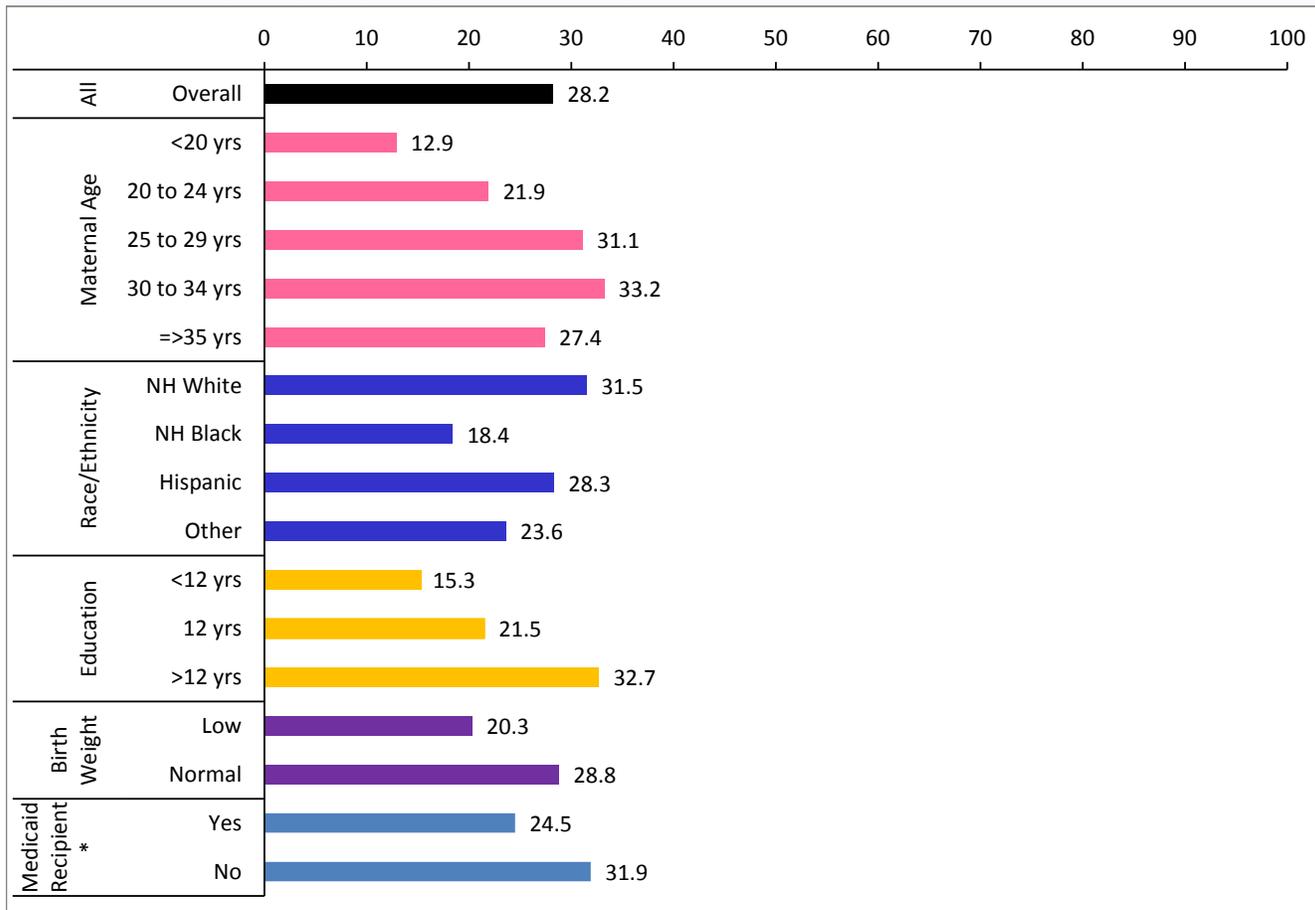


Health Behaviors

Percentage (%) of new mothers in Illinois who reported dieting 12 months before pregnancy

Survey Question 7: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? A. I was dieting (changing my eating habits) to lose weight.



		Percentage ¹	95% CI ²	Respondents ³	Estimated Population Affected ⁴
All	Overall	28.2	25.8 - 30.7	413	41,976
Maternal Age	<20 yrs	12.9	7.1 - 22.5	11	1,203
	20 to 24 yrs	21.9	16.9 - 28.0	54	5,990
	25 to 29 yrs	31.1	26.3 - 36.3	116	12,777
	30 to 34 yrs	33.2	28.8 - 38.0	151	14,309
	=>35 yrs	27.4	22.3 - 33.2	81	7,697
Race/Ethnicity	NH White	31.5	28.2 - 35.0	255	26,216
	NH Black	18.4	13.8 - 24.2	53	4,588
	Hispanic	28.3	23.0 - 34.3	78	8,647
	Other	23.6	15.5 - 34.3	23	2,102
Education	<12 yrs	15.3	10.5 - 21.8	28	2,992
	12 yrs	21.5	17.0 - 27.0	64	6,925
	>12 yrs	32.7	29.6 - 36.0	313	31,172
Birth Weight	Low	20.3	16.7 - 24.5	84	2,193
	Normal	28.8	26.2 - 31.5	329	39,782
Marital Status	Married	32.8	29.7 - 36.2	294	29,610
	Other	21.1	17.6 - 25.0	119	12,366
Medicaid Recipient*	Yes	24.5	21.3 - 28.1	170	18,328
	No	31.9	28.5 - 35.6	241	23,507

¹Percentage = Weighted percentage of Illinois mothers giving birth to live infants in 2015 who responded Yes to the survey question for the specified indicator

²CI = confidence interval

* Delivery paid by Medicaid

-- Indicates denominator <30 respondents

³Respondents (N) = Total number of mothers who responded Yes to the survey question for the specified indicator

⁴Estimated Population Affected = Estimated number of Illinois mothers giving birth in 2015 who would respond Yes to the survey question for the specified indicator