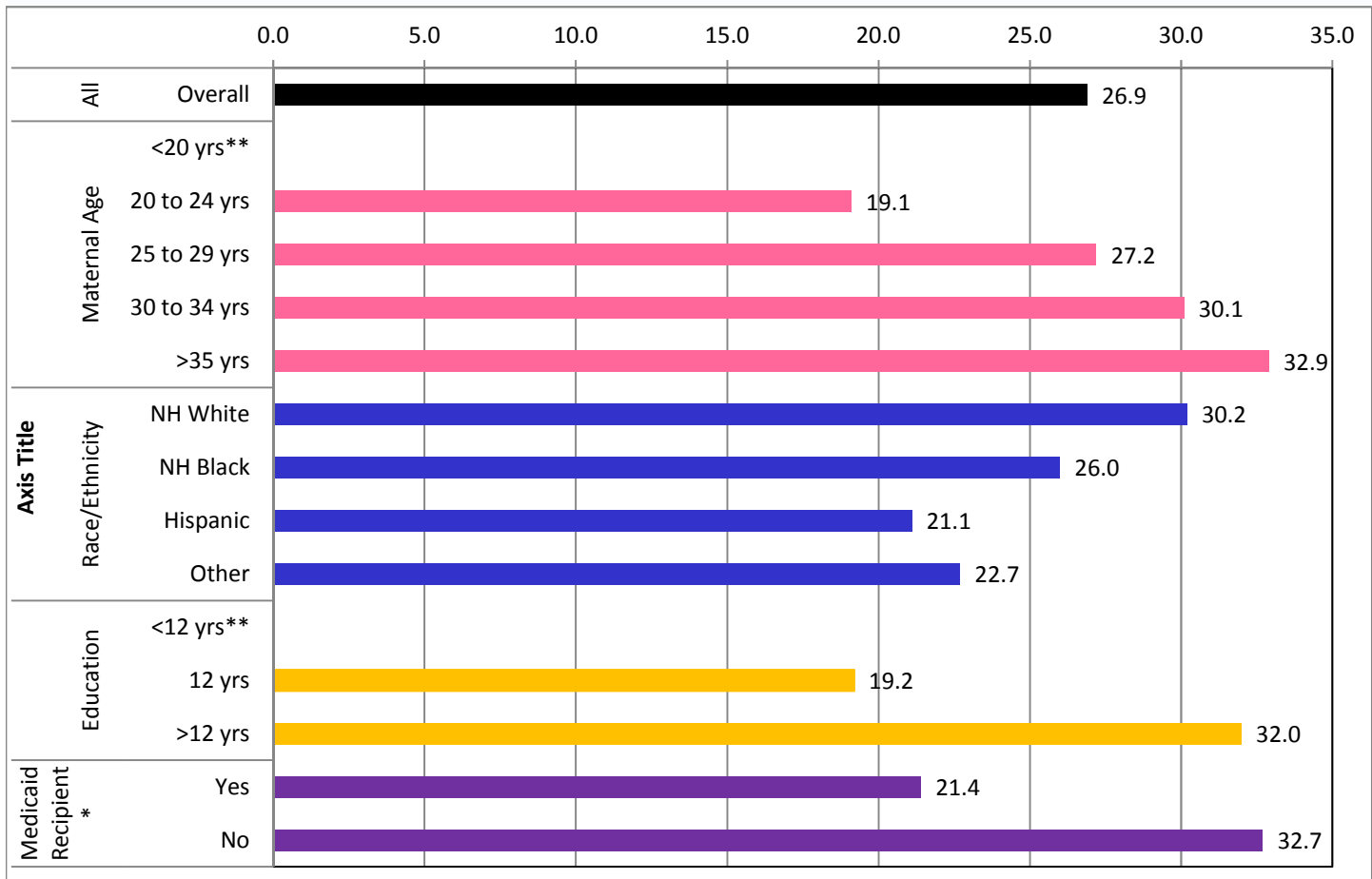


Health Behaviors

Percentage (%) of new mothers in Illinois who reported dieting 12 months before pregnancy

Survey Question 7: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? A. I was dieting (changing my eating habits) to lose weight.



\*\*indicates <30 respondents

	Percentage <sup>1</sup>	95% CI <sup>2</sup>	Respondents <sup>3</sup>	Estimated Population Affected <sup>4</sup>	
<b>All</b>	Overall	26.9	24.4 - 29.4	362	40,245
<b>Maternal Age</b>	<20 yrs**				
	20 to 24 yrs	19.1	14.4 - 25.0	50	5,300
	25 to 29 yrs	27.2	22.5 - 32.4	92	10,500
	30 to 34 yrs	30.1	25.8 - 34.9	127	13,896
	>35 yrs	32.9	27.1 - 39.2	83	9,092
<b>Race/Ethnicity</b>	NH White	30.2	26.9 - 33.8	215	23,973
	NH Black	26.0	19.5 - 33.9	47	6,117
	Hispanic	21.1	16.8 - 26.1	70	7,230
	Other	22.7	15.8 - 31.5	29	2,805
<b>Education</b>	<12 yrs**				
	12 yrs	19.2	14.8 - 24.5	57	6,825
	>12 yrs	32.0	28.9 - 35.4	277	30,016
<b>Birth Weight</b>	LBW	17.1	13.4 - 21.5	57	1,789
	NBW	27.6	25.0 - 30.4	305	38,456
<b>Marital Status</b>	Married	29.5	26.4 - 32.8	249	26,695
	Other	22.7	18.9 - 27.0	112	13,430
<b>Medicaid Recipient*</b>	Yes	21.4	18.2 - 24.9	143	16,538
	No	32.7	29.1 - 36.5	218	23,587

<sup>1</sup>Percentage = Weighted percentage of Illinois mothers giving birth to live infants in 2014 who responded Yes to the survey question for the specified indicator

<sup>2</sup>CI = confidence interval

\* Delivery paid by Medicaid

<sup>3</sup>Respondents (N) = Total number of mothers who responded Yes to the survey question for the specified indicator

<sup>4</sup>Estimated population affected = Estimated number of Illinois mothers giving birth in 2014 who would respond Yes to the survey question for the specified indicator