

# Suicidal Behavior Among Illinois Youth

97 Illinois Youth Ages 10-19 died by suicide in 2015

That's more than **1 every 4 days,**



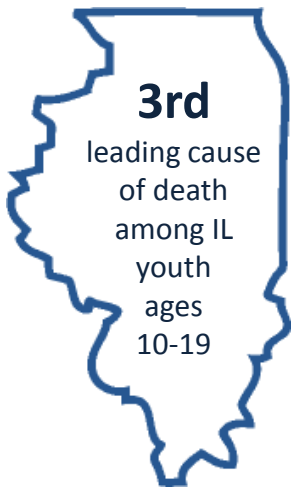
**5** full school classrooms

Boys are **3 times** as likely as girls to die by suicide

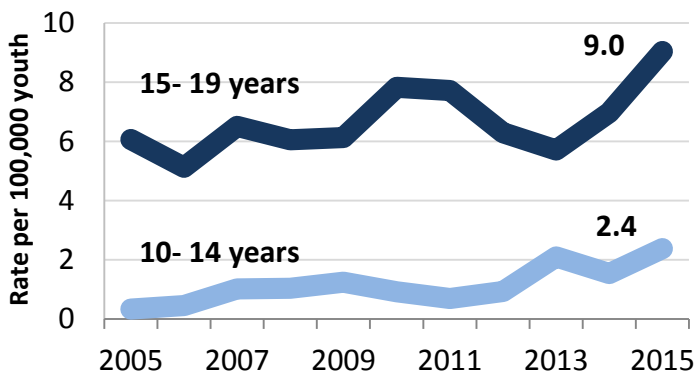


Youth living in rural counties are **2 times** as likely to die by suicide as youth in the Chicago area

**2X**



Suicide Deaths are on the Rise



47,000 Illinois Youth reported attempting suicide in 2015

That's one every **11 minutes,**

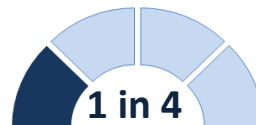


Or **650** full school buses

Boys and girls are **equally** likely to report attempting suicide



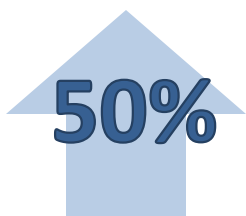
**1 in 10** IL high school students



**1 in 4** Lesbian, Gay or Bisexual students report attempting suicide

Black and Latino high school students are **2 times** as likely as white peers to attempt suicide

**2X**



Suicide Attempts have increased **50%** since 2007

## Questions?

Contact the Illinois Department of Public Health  
Office of Women's Health and Family Services  
Division of Maternal, Child, and Family Health Services  
DPH.MCH@illinois.gov



# Risk Factors for Suicidal Behavior Among Illinois Youth



**2X**

Students who are **bullied** are two times as likely to attempt suicide



**3X**

Students who are a victim of **dating violence** are three times as likely to attempt suicide



**2X**

High school students who feel **depressed** are two times as likely to report attempt suicide

**6X**

High school students with **2 or more** of these experiences are six times as likely to attempt suicide

## Resources

### Know the Warning Signs for Suicide

- Threatening to, or talking about wanting to, hurt or kill oneself
- Looking for ways to kill oneself by seeking access to firearms, available pills, or other means
- Talking or writing about death, dying, or suicide when these actions are out of the ordinary
- Feeling hopeless
- Feeling rage or uncontrolled anger or seeking revenge
- Acting reckless or engaging in risky activities
- Feeling trapped - like there's no way out
- Increasing alcohol or drug use
- Withdrawing from friends, family, and society
- Feeling anxious, agitated, or unable to sleep or sleeping all the time
- Experiencing dramatic mood changes
- Seeing no reason for living or having no sense of purpose in life

### Seek Help

If you or someone you know shows warning signs, or you would like to discuss your situation, call:

**National Suicide Prevention Lifeline:**

**1-800-273-TALK**

**The Trevor Project**

**1-866-488-7386**

**Trans Lifeline:**

**1-877-565-8860**

**Or text:**

**START to 741741**

**FOR MORE INFORMATION, please visit:**

**IDPH Suicide Prevention:**

[www.dph.illinois.gov/topics-services/prevention-wellness/suicide-prevention](http://www.dph.illinois.gov/topics-services/prevention-wellness/suicide-prevention)

### Data Sources and Methodology

1) *Illinois Death Certificates* for Illinois residents, 2000- 2015

2) *Illinois Youth Risk Behavior Survey (YRBS)*, 2007-2015\*

\* YRBS is weighted to be representative of all Illinois public high school students. All YRBS data on suicide attempts are self reported by students.

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