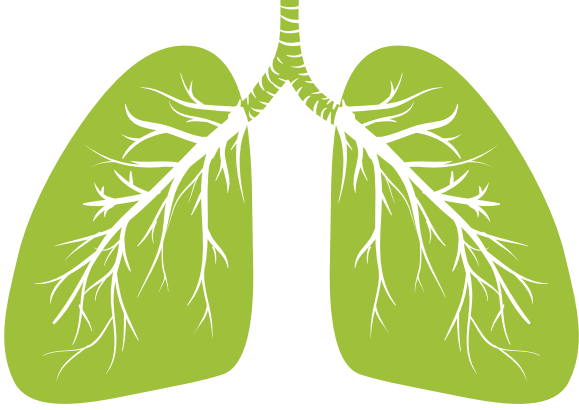


Asthma

IN ILLINOIS



2 Approximately **850,000** people in Illinois currently have asthma.



1 **Asthma is a disease that affects your lungs.**

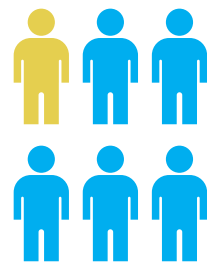
It is one of the most common long-term diseases and affects people of all ages. Asthma causes wheezing, breathlessness, chest tightness, and coughing at night or early in the morning.



3 **183** people died from asthma in 2010. That's **1 person every 2 days**. Of those who died from asthma, **48.1%** were aged 35-64 at time of death.



4 **8.7%** of adults in Illinois currently have asthma.



5 **13.6%** of children in Illinois currently have asthma.



6 **17.8%** (about 1 in 5) adults with asthma are unable to buy asthma medications due to the cost.

7 Each missed work day costs the average Illinois family

\$151*

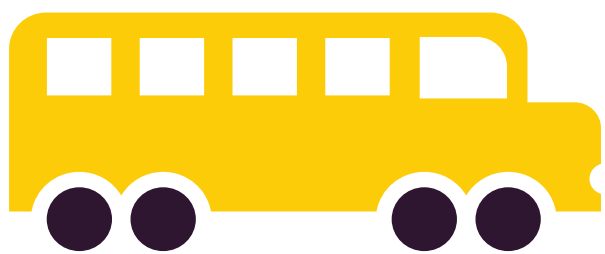
8 **2** National asthma guidelines recommend that persons with asthma seek at least two routine checkups per year.

9 **29.2%** OF ADULTS with a current asthma diagnosis had at least **2 routine checkups** for their asthma in the past 12 months.



37.3% OF CHILDREN

10 **54.7%** (1 in 2) children with asthma missed at least **1 DAY OF SCHOOL** in the past 12 months due to their asthma.

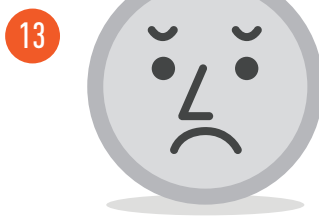


11 During the past **12 months**, Illinois adults with asthma were unable to work or carry out their usual activities for a total of

3,089,988 days.



In 2011, there were **72,810** emergency room visits and **18,968** hospitalizations with asthma listed as the primary diagnosis.



74.1% of adults and **76.5%** of children do not have their asthma under control.



25.9% of adults and **23.5%** of children have well controlled asthma.



Sources: 1 Centers for Disease Control and Prevention (CDC). 2, 4, 5 CDC and Illinois Department of Public Health's Center for Health Statistics (ICHS) Behavioral Risk Factor Surveillance System Prevalence Data 2012 adults; 2010 children. 3 CDC WONDER, released 2012. 6, 9, 10, 13 CDC and ICHS BRFSS Asthma Call-back Survey, 2007-2010 adults; 2007-2009 children. 7 US Census Bureau. American Community Survey, 2012. *Daily cost calculated based on the median household income for Illinois divided by 365. 8 National Asthma Education and Prevention Program, 2007. Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma. Bethesda (MD): National Heart, Lung and Blood Institute. 11 CDC and ICHS DAT, 2013. BRFSS Asthma Call-back Survey, 2006-2010 children; 2012 adults. 12 ICHS DAT, 2013. Illinois Hospital Discharge Data Files, 2012.