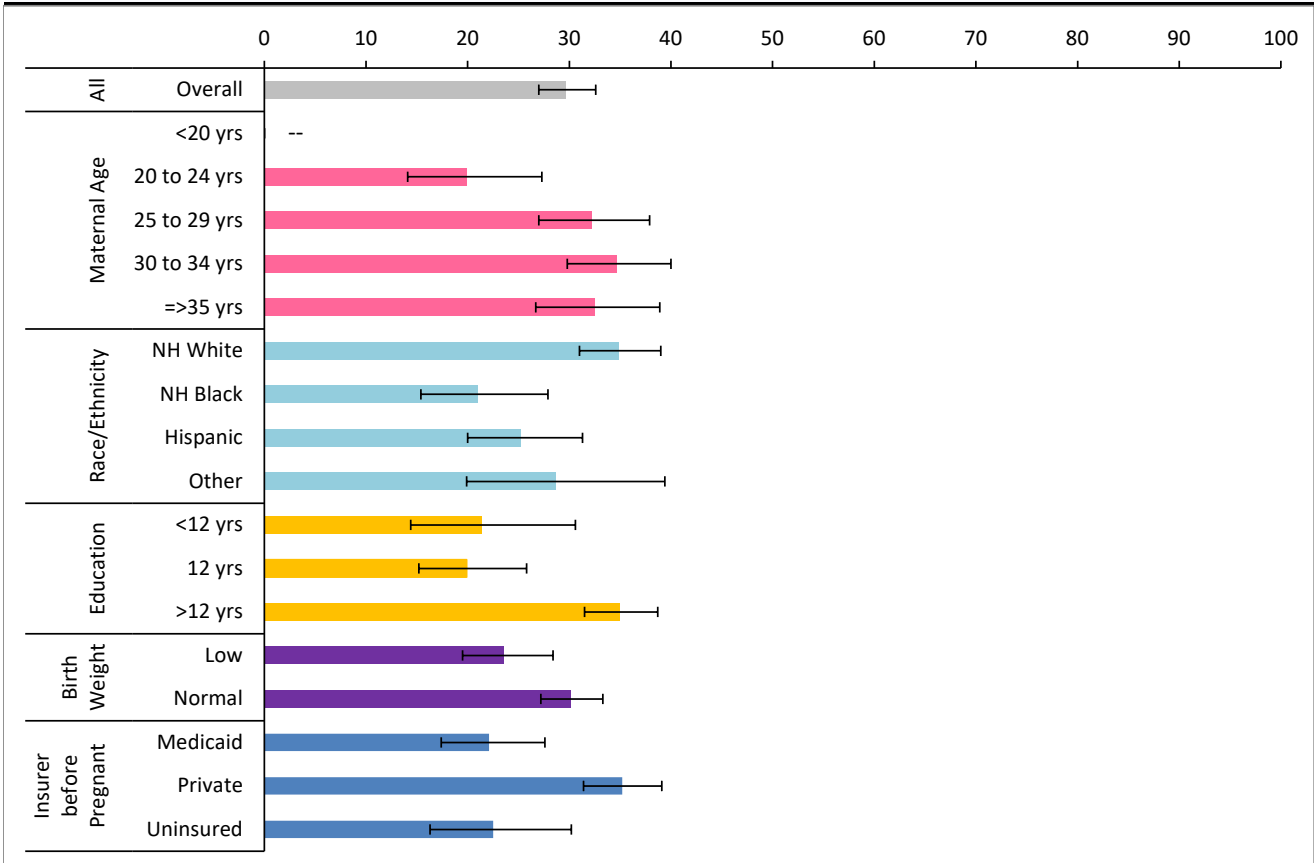


Health Behaviors

Percentage (%) of recent mothers in Illinois who reported dieting 12 months before pregnancy

Survey Question 4: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?
 Response: Yes A. I was dieting (changing my eating habits) to lose weight.



	Percentage ¹	95% CI ²	Respondents ³	Estimated Population Affected ⁴		
All	Overall	29.7	27.0	32.6	1,232	39,208
Maternal Age	<20 yrs	--	--	--	--	--
	20 to 24 yrs	19.9	14.1	27.3	192	5,123
	25 to 29 yrs	32.2	27.0	37.9	332	11,069
	30 to 34 yrs	34.7	29.8	40.0	386	13,928
	=>35 yrs	32.5	26.7	38.9	274	8,666
Race/Ethnicity	NH White	34.9	31.0	39.0	636	23,863
	NH Black	21.0	15.4	27.9	214	4,737
	Hispanic	25.2	20.0	31.3	265	7,450
	Other	28.7	19.9	39.4	105	2,882
Education	<12 yrs	21.4	14.4	30.6	128	2,878
	12 yrs	19.9	15.2	25.8	271	6,176
	>12 yrs	35.0	31.5	38.7	821	30,154
Birth Weight	Low	23.6	19.5	28.4	333	2,328
	Normal	30.2	27.2	33.3	899	36,879
Marital Status	Married	34.6	31.0	38.4	742	26,766
	Other	22.7	18.8	27.2	490	12,442
Insurer before Pregnant	Medicaid	22.1	17.4	27.6	338	8,009
	Private	35.2	31.4	39.1	720	26,921
	Uninsured	22.5	16.3	30.2	157	3,948

¹Percentage = Weighted percentage

²CI = Confidence interval lower/upper bounds

-- Indicates denominator <30 respondents or numerator <6 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition