

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6004477	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 12/05/2019
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NAME OF PROVIDER OR SUPPLIER HILLTOP SKILLED NSG & REHAB	STREET ADDRESS, CITY, STATE, ZIP CODE 910 WEST POLK STREET CHARLESTON, IL 61920
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S 000	Initial Comments First Probationary Licensure Survey	S 000		
S9999	Final Observations Statement of Licensure Violations Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1210 General Requirements for Nursing and Personal Care d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis: 5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour, seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and	S9999	Attachment A Statement of Licensure Violations	

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE Electronically Signed	TITLE	(X6) DATE 12/27/19
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S9999	<p>Continued From page 1</p> <p>services to promote healing, prevent infection, and prevent new pressure sores from developing.</p> <p>These requirements are not met as evidenced by:</p> <p>Based on record review, observation and interview, the facility failed to implement a physician's order for heel protectors for a resident (R4) with a history of known pressure ulcers. This failure resulted in R4 developing an unstageable and subsequent Stage 4 pressure ulcer to the left heel. R4 is one of one resident reviewed for pressure ulcers in the sample list of eight.</p> <p>Findings include:</p> <p>The Admission Nursing Assessment dated 10/17/19 documents that R4 has 2 plus pitting edema but does not document the location. Skin conditions documented on this same assessment are as follows: Left trochanter (hip) - surgical incision, Left ankle (outer) - pressure, and bruising - location not documented.</p> <p>The Minimum Data Set (MDS) dated 10/24/19 documents R4 as being cognitively intact and R4 being at risk for pressure ulcers.</p> <p>R4's Physician Order Sheet (POS) dated December 2019 includes the following diagnoses: Left Femur Fracture, Aftercare Following Joint Replacement Surgery, Cerebral Infarction and Intraductal Carcinoma In Situ of the Right Breast. This same POS documents an order dated 11/21/19 for off loading boots to be on R4 at all times.</p> <p>On 12/3/19 at 10:05 am during tour of the facility, R4 was lying supine in bed and did not have heel protectors in place. There was a pillow placed</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>under R4's knees, allowing R4's heels to be in contact with R4's mattress.</p> <p>On 12/4/19 at 3:00 pm V8 (Licensed Practical Nurse/LPN) completed a dressing change to R4's left heel. R4's left heel wound covered the entirety of the plantar portion (underside) and a small amount of the posterior heel. There was necrotic tissue present and a moderate amount of drainage on the dressing.</p> <p>On 12/4/19 at 3:20 pm, R4 stated the facility had not been putting the heel protectors on until "just recently" and R4's left heel was painful. R4 stated "Hit and miss with the heel boots (protectors)."</p> <p>Facility reports titled "Wound Assessment" for R4 document the following wounds and dates:</p> <p>10/17/19 - Pressure ulcer to the left outer ankle measuring 2 centimeters (cm) by 2 cm (no documentation of the depth) with dressing treatment.</p> <p>10/22/19 - Left Distal Dorsal Foot, facility acquired - granulation tissue of beefy red color present, 10 % slough tissue present and wound is moist, measuring 3.2 cm by 5.0 cm by 0.1 cm, dressing and treatment.</p> <p>10/22/19 - Right Lateral Ankle, on admit, Granulation tissue of beefy red present, measuring 1.5 cm x 0.5 cm by 0.0 cm in depth, treatment in place.</p> <p>10/27/19 - Left top of foot by toes, acquired, granulation tissue of beefy red present, moist, measuring 4 cm by 5 cm by 0.1 cm in depth with serous drainage. Wound edges are rolled under,</p>	S9999		
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S9999	Continued From page 3 with inflammation and induration present - new finding, first observation, no reference. The following "Wound Evaluation and Management Summary" reports document the following on R4: 10/29/19 - "History of Present Illness: At the request of the referring provider (V11), a thorough wound care assessment and evaluation was performed today. (R4) has a stage 1 pressure wound of the left heel for at least one day duration. There is no exudate. Past Medical History of Parkinson's Disease. There is no indication of pain associated with this condition. No relevant family history identified which includes a negative family history for immunosuppressive conditions, collagen-vascular disease and bleeding disorders. (R4) is calm and appropriate. (R4) is oriented to person and place." Wound Exam (Site 1) - Left Lateral Ankle - resolved. Wound Exam (Site 2) - Left Heel - pressure, stage 1, measuring 4 cm by 3 cm by not measurable (depth). Treatment - Foam with border, apply three times per week for 30 days. Heel protector when in bed. Wound Exam (Site 3) - Right Heel - pressure, stage 1, greater than one day duration, measuring 3 cm by 2 cm by not measurable (depth). Treatment - Foam with border, apply three times per week for 30 days. Heel protector when in bed. Wound Exam (Site 4) - Left, Distal, Dorsal Foot - pressure, (no staging documented), measuring 3	S9999		

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S9999	<p>Continued From page 4</p> <p>cm by 2.5 cm by 0.1 cm in depth. Moderate serous exudate (drainage). 20% necrotic tissue. This wound is in an inflammatory stage and is unable to progress to a healing phase because of the presence of biofilm. Surgical Excisional Debridement to remove necrotic tissue and establish margins of viable tissue was performed on this date 10/29/19.</p> <p>11/5/19 - Wound Exam (Site 2) - Left Heel - Resolved</p> <p>Wound Exam (Site 3) - Right Heel - Resolved (11/5/19)</p> <p>Wound Exam (Site 4) - Left Distal Dorsal Foot - Resolved (11/5/19)</p> <p>Wound Exam (site 5) - Lymphademic Wound of the Left Anterior Leg - Resolved (11/5/19)</p> <p>"Continue present skin care and breakdown prevention."</p> <p>A facility Skin Inspection Assessment dated 11/14/19 documents R4 with a small open area of shearing on R4's right lower leg and a blister to the top of the left foot. These areas are identified as new concerns. This same assessment documents that R4 continues to use the wedge cushion to prop (R4's) feet to decrease edema, treatment to bilateral legs continue. There are no other Skin Inspections Assessments until 11/19/19.</p> <p>On 11/19/19 V11 (Wound Physician) documents the following: Focused Wound Exam (Site 1) Unstageable (due to necrosis) Pressure Wound of the Left Heel. Wound size measures 6 cm x 5 cm x 0.1 cm with a surface area of 30.00 cm²,</p>	S9999		
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S9999	<p>Continued From page 5</p> <p>moderate serous exudate. Surgical Excisional Debridement Procedure completed. Post-Stage 3. V11 also documents to the best of V11's medical estimate for the time required for this pressure ulcer to heal is 118 days with continued physician assessment and intervention. Treatment orders: Alginate Calcium apply once daily. Cover with border foam. Apply Heel protector when in bed and chair.</p> <p>On 11/26/19 V11 documents the following: Focused Exam (Site 1) Pressure Wound of the Left Heel: Pressure, Stage 3, measuring 5.0 cm x 3.5 cm x 0.1 cm. Moderate serous exudate, 30% necrotic. Surgical Excisional Debridement Procedure completed. Treatment orders: Alginate Calcium apply once daily. Cover with border foam. Apply Heel protector when in bed and chair.</p> <p>On 12/3/19 V11 documents the following: Pressure Wound of The Left Heel: Pressure, Stage 3, measuring 2.5 cm x 3.6 cm x 0.1 cm. Moderate serous exudate. 40 % thick adherent devitalized necrotic tissue. Surgical Excisional Debridement Procedure completed. Post-Stage 4. Treatment orders: Medical honey sheet to be applied three times per week and as needed, cover with bordered foam dressing. Heel protector when in bed and chair.</p> <p>R4's POS does not document V11's order dated 10/29/19 for heel protectors or to continue the heel protectors on 11/5/19. The order for heel protectors is not documented on R4's POS until 11/21/19.</p> <p>R4's Treatment Administration Records (TARS) dated 10/29/19 to 12/3/19 does not document V11's orders for Heel protectors or that staff</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>applied the heel protectors during this time.</p> <p>R4's Plan of Care dated through 12/4/19 does not document heel protectors to R4's feet.</p> <p>On 12/4/19 at 4:00 pm, V2 (Director of Nursing) stated that the heel protector had been stopped when the pressure ulcers were resolved on 11/5/19. V2 stated staff had elevated R4's legs with a wedge cushion instead. V2 confirmed that the heel protectors as of 12/4/19 had been added to the TARS and to the Certified Nursing Assistant's task lists, so that both licensed and non-licensed staff would document that R4's heel protectors were being put on.</p> <p>On 12/5/19 at 12:12 pm V13 (Attending Physician) stated that the heel protectors ordered by V11 should have continued after 11/5/19 per V11's orders and if they had been put on R4's feet, the unstageable and subsequent Stage 4 pressure ulcer on R4's left heel could have been avoided.</p> <p>The facility policy titled "Pressure Ulcer, Prevention of" dated 2006 documents the following:</p> <p>Staff are to assess for risk of pressure ulcer development. Develop care plan to eliminate or minimize risk factors. Pressure relief. Use appropriate support surfaces in residents bed or chair. Use pressure reducing or relieving devices as necessary. Position with appropriate surfaces to protect bony prominences.</p> <p>(B)</p>	S9999		