• Walk in the center of trails to avoid overhanging grass and brush.

• Examine clothing & skin frequently for ticks

• Carefully remove attached ticks immediately

• Apply insect repellent containing DEET as directed

• Wear light colored clothing & tuck pants into socks

• Examine pets for ticks

• See your doctor if any unexplained rash or illness accompanied by a fever develops

TICKS MAY BE FOUND IN THIS AREA