
Presented by:

Date:
About this Presentation

The Illinois Diabetes Action Plan was developed by the Illinois Department of Public Health in collaboration with multi-sector partner organizations and community members. The project was funded by a grant from the Association of State and Territorial Health Officials (ASTHO) in 2017.

This presentation is a general overview of activities leading to the creation of the 2018-2020 Illinois Diabetes Action Plan.
Agenda

Burden of Diabetes

Illinois Diabetes Action Plan

Moving Forward

How You Can Get Involved
Diabetes in the United States (2015)¹

30.3 million people of all ages (9.4% of the population) had diabetes in 2015.

An estimated 1.5 million new adult cases were diagnosed.

48.3% of adults 65+ had diabetes.

An estimated 33.9% of adults had pre-diabetes, based on their fasting glucose or A1C.

The prevalence of diabetes is expected to increase to more than 54.9 million between 2015-2030.

The estimated annual health care and lost productivity costs climb to $622 billion by 2030.
Diabetes in Illinois

1,342,070
The number of adults in Illinois who have diabetes
Over 3.5 million adults may have prediabetes

12.2 billion
The cost of diabetes in Illinois each year due to health care costs and reduced productivity

People with diabetes are 2 to 4 times more likely to have heart disease or a stroke

Diabetes affects some communities more than others

Certain risk factors can worsen diabetes and diabetes-related complications, and contribute to the development of other chronic diseases including heart disease and stroke

Among Illinoisans with diabetes, about
4 in 5 reported being overweight
2 in 3 reported high cholesterol
3 in 4 reported high blood pressure
1 in 2 reported smoking cigarettes
2 in 5 reported no physical activity (within the last 30 days)

Adults with less than a high school education are:
2x More likely to have diabetes

African American, Latino, American Indian, and Alaska Native people are:
2 to 3x More likely to have diabetes
Illinois State Diabetes Plan

Vision: Illinoisans will lead healthier lives with reduced diabetes burdens and disparities
Illinois State Diabetes State Plan Development Timeline

- **Dec 2016**: Convened stakeholder meeting & identified workgroup team leads
- **Jan 2017**: Identified stakeholders & disseminated survey
- **Feb 2017**: Workgroup Meetings Initial framework for Diabetes Action Plan presented across workgroups
- **March 2017**: Share final drafts of Diabetes Action Plan
- **April 2017**: All Stakeholders meeting to develop strategies
Illinois Diabetes Action Plan
3 – 5 – 7 Strategic Framework

Priorities
- Data and Health Information Technology
- Finance and Reimbursement
- Community – Clinical Linkages

Goals
- Increase knowledge, education and awareness
- Establish mechanisms for referral, recruitment and retention
- Test innovative care delivery and reimbursement models
- Enhance quality of care
- Drive policy and funding efforts

Strategies
- Assess social determinants of health and readiness to change
- Develop a multi-component communication strategy
- Increase access to care
- Enhance education efforts on care standards and quality
- Improve care coordination
- Strengthen funding opportunities
- Increase sharing of best practice guidelines
Moving Forward

• Share data, resources, best practices, and lessons learned
• Evaluate progress of the Plan’s goals and strategies
• Continue to seek funding opportunities
• Encourage stakeholder participation and collaboration
• Provide guidance and support for pilot projects
How can you get involved?

- Education
- Data sharing
- Drive policy
- Share best practices
- Establish systems
- Work groups
- Pilot projects
- Collaboration
- Increase awareness
- Business case development
- Care coordination
Your Contribution

• Share details of your contributions to the planning and implementation of the state plan
• Highlight diabetes projects/initiatives at your organization
For more information...

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References

