Obesity & Cancer

Being overweight or obese can increase a person's risk for at least 13 cancers

Meningioma
Thyroid Cancer
Multiple Myeloma (plasma cells)
Liver Cancer
Stomach Cancer
Kidney Cancer
Colorectal Cancer
Esophageal Cancer
Post-Menopausal Breast Cancer
Gallbladder Cancer
Pancreatic Cancer
Ovarian Cancer
Endometrial Cancer

The rates of obesity-related cancers, increased by 7% in the U.S. between 2005 and 2014

66% Of people in Illinois are overweight or obese

27,808 Cancers were associated with obesity in Illinois in 2016

Females are almost twice as likely to be diagnosed with an obesity-related cancer

55% of all cancers diagnosed in women are obesity-related

24% of all cancers diagnosed in men are obesity-related

Reduce Your Risk

MOVE MORE
Only 22% of American adults participate in the recommended amount of aerobic and muscle strengthening exercises

EAT SMART
67% of American adults eat 1 or more fruits per day and 79% eat 1 or more vegetables per day

NOTE: All cancer incidence and mortality data are specific to Illinois residents. Five-year survival estimates reflect age standardized, relative survival. Methods are described in the ‘Cancer in North America: 2011-2015’ report, cited below. All presented rates are per 100,000 and are age-adjusted to the 2000 U.S. standard million population. Unless otherwise noted, displayed incidence and mortality rates have been calculated for the 2016 calendar year.