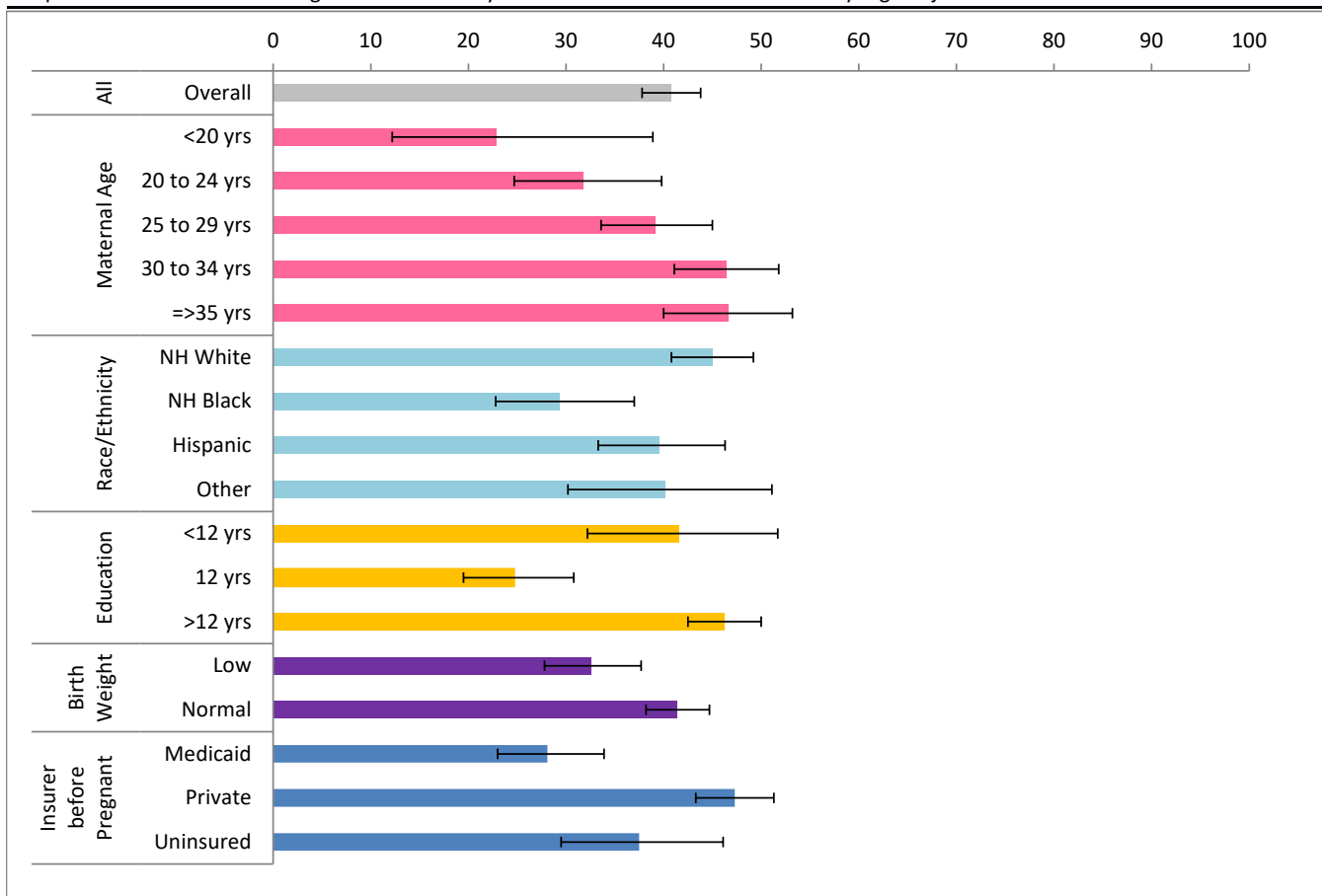


Health Behaviors

Percentage (%) of recent mothers in Illinois who reported exercising three or more times per week during the 12 months before pregnancy

Survey Question 4: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? Response: Yes B. I was exercising three or more days of the week for fitness outside of my regular job.



	Percentage ¹	95% CI ²	Respondents ³	Estimated Population Affected ⁴		
All	Overall	40.8	37.8	43.8	1,230	53,748
Maternal Age	<20 yrs	22.9	12.2	38.9	48	1,174
	20 to 24 yrs	31.8	24.7	39.8	192	8,190
	25 to 29 yrs	39.2	33.6	45.0	332	13,472
	30 to 34 yrs	46.4	41.1	51.8	387	18,670
	=>35 yrs	46.6	40.0	53.2	271	12,242
Race/Ethnicity	NH White	45.0	40.8	49.2	634	30,682
	NH Black	29.4	22.8	37.0	214	6,626
	Hispanic	39.6	33.3	46.3	265	11,691
	Other	40.2	30.2	51.1	105	4,043
Education	<12 yrs	41.6	32.2	51.7	128	5,597
	12 yrs	24.7	19.5	30.8	271	7,664
	>12 yrs	46.2	42.5	50.0	819	39,718
Birth Weight	Low	32.6	27.8	37.7	333	3,208
	Normal	41.4	38.2	44.7	897	50,540
Marital Status	Married	45.5	41.7	49.4	740	35,080
	Other	34.1	29.5	39.1	490	18,668
Insurer before Pregnant	Medicaid	28.1	23.0	33.9	337	10,164
	Private	47.3	43.3	51.3	720	36,198
	Uninsured	37.5	29.5	46.1	156	6,532

¹Percentage = Weighted percentage

²CI = Confidence interval lower/upper bounds

-- Indicates denominator <30 respondents or numerator <6 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition