

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6013684</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING: _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>09/24/2019</b>
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NAME OF PROVIDER OR SUPPLIER  <b>HARMONY NURSING &amp; REHAB CENTER</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>3919 WEST FOSTER AVENUE CHICAGO, IL 60625</b>
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S 000	Initial Comments  Complaint Investigation: 1986619/IL115564	S 000		
S9999	Final Observations  Statement of Licensure Violations:  300.610a) 300.1210b) 300.1210d)5)  Section 300.610 Resident Care Policies  a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.  Section 300.1210 General Requirements for Nursing and Personal Care  b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.	S9999	<p><b>Attachment A</b> <b>Statement of Licensure Violations</b></p>	

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE  Electronically Signed	TITLE	(X6) DATE  10/09/19
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S9999	<p>Continued From page 1</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour, seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and services to promote healing, prevent infection, and prevent new pressure sores from developing.</p> <p>The requirements were not met as evidenced by:</p> <p>Based on observation, interview and record review, the facility failed to ensure that a pressure sore did not increase in size/decline and failed to ensure proper functioning of low air loss mattress for one (R3) of four residents reviewed for pressure ulcers. These deficient practices resulted in deterioration of R3's sacral pressure ulcer , developing to a Stage 3 pressure ulcer.</p> <p>Findings include:</p> <p>On 09/19/19 at 10:45 AM, R3 was observed in bed, asleep, turned to her right side with a pillow placed under left shoulder and lower back. R3 is using a low air loss (LAL) mattress . Her LAL mattress was covered with a fitted sheet. Under her lower back, a white blanket folded into fourths was observed placed. On top of the folded white blanket, an orange disposable under pad was also placed.</p>	S9999		
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S9999	<p>Continued From page 2</p> <p>R3 has a diagnosis of pressure ulcer of the sacral region, Stage 3 per face sheet.</p> <p>According to R3's Skin/Wound note, the following were documented:            04/12/19 - sacrum Stage 2, measurement of 2.9cm (centimeters) x 3.7 cm x 0.1cm            05/24/19 - sacrum, measurement of 3cm x 4cm x 0.2cm            05/31/19 - sacrum Stage 3, measurement of 4.2cm x 3.0cm x 0.3cm            09/09/19 - sacrum Stage 3, measurement of 1.7cm x 1cm x 0.4cm            09/13/19 - sacrum Stage 3, measurement of 2.3cm x 1cm x 0.2cm</p> <p>Wound Care plan revised date 08/03/19 documented: Sacrum: Stage III - R3 is on air reducing mattress - date initiated 09/10/19.</p> <p>On 09/23/19 at 12:15 PM, V6 (Registered Nurse, RN) was asked regarding interventions in preventing the deterioration of R3's pressure ulcer on the sacral area. V6 stated, "I am the regular nurse for R3. When I do my rounds, I have to make sure that I check her for any unusual skin condition. I make sure she is dry, turned and repositioned every two hours. She is using a LAL mattress, a flat sheet needs to be covering the mattress. Fitted sheets should not be used because it prevents the alternating pressure in the mattress. Only one flat sheet is to be used to cover the mattress all the time."</p> <p>At 12:34 PM, V8 (Certified Nurse Aide, CNA) was also asked regarding R3's pressure ulcer. V8 stated, "She has a pressure ulcer in the sacral area, so she needs to be turned and repositioned every two hours, make sure she is always dry. She is using a LAL mattress, With this special</p>	S9999		
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S9999	<p>Continued From page 3</p> <p>kind of mattress, we only use one flat sheet to cover the mattress, not a fitted sheet, because the circulation in the mattress is compromised. There should be no double padding, just one under pad under her lower back. She wears an incontinent brief too."</p> <p>At 12:55 PM, V10 (Licensed Practical Nurse, LPN/Wound Care Coordinator) was interviewed regarding the use of LAL mattress in the management of pressure ulcers. V10 stated, "Upon Admission of residents in the facility, if they are high risk to develop pressure ulcers, we put them on low air loss mattress. We in-serviced the staff on the floor regarding protocol for the LAL mattress, which is to use one flat sheet only, not fitted sheet because fitted sheet alters the pressure hindering the expansion of the mattress. We can put one draw sheet but no bed pad underneath. We cannot use blankets folded into two or four, placed underneath residents' lower back."</p> <p>At 3:29 PM, V12 (Wound Physician) was asked regarding R3 and prevention and management of pressure ulcers. V12 stated, "I make rounds in the facility every week. I expect staff who sees the residents daily to identify individuals who need low pressure mattresses, heel boots and determine how to prevent pressure ulcers. A LAL mattress is a low pressure mattress, soft on skin and avoids pressure on pressure points like hips and lower back. The use of LAL mattress is the one helping in the prevention and management of pressure ulcers. I think if placing multiple sheets on the LAL mattress and if it is done repeatedly, it may worsen a pressure ulcer. Yes, I am aware that her (R3) pressure ulcer worsened into Stage 3, she is very rigid in terms of turning and needs two person assist, very limited. So, the LAL is the</p>	S9999		
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S9999	<p>Continued From page 4</p> <p>one helping the pressure ulcer."</p> <p>On 09/24/19 at 1:19 PM, V2 (Director of Nursing) was interviewed regarding prevention and management of pressure ulcers. V2 verbalized, "I expect the staff to follow protocol regarding skin: turning and repositioning of residents, keeping residents clean and dry, use of LAL mattresses, report to the nurse immediately if they see any skin changes so we could take action right away. With the use of low air loss mattresses, a single drawsheet is to be used."</p> <p>Facility's policy titled, "Pressure Ulcer Treatment Protocols", undated, documented in part: Policy: All residents with pressure ulcers will be treated with consistent treatment protocols to aid in the healing process. Recommended Treatment Options: Stage III/IV: Treatment: 4. Pressure Reducing specialty mattress</p> <p>Facility's policy titled, "Air Mattress", undated, documented in part but not limited to the following: Purpose: 2. To alleviate constant pressure on pressure points; 3. To aid in prevention and/ or healing decubiti. D. Procedure: 4. Care of resident on air mattress d. Avoid use of heavy padding (one disposable under pad or cloth incontinent brief may be used). Hinders benefit of mattress.</p> <p>(B)</p>	S9999		