

**Table 1: Evaluating Exposure Risks of Residents and Healthcare Staff**  
**(Based on the CDC's [Understanding Your Exposure Risk](#))**

<b>Evaluate an exposure for each criterion and write the level of risk in the last column</b>				
<b>Criteria</b>	<b>Lower Risk</b>	<b>Moderate Risk</b>	<b>Higher Risk</b>	<b>Evaluate Exposure</b> (write low, moderate, or high in the box for each criterion evaluated)
<b>Exposure Time</b>	Short duration (Very brief time, e.g., passing in hall, store, etc.)	Moderate duration (Less than 15 minutes, e.g., working out in a gym, sitting in group setting together)	Longer duration (15 minutes or more, e.g., worked together all day, live together)	
<b>Activities that may involve exertion</b>	Little to no exertion (e.g., sitting watching tv, meditation, yoga, quiet activity)	Some exertion: (e.g., sitting together and talking to each other)	Exertion: Coughing, singing, shouting, or breathing heavily	
<b>Symptomatic</b>	Asymptomatic-infected person did not display any symptoms	Not applicable	Symptomatic-infected person coughing, etc.	
<b>Mask wearing*</b>	Both persons were masked	One person was masked	No masks were worn by either person	
<b>Ventilation</b>	Encounter with infected person was outdoors	Well ventilated indoor setting (fans going, air filters, windows open, etc.)	Poorly ventilated indoor setting	
<b>Distance</b>	Distance of 6 feet or more between the infected person and exposed person	Moderately close, (within 3 feet) to the infected person	Very close or touching the infected person	
<b>Scoring Exposure Risk &amp; Required Action Steps</b>				
If all 6 criteria are evaluated as <b>lower-risk</b> --no further action is required by the facility, resident, or staff				
If 1 or more criteria are evaluated as a <b>moderate-risk</b> or <b>higher-risk</b> follow the guidance below.				

\*Staff who were wearing an N95 respirator and eye protection are not considered exposed, even if the person with COVID-19 was not wearing a mask.