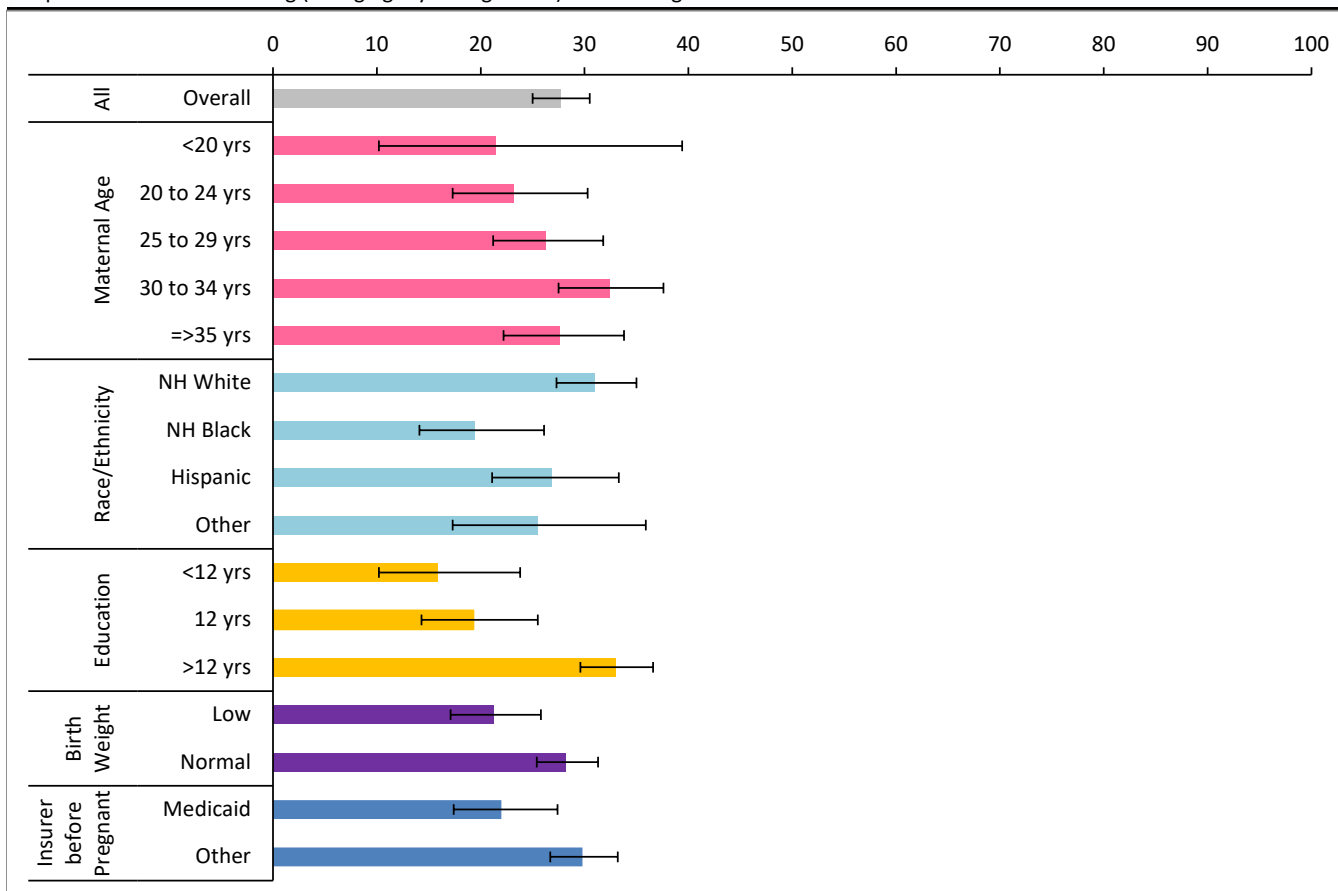


Health Behaviors

Percentage (%) of recent mothers in Illinois who reported dieting 12 months before pregnancy

Survey Question 4: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?
 Response: Yes A. I was dieting (changing my eating habits) to lose weight.



	Percentage ¹	95% CI ²		Respondents ³	Estimated Population Affected ⁴	
All	Overall	27.7	25.0	30.5	1,221	39,105
Maternal Age	<20 yrs	21.4	10.2	39.4	44	1,064
	20 to 24 yrs	23.2	17.3	30.3	207	5,712
	25 to 29 yrs	26.2	21.2	31.8	317	9,884
	30 to 34 yrs	32.4	27.5	37.6	395	14,187
	=>35 yrs	27.6	22.2	33.8	258	8,259
Race/Ethnicity	NH White	31.0	27.3	35.0	637	23,493
	NH Black	19.4	14.1	26.1	228	4,442
	Hispanic	26.8	21.1	33.3	240	7,901
	Other	25.5	17.3	35.9	103	2,868
Education	<12 yrs	15.8	10.2	23.8	143	2,731
	12 yrs	19.3	14.3	25.5	236	5,644
	>12 yrs	33.0	29.6	36.6	813	30,163
Birth Weight	Low	21.2	17.1	25.8	342	2,217
	Normal	28.2	25.4	31.3	879	36,888
Marital Status	Married	34.2	30.7	37.9	760	28,778
	Other	18.1	14.4	22.5	461	10,326
Insurer before Pregnant	Medicaid	22.0	17.4	27.4	335	8,465
	Other	29.8	26.7	33.2	886	30,640

¹Percentage = Weighted percentage

²CI = Confidence interval lower/upper bounds

-- Indicates denominator <30 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition