

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6001366	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 08/18/2020
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NAME OF PROVIDER OR SUPPLIER ALDEN POPLAR CREEK REHAB & HCC	STREET ADDRESS, CITY, STATE, ZIP CODE 1545 BARRINGTON ROAD HOFFMAN ESTATES, IL 60169
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S 000	Initial Comments Statement of Licensure Violations Complaint Investigation 2015184/IL124444	S 000		
S9999	Final Observations Statement of Licensure Violations 300.1210b) 300.1210d)6) 300.3240a) Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Section 300.1210 General Requirements for Nursing and Personal Care d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:	S9999	Attachment A Statement of Licensure Violations	

Illinois Department of Public Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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S9999	<p>Continued From page 1</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident.</p> <p>These Regulations were not met as evidenced by:</p> <p>Based on observation, interview and record review the facility failed to ensure adequate supervision was provided for a resident at risk for aspiration for one of three residents (R1) reviewed for dysphagia. After R1 was left with his meal tray unsupervised, R1 was found making gurgling noises and subsequently died on 3/9/20 due to asphyxia.</p> <p>The findings include:</p> <p>R1's State of Illinois Certificate of Death Worksheet certified 3/11/20 shows "R1 expired 3/9/20 ... cause of death: asphyxia, due to (or consequence of): choked on food bolus."</p> <p>R1's Face sheet shows R1 was admitted to the facility on 1/31/20 with diagnoses including: vascular dementia, Parkinson's, and</p>	S9999		
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S9999	<p>Continued From page 2</p> <p>dysphagia-oropharyngeal phase (mouth to throat).</p> <p>R1's Minimum Data Set dated 2/7/20 shows R1 is cognitively impaired.</p> <p>R1's Video swallow study (done on 1/29/20 in the hospital) shows "penetration of thin liquids and nectar liquids via a cuppenetration and aspiration as described."</p> <p>R1's Hospital Nurse Report Sheet date 1/31/20 shows R1 is on a mechanical soft diet with honey thickened liquids and needed assistance with feeding.</p> <p>R1's Speech Therapy Evaluation and Plan of Treatment dated 2/20/20 shows "Patient had choking episode in hospital and downgraded to mechanical soft. Patient then completed Video Fluoroscopy Swallow Study and downgraded to honey thickened liquid due to aspiration/penetration Behaviors Impacting Safety: Reduced attention to task, Decreased safety awareness, Poor self-monitoring skills and Inability to make needs known Patient with delayed swallow responsedifficulty initiating swallow and decreased safety awareness."</p> <p>R1's Speech Therapy Progress Report dated 2/26/20 shows "Patient (R1) is at risk for aspiration/choking with puree/honey thickened liquids/nectar thickened liquids when not strictly following safe swallow strategies."</p> <p>R1's Modified Barium Swallow Study dated 3/3/20 shows "mild-moderate dysphagia ...requires supervision/cueing for safe and effective oral intakestrict adherence to swallow precautions by patient/staff for safe oral intake</p>	S9999		
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S9999	<p>Continued From page 3</p> <p>.....diet recommendations: small bites, monitor rate, aspiration precautions, small sips, multiple swallow (2), alternate solid/liquid, supervised feeding."</p> <p>R1's Speech Treatment Encounter Note dated 3/3/20 shows a "repeat Video Fluoroscopy Swallow Study was done with recommendations for mechanical soft/nectar thickened liquids dietEducated patient/wife at lengths regarding results of study, specific strategies of repeat swallows due to pharyngeal residuals, small bites/sips, and recommendations. Discussed results with R1's Registered Nurse V17.</p> <p>R1's Speech Treatment Encounter Note dated 3/6/20 shows "max cues needed for repeat swallow. Instructed patient (R1)/wife in oral motor/pharyngeal/laryngeal exercises. Patient required max cues to follow due to cognitive deficits."</p> <p>R1's Speech Therapy Progress Report dated 3/6/20 shows "R1 and Caregiver training: development & training in use of compensatory strategies: small bites, small drinks, upright at 90 degrees for all oral intake, double swallow to clear pharyngeal residuals, 1:1 assistance. Educated patient's RN (V17)Supervision for Oral Intake=Close supervision (1:1 assistance with all oral intake for swallow strategies.)"</p> <p>On 8/12/20 at 4:40 PM, V23 Speech Therapist said she was treating R1 due to his diagnosis of dysphagia, dementia, and Parkinson's and his high risk for swallowing problems. V23 stated "R1's biggest problem was that he took large amounts of food at one time and was unable to swallow all of the food in his mouth with the first swallow. R1 needed to be instructed to then take</p>	S9999		
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S9999	<p>Continued From page 4</p> <p>a sip of liquid or swallow a second time to clear the food, which is very common with Parkinson's." V23 said if the food or drink built up in his mouth R1 could possibly choke. V23 said R1 was able to feed himself, but needed one on one supervision to make sure the bites and sips were small enough, and he took a drink or a second swallow to clear the food in his mouth. V23 said R1 is cognitively impaired and his memory was not good so he needed repetitive cueing. V23 stated "if no one is watching him directly, his food tray should not be left at the table with R1." V23 said she trained V25 Certified Nursing Assistant (CNA) and V26 Activity Aide/trained feeding assistant to watch R1 closely and to monitor the size of the bites of food and drink, and to take a drink or second swallow to clear his mouth. V23 said she also communicated R1's swallow strategies with R1's regular nurse V17. V23 said R1 was still receiving speech therapy up until his death.</p> <p>On 8/11/20 at 1:49 PM, V25 CNA said on 3/9/20 during the noon meal she had fed R1 several times while making rounds in the dining room and helping the residents. V25 said R1 had eaten about 80% of the facility food tray and was finished eating. V25 said there was some food from the family on the table in front of R1 as well as the remainder of the facility tray. V25 stated "I was making a peanut butter and jelly sandwich for another resident and could only see the back of R1 when she heard a weird noise. I looked at R1 and he was making a gurgling noise but no gestures so I called the nurse." V25 said sometimes R1 feeds himself.</p> <p>On 8/11/20 at 1:42 PM, V26 Activity Aide said when she came back from break, V25 had already fed R1 and R1 was finished eating and</p>	S9999		
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S9999	<p>Continued From page 5</p> <p>was calm and sitting at the dining room table with the food (facility tray and his family's food that they brought in for him) still in front of R1. V26 stated "she was at another table feeding another resident when she heard R1 cough and make a troubled breathing sound so she called the nurse.</p> <p>On 8/12/20 at 11:34 AM, V17 RN (R1's primary nurse) stated on "3/9/20 at the noon meal, R1 was feeding himself, R1 can do it, and the girls were in the dining room to assist. Our food was on the table in front of him and a little tray of food from his wife was on the table as well. I was charting at the Nurses station, I could see R1 but his back was to me. The aides alerted me that R1 didn't look good. R1 was making a gurgling noise like he had something in his mouth that he couldn't swallow. I called out his name and shook him but he wouldn't answer. I did the Heimlich at the table he was still not answering so I called a code and lowered him to the floor."</p> <p>R1's Progress Note by V17 on 3/9/20 shows at "12:50 PM V17 was called into dining room to check R1. Upon arriving R1 was sitting up in his wheelchair. R1 was unable to answer upon calling his name and noted coughing. Heimlich maneuver initiated, code blue and 911 called. Transferred R1 to the hallway floor. V27 Nurse Practitioner (NP) here and did another Heimlich maneuver, liquid came out. CPR initiated by nurses. V24 R1's Doctor (MD) was present and assisting staff during code blue."</p> <p>R1 Progress Note by V24 MD on 3/9/20 shows "Code blue called overheadR1 was in the dining room and brought to the hallway in the wheelchair. R1 was not responding and did not have a pulse. Suspect R1 may have choked while eating lunch. Heimlich maneuver attempted</p>	S9999		
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S9999	<p>Continued From page 6</p> <p>by V27 NP multiple times. Small amount of liquid food came out of mouth. R1 remained unresponsive and pulseless CPR initiated immediately by staff. 911 was calledR1 had episode of vomiting during code. R1 was intubated by Emergency Medical Service (EMS). Despite all efforts by all staff and EMS, heart rhythm was not regain. R1 was pronounced by EMS."</p> <p>On 8/13/20 at 10:45 AM, V24 MD said R1 had swallowing issues which is not uncommon with dementia and was working with speech therapy. V24 stated "at minimum R1 needed supervision to eat and speech recommendations should be followed."</p> <p>On 8/13/20 at 11:40 AM, V21 Physical Therapy Supervisor said the speech therapist will educate the staff on the specific recommendations for the residents and then staff should endorse to the next shift. V21 said speech recommendations are typically not an order in the computer and specific swallow strategies are not put in the resident's Care Plan.</p> <p>On 8/11/20 at 11:41 AM, V19 RN said R1 ate in the small dining room and was on a mechanical diet. V19 said R1 was physically able to feed himself.</p> <p>On 8/11/20 at 11:52 AM, V20 Memory Care Director said R1 sat in the assisted dining room for meals and due to his cognition and needed cueing at times, but could feed himself.</p> <p>On 8/11/20 at 12:07 PM, V1 Administrator said R1 sat in the small dining room for meals and required staff supervision.</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>R1's initial Care Plan dated 1/31/20 shows R1 requires nutritional support with swallowing related to vascular dementia ...R1 is able to feed himself. R1's Care Plan was updated on 2/1/20 with interventions to "alternated liquid and solid, position resident as appropriate for meals, and to assist with meals as needed." R1's care plan was last updated on 2/13/20 (swallow strategies recommended on 3/3/20 per speech therapist) with "R1 has a swallowing problem related to dysphagia- R1 will not choke or aspirate." R1's Care Plan does not include swallow precautions recommended by R1's swallow study or the speech therapist.</p> <p>The facility's Feeding a Resident Policy dated 6/19 shows "When finished with his/her mealremove all equipment and supplies from the eating area."</p> <p>The facility's Meal Service Policy dated 6/19 shows "assure that each resident receives the amount of assistance necessaryremove tray to appropriate area when resident had finished eating."</p> <p>The facility was unable to provide a safety/supervision policy.</p> <p>(AA)</p>	S9999		
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