Have You Recently Had a Baby?

The Illinois Department of Public Health may send you a survey regarding your experiences before, during and after your pregnancy.

Your Answers are Important!
Your Answers Will:

- Be kept strictly confidential
- Assist Illinois in providing for the needs of new and expecting moms
- Assist Illinois in providing a good birth experience for new moms
- Provide input for clinics and hospitals regarding the needs of newborns and parents
- Create an avenue to assist other pregnant women and new moms

Illinois Pregnancy Risk Assessment Monitoring System (PRAMS)
A Survey of the Health of Mothers and Babies

Contact Information
1-866-643-7194
Illinois Department of Public Health
525 W Jefferson St., FL 2
Springfield, IL 62761
http://www.dph.illinois.gov/data-statistics/prams

CDC PRAMS Website
http://www.cdc.gov/prams

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What is PRAMS?
The Illinois Pregnancy Risk Assessment Monitoring System (PRAMS) is a survey that asks new mothers questions about their pregnancy and their new babies. It is a cooperative project between the Illinois Department of Public Health (IDPH) and the Centers for Disease Control and Prevention (CDC).

What Information Does PRAMS Collect?
The survey includes questions about experiences before, during and after pregnancy. The answers give us important information about the mother and the baby. They help us learn why some babies are born healthy and others are not.

How are Mothers Chosen to Participate in PRAMS?
 Mothers’ names are selected by chance from the state birth certificate registry. About 2,400 mothers will be chosen each year to help us in this study.

Are My Answers Really Important?
Yes, very important! Only a small group of mothers will receive the survey. Every pregnancy is different.

To get a better overall picture of the health of mothers and babies in Illinois, we need each mother who receives the survey to answer the questions. No matter how your pregnancy went, your answers will help improve the health of future mothers and babies in Illinois.

Will My Answers be Kept Private?
Yes, all answers are kept private as provided by Illinois State law. All answers given on the questionnaires will be grouped together to give us information on Illinois mothers and new babies. No reports can be traced back to individual mothers responding to the survey.

How Can I Help?
If you receive a PRAMS survey in the mail, please fill out the survey and return it in the postage paid envelope. Mothers receive a small gift when the survey is returned. A list of programs and resources that can assist the mother after her delivery is included with the survey.