

Take Notes During Your Visit					
Here is a list of things you might want to write down during your doctor's visit.					
1. M	y doctor said I have				
1. 101	My doctor said I have (new diagnosis, disease, or condition)				
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	-	me to start/change the following medicines:			
Medicine	name	Hov	v much should I take?	When/how often?	
3. M					
	(list medicine, smoking, foods, alcohol, etc.)				
4. M	My doctor wants me to start				
•	(exercise, special diet, treatment, therapy, etc.)				
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5. My doctor wants me to see Doctor's Name/Phone Number			a specialist. When?	For What?	
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	y tests today showed			Doctor's Recommendation	
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