | 14,880 |

Percentage (%) of recent mothers in Illinois reporting that a health care worker did any of the following things to address quitting smoking

Among women who reported cigarette smoking in the three months before pregnancy and who had a prenatal visit

Survey Question 35: Listed below are some things about quitting smoking that a doctor, nurse, or other health care worker might have done during any of your prenatal care visits. Response: Yes

| | Percentage ¹ | 95% CI ² | | Respondents ³ | Estimated Population Affected ⁴ |
|--|-------------------------|---------------------|------|--------------------------|--|
| Spend time with me discussing how to quit smoking | 42.6 | 34.7 | 51.0 | 189 | 8,888 |
| Provide me with booklets, videos, or other materials to help me quit smoking on my own | 32.5 | 25.2 | 40.8 | 188 | 6,768 |
| Ask if a family member or friend would support my decision to quit | 20.0 | 14.1 | 27.4 | 188 | 4,157 |
| Suggest that I set a specific date to stop smoking | 19.3 | 13.6 | 26.6 | 188 | 4,012 |
| Recommend using a nicotine patch | 14.4 | 9.5 | 21.1 | 188 | 2,991 |
| Recommend using nicotine gum | 11.9 | 7.6 | 18.3 | 188 | 2,478 |
| Suggest I attend a class or program to stop smoking | 9.8 | 5.8 | 16.0 | 189 | 2,046 |
| Refer me to a national or state quit line | 9.6 | 5.8 | 15.6 | 188 | 2,007 |
| Refer me to counseling for help with quitting | 5.1 | 2.5 | 9.9 | 188 | 1,054 |
| Prescribe a nicotine nasal spray or nicotine inhaler | 1.7 | 0.5 | 5.4 | 188 | 358 |
| Prescribe a pill like Zyban® (also known as Wellbutrin® or bupropion) to help me quit | 1.1 | 0.2 | 5.8 | 187 | 237 |
| Prescribe a pill like Chantix® (also known as varenicline) to help me quit | 0.2 | 0.0 | 1.0 | 187 | 32 |

¹Percentage = Weighted percentage

²CI = Confidence interval lower/upper bounds

-- Indicates denominator <30 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition