Suicidal Behavior Among Illinois Youth

97 Illinois Youth Ages 10-19 died by suicide in 2015

That’s more than 1 every 4 days,

5 full school classrooms

Boys are 3 times as likely as girls to die by suicide

Youth living in rural counties are 2 times as likely to die by suicide as youth in the Chicago area

3rd leading cause of death among IL youth ages 10-19

Suicide Deaths are on the Rise

Rate per 100,000 youth

<table>
<thead>
<tr>
<th>Year</th>
<th>10-14 years</th>
<th>15-19 years</th>
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</thead>
<tbody>
<tr>
<td>2005</td>
<td>2.4</td>
<td>9.0</td>
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<tr>
<td>2007</td>
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<tr>
<td>2009</td>
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<tr>
<td>2011</td>
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<td>2013</td>
<td>2.4</td>
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<tr>
<td>2015</td>
<td>2.4</td>
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</tbody>
</table>

47,000 Illinois Youth reported attempting suicide in 2015

That’s one every 11 minutes,

Or 650 full school buses

Boys and girls are equally likely to report attempting suicide

1 in 4 Lesbian, Gay or Bisexual students report attempting suicide

Black and Latino high school students are 2 times as likely as white peers to attempt suicide

1 in 10 IL high school students

Suicide Attempts have increased 50% since 2007

Questions?
Contact the Illinois Department of Public Health
Office of Women’s Health and Family Services
Division of Maternal, Child, and Family Health Services
DPH.MCH@illinois.gov
High school students who feel depressed are two times as likely to report attempt suicide.

Data Sources and Methodology

1) Illinois Death Certificates for Illinois residents, 2000-2015
2) Illinois Youth Risk Behavior Survey (YRBS), 2007-2015*

* YRBS is weighted to be representative of all Illinois public high school students. All YRBS data on suicide attempts are self reported by students.

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Know the Warning Signs for Suicide

- Threatening to, or talking about wanting to, hurt or kill oneself
- Looking for ways to kill oneself by seeking access to firearms, available pills, or other means
- Talking or writing about death, dying, or suicide when these actions are out of the ordinary
- Feeling hopeless
- Feeling rage or uncontrolled anger or seeking revenge
- Acting reckless or engaging in risky activities
- Feeling trapped - like there’s no way out
- Increasing alcohol or drug use
- Withdrawing from friends, family, and society
- Feeling anxious, agitated, or unable to sleep or sleeping all the time
- Experiencing dramatic mood changes
- Seeing no reason for living or having no sense of purpose in life

Seek Help
If you or someone you know shows warning signs, or you would like to discuss your situation, call:

National Suicide Prevention Lifeline:
1-800-273-TALK

The Trevor Project
Trans Lifeline:
1-877-565-8860

Or text:
START to 741741

FOR MORE INFORMATION, please visit:
IDPH Suicide Prevention:
www.dph.illinois.gov/topics-services/prevention-wellness/suicide-prevention