

Diabetes Risk Assessment Flow Chart

Obtain Height & Weight

Calculate BMI

1. Formula: $BMI = \frac{wt \text{ (lbs)}}{(height \text{ {in}})^2} \times 703$, then check CDC BMI charts for percentile.

Or

2. CDC BMI calculator: <http://www.cdc.gov/healthyweight/assessing/bmi/>

(Once you are on the site, you simply enter the sex of the child, the child's age, height and weight, and it will calculate both the BMI and the BMI percentile for you.)

No

Above 85%

Yes

1. Check no on the physical form

STOP

Health Care Provider to complete Risk Assessment

- ❖ Ethnicity
- ❖ Family History
- ❖ Signs of Insulin Resistance

Provider completes Form

No risk

Yes, at risk