



Illinois Diabetes Action Plan 2018-2020

Presented by:

Date:

About this Presentation

The Illinois Diabetes Action Plan was developed by the Illinois Department of Public Health in collaboration with multi-sector partner organizations and community members. The project was funded by a grant from the Association of State and Territorial Health Officials (ASTHO) in 2017.

This presentation is a general overview of activities leading to the creation of the 2018-2020 Illinois Diabetes Action Plan.

Agenda



Burden of Diabetes



Illinois Diabetes Action Plan



Moving Forward



How You Can Get Involved

Diabetes in the United States (2015)¹



30.3 million

people of all ages (9.4% of the population) had diabetes in 2015

An estimated **1.5 million** new adult cases were diagnosed

48.3% of adults 65+ had diabetes

An estimated **33.9%** of adults had pre-diabetes, based on their fasting glucose or A1C



The prevalence of diabetes is expected to increase to more than 54.9 million between 2015-2030



The estimated annual health care and lost productivity costs climb to \$622 billion by 2030

Diabetes in Illinois ^{2,3}



1,342,070

The number of adults in Illinois who have diabetes
Over 3.5 million adults may have prediabetes



12.2 billion

The cost of diabetes in Illinois each year due to health care costs and reduced productivity

People with diabetes are 2 to 4 times more likely to have heart disease or a stroke






Diabetes affects some communities more than others

Certain risk factors can worsen diabetes and diabetes-related complications, and contribute to the development of other chronic diseases including heart disease and stroke

Adults with less than a high school education are:

African American, Latino, American Indian, and Alaska Native people are:

Among Illinoisans with diabetes, about

-  4 in 5 reported being overweight
-  2 in 3 reported high cholesterol
-  3 in 4 reported high blood pressure
-  1 in 2 reported smoking cigarettes
-  2 in 5 reported no physical activity (within the last 30 days)

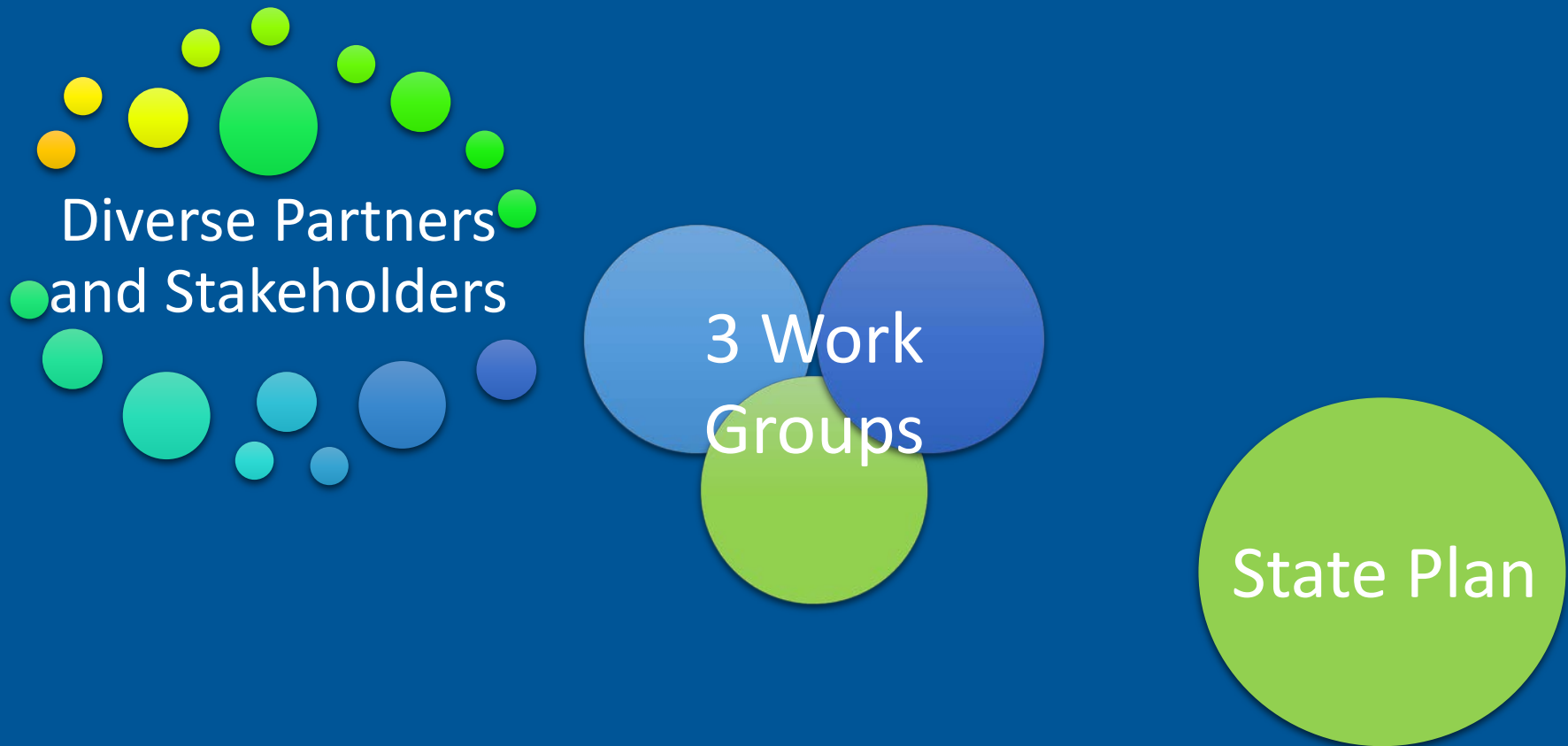
2x

More likely to have diabetes

2 to 3x

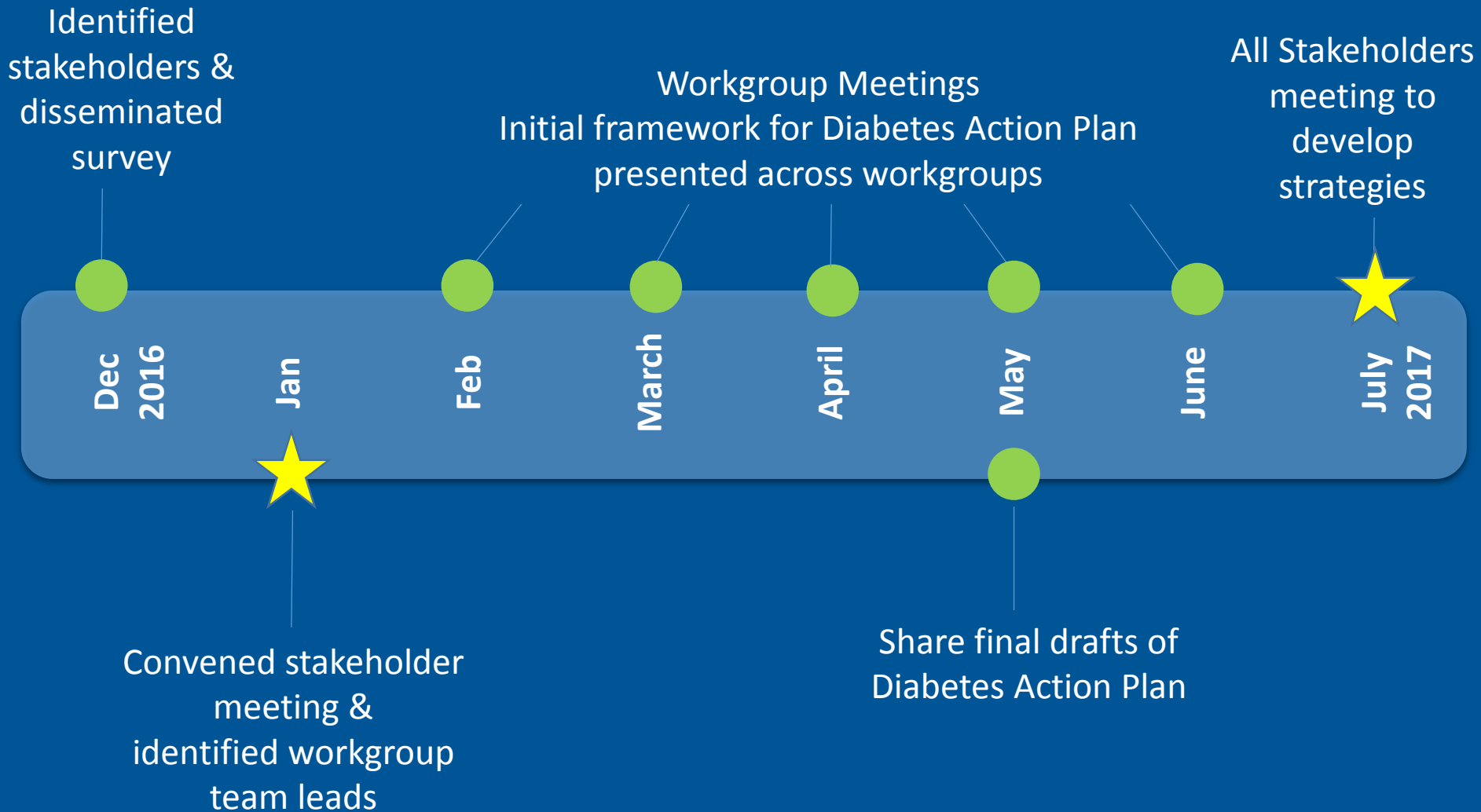
More likely to have diabetes

Illinois State Diabetes Plan



Vision: Illinoisans will lead healthier lives with reduced diabetes burdens and disparities

Illinois State Diabetes State Plan Development Timeline





Illinois Diabetes Action Plan

3 – 5 – 7 Strategic Framework

3

Priorities

- Data and Health Information Technology
- Finance and Reimbursement
- Community – Clinical Linkages

5

Goals

- Increase knowledge, education and awareness
- Establish mechanisms for referral, recruitment and retention
- Test innovative care delivery and reimbursement models
- Enhance quality of care
- Drive policy and funding efforts

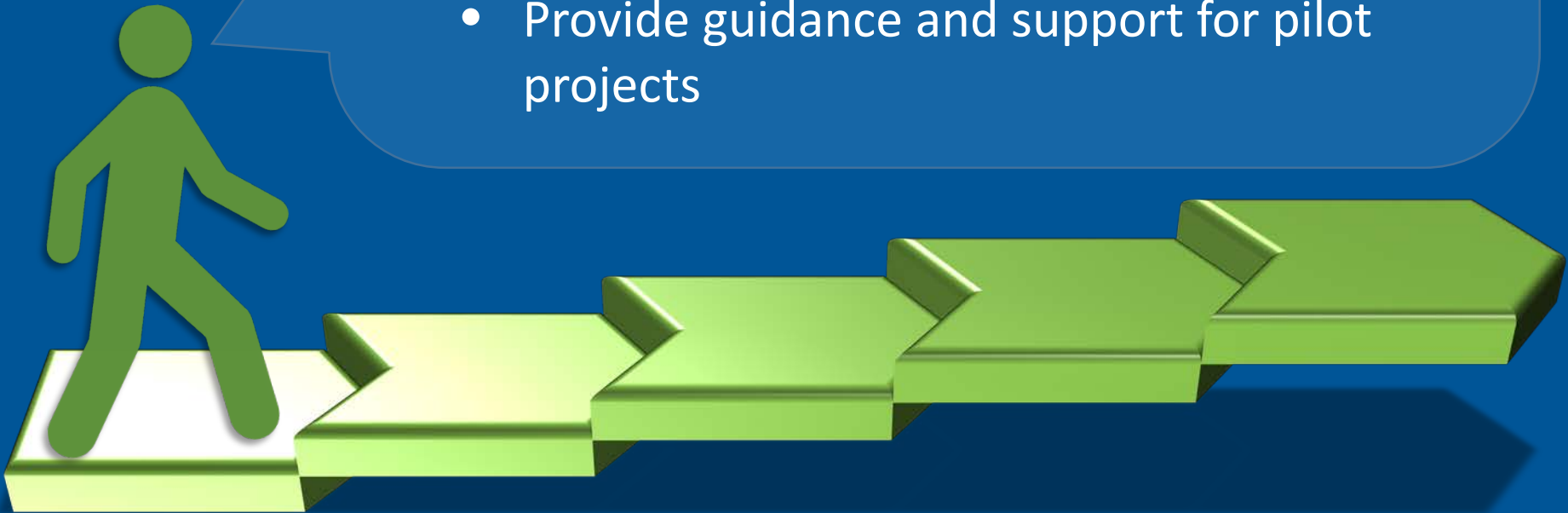
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Strategies

- Assess social determinants of health and readiness to change
- Develop a multi-component communication strategy
- Increase access to care
- Enhance education efforts on care standards and quality
- Improve care coordination
- Strengthen funding opportunities
- Increase sharing of best practice guidelines

Moving Forward

- Share data, resources, best practices, and lessons learned
- Evaluate progress of the Plan's goals and strategies
- Continue to seek funding opportunities
- Encourage stakeholder participation and collaboration
- Provide guidance and support for pilot projects



How can you get involved?

Education

Data sharing

Drive policy

Establish systems

Share Best practices

Work groups

Pilot projects

Increase awareness

Business case development

Care coordination

Collaboration



Your Contribution

- Share details of your contributions to the planning and implementation of the state plan
- Highlight diabetes projects/initiatives at your organization

For more information...

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References

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²*American Diabetes Association. (2017, October). The Burden of Diabetes in Illinois. Retrieved from American Diabetes Association:
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³*Illinois Department of Public Health. (2017, October). Illinois Behavioral Risk Factor Surveillance System, 2016. Retrieved from Illinois Department of Public Health:
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