

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6008007	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____	(X3) DATE SURVEY COMPLETED C 05/17/2019
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NAME OF PROVIDER OR SUPPLIER RIVER BLUFF NURSING HOME	STREET ADDRESS, CITY, STATE, ZIP CODE 4401 NORTH MAIN STREET ROCKFORD, IL 61103
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S 000	Initial Comments Statement of Licensure Violations Facility Reported Incident of May 4, 2019 - IL111994	S 000		
S9999	Final Observations Facility Reported Incident of May 4, 2019 - IL111994 Statement of Licensure Violations 300.610a) 300.2040b) 300.2040e) 300.2040g) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.	S9999	<h2>Attachment A</h2> <h3>Statement of Licensure Violations</h3>	

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE Electronically Signed	TITLE	(X8) DATE 06/05/19
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S9999	<p>Continued From page 1</p> <p>Section 300.2040 Diet Orders</p> <p>b) Physicians shall write a diet order, in the medical record, for each resident indicating whether the resident is to have a general or a therapeutic diet. The diet shall be served as ordered.</p> <p>Section 300.2040 Diet Orders</p> <p>e) A therapeutic diet means a diet ordered by the physician as part of a treatment for a disease or clinical condition, to eliminate or decrease certain substances in the diet (e.g., sodium) or to increase certain substances in the diet (e.g., potassium), or to provide food in a form that the resident is able to eat (e.g., mechanically altered diet).</p> <p>Section 300.2040 Diet Orders</p> <p>g) The kinds and variations of prescribed therapeutic diets shall be available in the kitchen. If separate menus are not planned for each specific diet, diet information for each specific type, in a form easily understood by staff, shall be available in a convenient location in the kitchen.</p>	S9999		
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S9999	<p>Continued From page 2</p> <p>These Regulations were not met as evidenced by:</p> <p>Based on interview and record review the facility failed to ensure a resident, on a mechanical soft diet, was given a sandwich prepared in the consistency to meet her needs. This failure resulted in R1 choking and her subsequent death.</p> <p>This applies to 1 of 3 (R1) residents reviewed for therapeutic diets in the sample of 3.</p> <p>The findings include:</p> <p>R1's Electronic Face Sheet showed diagnosis to include: Alzheimer's disease, muscle weakness, left sided hemiplegia (paralysis to one side of the body), and dysphagia (oropharyngeal phase).</p> <p>R1's February 5, 2019 MDS (Minimum Data Set) showed her to have moderate cognitive impairment and to require extensive assistance of one person for eating.</p> <p>R1's May 2019 Physician's Orders sheet showed an order for "CCHO (consistent carbohydrate) mechanical soft solids (and) thin liquids 6/4/18"</p> <p>R1's Care Plan revised on June 5, 2018 showed, "...Speech therapy has determined that mechanical soft is the safest consistency for her." R1's Care Plan Intervention revised on December 11, 2018 showed, "Provide and serve diet as ordered: CCHO/Mechanical Soft/ Thin liquids. ½ portions."</p>	S9999		
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S9999	<p>Continued From page 3</p> <p>R1's May 29, 2018 (Approximately one year ago) Event Note from 6:40 PM showed that a family member informed a nurse that R1 was choking. The note continued, "This writer responded quickly, took a few steps and observed (R1) with her hands near her throat, mouth open, and unable to breathe. Face was starting to turn red. R1 chest thrust completed and airway was cleared. Loud gasping noise when airway was cleared. Stated that she was choking on a small piece of grilled cheese and she couldn't breathe ..."</p> <p>R1's May 30, 2018 Physician Communication note showed an order for speech therapy evaluation and treatment.</p> <p>R1's July 10, 2018 Speech Therapy Treatment Encounter Note showed, R1 had a "cough x2" during a regular solid meal and "Mechanical soft solids remain most appropriate diet for (R1) at this time ..."</p> <p>R1's Speech Therapy Discharge Summary dated July 16, 2018 showed the discharge reason to be: "highest practical level achieved." The summary showed a LTG (long term goal): "(R1) will tolerate safer and least restrictive diet to meet nutrition and hydration needs without s/sx (signs/symptoms) of aspiration." The long term goal showed that diet to be "mechanical soft solids and thin liquids, no s/sx of aspiration."</p> <p>On May 5, 2019, the facility reported to the Local Health Department a new choking incident and subsequent death involving R1. This incident occurred on May 4, 2019 at approximately 6:00 PM. The facility's Follow-up report regarding the incident showed R1 began choking while eating</p>	S9999		
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S9999	<p>Continued From page 4</p> <p>peanut butter and jelly sandwich; the Heimlich maneuver removed small amounts of food; and the resident was transported to a local area hospital. The report showed R1 was pronounced dead at 6:25 PM on May 4, 2019.</p> <p>The facility's investigation showed a statement from V9 CNA (Certified Nursing Assistant), which stated, "I was feeding (R1). She began to choke, (I) called (the) other aide to let her know." The investigation also showed a statement from V10 CNA that she was feeding another resident and V9 was feeding R1 and R1 began to choke.</p> <p>On May 14, 2019 at 2:35 PM, V10 stated, "Me and V9 were feeding residents on (the memory care unit) in the bigger dining room. When I was feeding (another resident), V9 was feeding (R1) and she (R1) started choking. (R1) wasn't responding so we called (V11, Registered Nurse RN) at the nurse's station and (V6, RN)." V10 said R1 lost consciousness and was lowered to the floor where abdominal thrusts were continued. V10 said, "I would say peanut butter and jelly is okay for mechanical soft. It doesn't have to be altered in any way. I would have made it for her. There are some peanut butter and jelly on the line, if not, we make it. We keep peanut butter and jelly on the unit and that's how I would have made it. The peanut butter and jelly sandwiches from dietary are normal peanut butter and jelly sandwiches; they are not altered in anyway. So whether I got one off the cold line or made one, it's all the same."</p> <p>On May 14, 2019 at 1:00 PM, V6 Registered Nurse said a CNA told her a resident "was choking and when I got to her I asked her (R1) if she was choking and she shook her head yes. She was in a wheelchair so I put her hands on</p>	S9999		
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S9999	<p>Continued From page 5</p> <p>her abdomen and pushed in and up while she was in wheelchair. She lost consciousness so we lowered her to the floor, she became limp. It did not appear she was exchanging any air." V6 stated she believed peanut butter and jelly sandwiches was acceptable for residents on a mechanical soft diet and the peanut butter and jelly sandwiches that dietary brings to meals are not altered in any way. V6 stated, "Following a mechanical soft diet, makes it easier for them to swallow, not following it can make it more likely for them to choke."</p> <p>On May 14, 2019 at 10:04 AM, V9 stated, R1 did not want the chili served that evening. V9 said, "so I got her a peanut butter and jelly sandwich. I got the peanut butter and jelly sandwich for her, I made it. I got two to three packs of jelly and I got the peanut butter out of the jar of peanut butter, it was just regular creamy peanut butter. I made the sandwich like I would for my kids. By the third bite I told the CNA (V10) I thought she (R1) was choking so I had her get the nurse. The nurses came immediately. She looked like she wasn't breathing." V9 continued, "There are some premade sandwiches. There is nothing special about them, they are for the diabetics to have snacks later on in the night if they need a snack. She (R1) could eat whatever she wants. I don't know if she was mechanical soft or not, I think she was regular (diet)."</p> <p>On May 14, 2019 at 11:13 AM, V4 Registered Dietician stated, "We have a diet manual that specifies what a mechanical diet is." V4 stated that residents on a mechanical soft diet can have a peanut butter and jelly sandwich; however, the peanut butter has to be blended with the jelly. V4 said, "According to our manual making it with peanut butter then jelly on top would not meet the</p>	S9999		
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S9999	<p>Continued From page 6</p> <p>dietary manual standards or consistency for mechanical soft. In my opinion, peanut butter by itself, the tackiness of it, it can get balled up. When it's (peanut butter) mixed with the jelly it makes it thinner." V4 stated the staff should know the peanut butter and jelly sandwiches provided by dietary are altered "but with the turnover they may not know. The CNA's should know to ask what the diet is, you should always check if you don't know."</p> <p>On May 14, 2019 at 1:34 PM, V12 Dietary Manager stated, the dietary staff blend the peanut butter and jelly together and make all of the peanut butter and jelly sandwiches for that day. V12 stated the sandwiches are delivered to the units with lunch and supper. V4 said, "We offer the peanut butter and jelly sandwiches as the alternate if they are on a mechanical soft diet. We make meat sandwiches as well and if the meat is not mechanically altered they should get the peanut butter and jelly. The staff should know the peanut butter and jelly sandwiches are altered. It's altered as a precaution."</p> <p>R1's Death Certificate shows the cause of death to be "cardiac arrest" and the date and time of death to be May 4, 2019 at 6:27 PM.</p> <p>On May 14, 2019 at 3:15 PM, V5 Family Nurse Practitioner stated, "For someone with a history of choking who was seen by speech therapy and had a recommendation for mechanical soft diet, the diet is important to prevent further episodes of choking. I do expect my orders to be followed including diet orders." V5 said, "I signed her (R1) death certificate. They don't want you to write choking as the cause of death you have to write what actually happened. The choking lead to her cardiac arrest ...choking is what caused her death</p>	S9999		
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S9999	<p>Continued From page 7</p> <p>as far as I can tell."</p> <p>The facility's Long Term Care Diet Manual Edition 2017 for Dental Soft (Mechanical Soft) Diet showed, "the Dental Soft (Mechanical Soft) Diet is for individuals with limited or difficulty in chewing regular consistency foods ...This Diet may also be used by a Speech Language Pathologist in the Treatment of dysphagia ..." The policy continues, "The diet consists of food of nearly regular textures but excludes ...sticky ...foods" The policy showed, "Smooth peanut butter mixed with adequate amounts of jelly, honey or syrup is allowed."</p> <p>(A)</p>	S9999		
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