

Infant Sleep Habits

Percentage (%) of recent mothers in Illinois who reported the following related to their baby's sleep environment

Survey Question 60: Listed below are some more things about how babies sleep. How did your new baby usually sleep in the past 2 weeks? For each item, check No if your baby did not usually sleep like this or Yes if he or she did. Response: Yes

	Percentage ¹	95% CI ²		Respondents ³	Estimated Population Affected ⁴
In a crib, bassinet, or pack and play	91.0	89.0	92.6	1,198	117,210
In an infant car seat or swing	45.8	42.7	48.9	1,185	58,493
In a sleeping sack or wearable blanket	42.6	39.5	45.8	1,176	53,984
With a blanket	39.5	36.5	42.7	1,180	50,272
On a twin or larger mattress or bed	30.7	27.9	33.7	1,181	39,119
With crib bumper pads (mesh or non-mesh)	11.3	9.5	13.5	1,177	14,367
On a couch, sofa, or armchair	8.7	7.1	10.7	1,177	11,067
With toys, cushions, or pillows, including nursing pillows	6.2	4.8	8.0	1,179	7,872

¹Percentage = Weighted percentage

²CI = Confidence interval lower/upper bounds -- Indicates denominator <30 respondents or numerator <6 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition