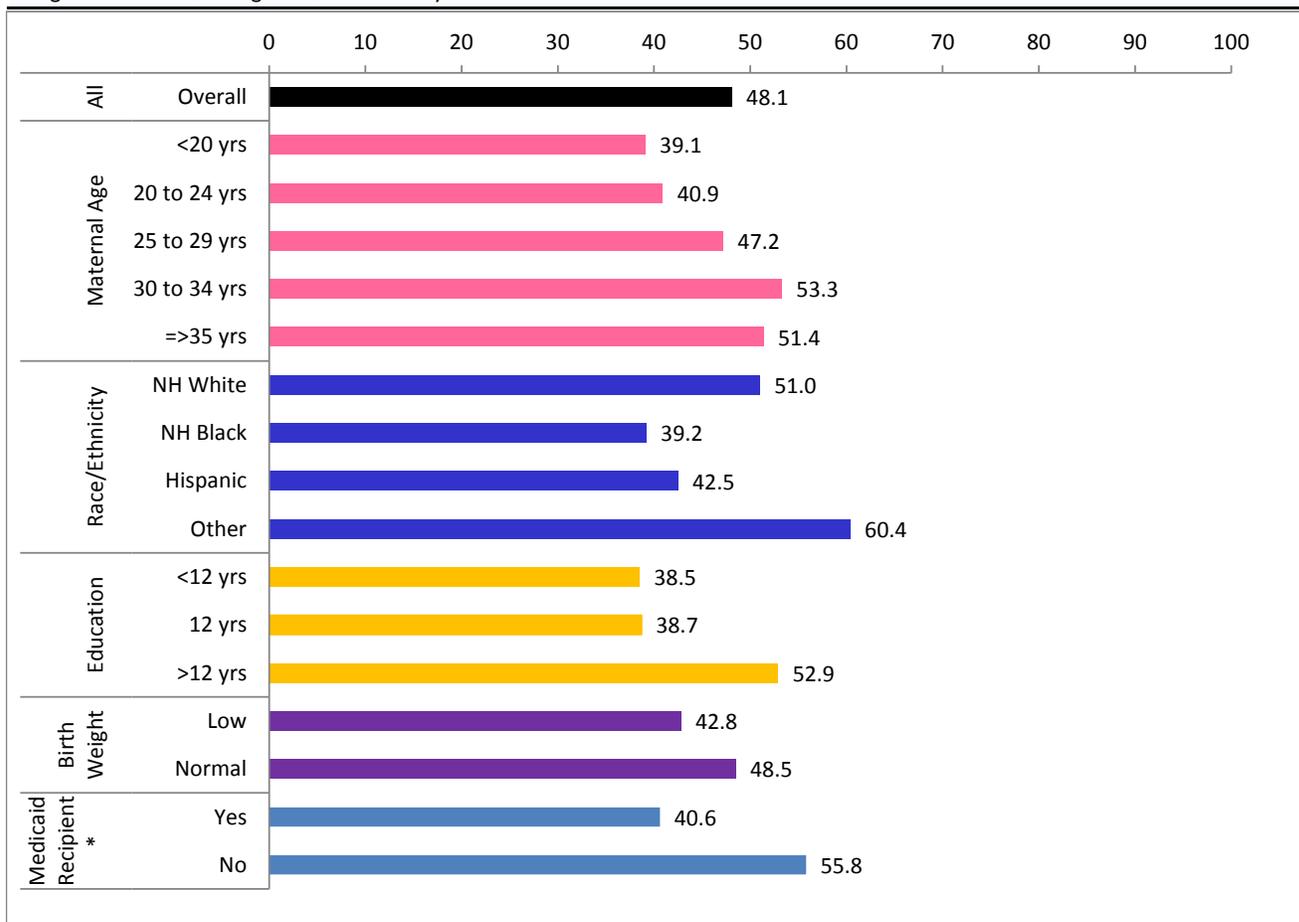


Health Behaviors

Percentage (%) of new mothers in Illinois who reported exercising three or more times per week during the 12 months before pregnancy

Survey Question 7: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? B. I was exercising three or more days of the week



| | Percentage ¹ | 95% CI ² | Respondents ³ | Estimated Population Affected ⁴ | |
|-----------------------------|-------------------------|---------------------|--------------------------|--|--------|
| All | Overall | 48.1 | 45.3 - 50.8 | 727 | 71,603 |
| Maternal Age | <20 yrs | 39.1 | 28.7 - 50.6 | 31 | 3,631 |
| | 20 to 24 yrs | 40.9 | 34.6 - 47.6 | 104 | 11,220 |
| | 25 to 29 yrs | 47.2 | 41.8 - 52.6 | 173 | 19,408 |
| | 30 to 34 yrs | 53.3 | 48.4 - 58.2 | 253 | 22,880 |
| | =>35 yrs | 51.4 | 45.3 - 57.4 | 166 | 14,465 |
| Race/Ethnicity | NH White | 51.0 | 47.4 - 54.7 | 426 | 42,395 |
| | NH Black | 39.2 | 32.9 - 46.0 | 110 | 9,772 |
| | Hispanic | 42.5 | 36.5 - 48.7 | 119 | 13,036 |
| | Other | 60.4 | 49.6 - 70.3 | 62 | 5,436 |
| Education | <12 yrs | 38.5 | 31.3 - 46.2 | 73 | 7,503 |
| | 12 yrs | 38.7 | 33.0 - 44.7 | 115 | 12,435 |
| | >12 yrs | 52.9 | 49.5 - 56.3 | 525 | 50,425 |
| Birth Weight | Low | 42.8 | 38.0 - 47.7 | 174 | 4,610 |
| | Normal | 48.5 | 45.6 - 51.4 | 553 | 66,993 |
| Marital Status | Married | 53.3 | 49.9 - 56.8 | 499 | 48,055 |
| | Other | 40.0 | 35.7 - 44.5 | 228 | 23,547 |
| Medicaid Recipient * | Yes | 40.6 | 36.7 - 44.5 | 288 | 30,311 |
| | No | 55.8 | 51.9 - 59.5 | 437 | 41,136 |

¹Percentage = Weighted percentage of Illinois mothers giving birth to live infants in 2015 who responded Yes to the survey question for the specified indicator

²CI = confidence interval

* Delivery paid by Medicaid

-- Indicates denominator <30 respondents

³Respondents (N) = Total number of mothers who responded Yes to the survey question for the specified indicator

⁴Estimated Population Affected = Estimated number of Illinois mothers giving birth in 2015 who would respond Yes to the survey question for the specified indicator