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Neonatal Abstinence Syndrome (NAS) Advisory Committee Meeting Minutes: 2/8/18

Attendees

| Members in Attendance | Guests and IDPH |
|---|--|
| <p>Shelly Musser-Bateman (phone), Chair Leslie Caldarelli (phone) Ira Chasnoff Ginger Darling (phone) Christine Emmons Arvind Goyal (phone) Jodi Hoskins Paula Jaudes Omar LeBlanc (phone) Ellen Mason Emily Miller (phone) David Soglin</p> | <p>Tanya Dworkin, IDPH Jane Fornoff, IDPH Trishna Harris, IDPH Andrea Palmer (phone), IDPH Miranda Scott, IDPH Alexander Smith, IDPH Virginia Reising, IDPH</p> <p>Carie Bires, Ounce of Prevention Lilah Handler, EverThrive IL Justin Josephsen (phone), ILPQC Pattie Lee King, ILPQC Bahkahia Madison (phone), Chicago School of Professional Psychology Jackie Maloney, EverThrive IL Cindy Mitchell, HSHS St. Johns Sessy Nyman (phone), EverThrive IL Brielle Treece Osting, EverThrive IL Ramsay Unal, SIU School of Medicine Dan Weiss, ILPQC</p> |
| | Members Not In Attendance |
| | <p>David Ouyang Mary Puchalski Elaine Schafer</p> |

Welcome and Introductions

The Committee Chair, Shelly Musser-Bateman called the meeting to order at 9:05A.M. on Thursday, February 8th, 2018. She requested that everyone around the room and on the phone introduce themselves.

Minutes

The Committee corrected the October 2017 minutes by editing the spelling of "Jan Fornoff" to "Jane Fornoff" in the "Attendees" section. With this change, the October 2017 minutes were approved without objection.

Motions

1. Motion to approve the October 2017 Meeting Minutes
1st Leslie Calderelli, 2nd Ira Chasnoff
2. Motion to advise that the evidence does not support the safety of detox from opioids as routine during pregnancy.
1st Ira Chasnoff, 2nd David Soglin
3. Motion to recommend that any provider of MAT must ensure that the patient has access to psychosocial and other therapeutic support services as relevant to the individual.
1st Ira Chasnoff, 2nd Leslie Calderelli
4. Motion to adjourn.
1st David Soglin, 2nd Arvind Goyal

Agenda Items

Updates

Opioid Advisory Committee, Children and Family Sub-Committee

- Carie Bires from the Ounce of Prevention co-chairs the Children and Families sub-committee of the Opioid Response Advisory Council with Julia Zhu. She shared an update on the work of this sub-committee with the NAS Advisory Committee.
- The Children and Families sub-committee has drafted recommendations for the Opioid Response Advisory Council. She will share these recommendations with Brielle, who will send them to the larger NAS Advisory Committee.
- Carie and the NAS Advisory Committee then discussed how to align the work of these two groups. Carie explained that the recommendations of the NAS Advisory Committee fall under the umbrella of "Children and Families." Thus, the sub-committee has not included any recommendations specific to moms and babies as that is expertise of this Advisory Committee. The goal is to incorporate the NAS Advisory Committee's

recommendations into the recommendations of the Children and Families sub-committee.

- The two groups will continue to coordinate and align their work.
- Andrea will share the NAS Advisory Committee's recommendations to-date with Carie and the Children and Families sub-committee.
- Jodi will send Carie and the Children and Families sub-committee and PowerPoint she created about the work of the NAS Advisory Committee.

IDPH Update

- The Annual Report to the legislature is due 3/31/18. Brielle has submitted a draft to IDPH and the Co-Chairs. This draft will be reviewed and edited by 2/22/18.

IDPH Update--Substance Use Treatment Resources Update

- Virginia presented an update on the substance use treatment resource that she has created. There are now even more resources listed in the tool.
- Virginia shared that she and Ashley Horne will be using GIS to overlay opioid-related ED visits by women of maternal age onto the resource map. This will demonstrate where there may be areas of high need with gaps in services.
- Virginia clarified that this resource is primarily for providers. The goal of this tool is to help them connect their patients to services for substance use treatment in their communities.
- The tool will be finalized by the next NAS Advisory Committee meeting on May 1st, 2018.
- The Advisory Committee discussed how to best leverage the rich information in this tool. They discussed creating recommendation around how to use, maintain, and share this tool. As the tool will be finalized in May, the Committee decided to revisit this conversation at the next meeting.

ILPQC Update

- ILPQC shared a PowerPoint outlining their updates for the meeting. Brielle will share this PowerPoint widely with the NAS Advisory Committee so that Committee members can review materials in depth before the May 2018 meeting.
- They first reviewed the ACOG Committee Opinion and AIM OB Care for Women with Opioid Use Disorder Bundle.
- ILPQC then shared materials on provider education on stigma and bias.
- ILPQC then shared the results of their annual team surveys. Responses to these surveys indicate where hospital staff see unmet need both in the community and within their hospitals. These results will guide the ILPQC Mothers and Newborns affected by Opioids (MNO) initiative.
- ILPQC then gave updates on their MNO initiatives. They shared a timeline for the work, the tasks associated with being a wave 1 or wave 2 team, a list of hospitals that are participating as a wave 1 team, and the proposed SMART aims of the initiative.
- Patti will send the proposed data collection form to Brielle, who will in turn send this form to the NAS Advisory Committee for additional comments and feedback.
- Brielle will also share ILPQC's PowerPoint with the NAS Advisory Committee.

Other Updates

- Brielle shared that she has spoken with staff at PCC's co-located primary care and chemical dependency clinic about presenting to the NAS Advisory Committee on their model at the May 1st meeting.
- Brielle also shared that she is working to create a dashboard for the Advisory Committee. She gathered feedback about how she would like to organize resources as well as which platforms would work best. Andrea recommended looking into SharePoint. Brielle will communicate with IDPH staff about access this platform.
- Jane Fornoff shared information and updates about the March of Dimes grant the Department received to engage in chart review of babies impacted by NAS. They will be presenting their data at the next NAS Committee Meeting, and this will inform "step 4" of the Committee's charge.
- During the conversation about IDPH's chart review, a Committee members asked about which ICD-9 codes they are reviewing, which lead to a conversation about how to change ICD-9 coding to improve data collection for NAS. Shelly will send a document that provides suggestions on coding for NAS and substance use to the Committee.
- IDPH also shared that they received a six month ASTHO Grant that will examine patient education on opioid use for the general pregnant population and with moms who have opioid use disorder.

Old Business

Step 3: Develop protocols for training hospital personnel in implementing an appropriate and uniform process for identifying and treating NAS

Vote on "Decision Tree"

- The group discussed the current draft of the "Decision Tree." There was a robust conversation and debate around what should be included on this document. The Subgroup decided to reconvene before the May 2018 meeting to potentially redesign the decision tee (specifically moving the toxicological screening further down and possibly adding depression and other psychosocial risk factors to the "risk factors" section).
 - Jodi will bring a revised version of the decision tree to the May 2018 meeting.
- Illinois hospitals screening and referral protocol discussion*

- ILPQC shared this information in their PowerPoint.
- ACOG/Other Org Recommendations Discussion*

- ILPQC shared this information in their PowerPoint.
- Ellen also shared her review of the ACOG Committee Opinion. She found the opinion to be cutting edge, as they advocated for universal screening and the prevention of separating mothers and babies with NAS. They also advocated against urine toxicology and for enhanced coordination.

Step 4: Identify and Develop Options for Reporting NAS data to the Department by using existing or new data report options

- As discussed earlier in the meeting, IDPH will bring the data from their March of Dimes grant to inform this discussion at the May meeting.
Review Data Collection of Other States Workgroups
 - Shelly aggregated her findings into a single document. Brielle will send this document to the Committee to inform this discussion at the May meeting.

New Business

Step 5: Make recommendations to the Department on evidence-based guidelines and programs to improve the outcomes of pregnancies with respect to NAS .

Review October Recommendation Discussion

- The Committee revisited the conversation that they had at the October 2017 meeting. The follow topics were discussed.
Postpartum Definition Recommendation
 - The Committee discussed how the definition used by Medicaid should align with SAMSHA and ACOG's recommendation.
 - Dr. Goyal believes that Medicaid provides coverage for post partum services up to a year post partum. However, if a woman is insured by Medicaid because she is pregnant, but would otherwise be ineligible, he believes that they are covered for 4-6 weeks post partum. He will look into this and bring us the correct information at our next meeting in order to inform this conversation.
Detox to Treatment Recommendation
 - The Committee discussed how individuals in detox actually become higher risk for overdose because of their reduced tolerance. This can most negatively impact a woman who relapses in the post partum period, increasing her likelihood of fatal overdose.
 - Dr. Chasnoff made a motion to recommend that the evidence does not support the safety of detox from opioids as routine during pregnancy. Dr. Soglin seconded this motion and it was unanimously accepted by the Committee.
 - The Committee discussed making another recommendation around the increased risk of maternal death from overdose during the postpartum period. Specifically, the Committee was interested in recommended that due to this increased risk, providers should be especially careful when detoxing women in the postpartum period.
 - Dr. Madison shared her experience detoxing pregnant and postpartum women. She recommended reviewing the tool she uses professionally when

making these decisions before making any additional recommendations. The Committee agreed to this. She will send this tool to the Committee for further discussion at the May 2018 meeting.

Resources in Underserved Areas Recommendation

- The Committee would like to revisit this recommendation after reviewing the resource map that Virginia will bring to the Committee at the May 2018 meeting.

MAT Prescription Recommendation

- The Committee discussed how there is a CDPH learning collaborative around this issue. They also discussed that the co-located primary care and chemical dependency clinics, like at PCC and the WISH Clinic, are tackling this.
- The Committee will hear from PCC at the May 2018 meeting and this presentation will inform this conversation.

Waiver Training Recommendation

- The Committee discussed how training to receive a waiver to prescribe buprenorphine is eight hours and afterwards many clinicians do not utilize this new ability.
- CDPH has a training to receive this waiver. Virginia will bring information about this training to the Committee at the May 2018 meeting to inform this discussion.

MAT and Counseling Recommendation

- The Committee discussed the need to have adequate support and resources for women who are receiving MAT during and after pregnancy. Namely, it is important that women receive wraparound services and are not just receiving the MAT in a vacuum.
- Dr Chasnoff made a motion to recommend that any provider of MAT must ensure that the patient has access to psychosocial and other therapeutic support services as relevant to the individual. Dr. Calderelli seconded this motion and it was unanimously accepted by the Committee.

Provider Language Recommendation

- The Committee will review the resources pulled together by ILPQC and revisit this conversation at the May 2018 meeting.

Sustainability Recommendation

- The Committee decided to revisit this conversation at the May 2018 meeting.

Next Steps

Work Plan

- Brielle shared her revisions to the Committee's work plan. She added elements to remind the Committee to formally pass recommendations along to the Director. She also added elements

that will help the Committee consider any policy implications or recommendations related to their recommendations, as well as any recommendations around implementation.

- Brielle will send a revised Work Plan to the Committee for their review before the May 2018 meeting. She will incorporate the new elements to the May 2018 agenda.

Other

- Next Steps are as follows:
 - Carie will share the draft recommendations from the Children and Families sub-committee.
 - Andrea will share the NAS Advisory Committee's recommendations to-date with Carie.
 - Jodi will send her PowerPoint presentation on the work of the NAS Advisory Committee to Carie.
 - Brielle will share the ILPQC PowerPoint presentation with the Committee.
 - Patti will send the proposed data collection form to Brielle, who will in turn send this form to the NAS Advisory Committee for additional comments and feedback.
 - Brielle will work with IDPH staff to access SharePoint.
 - Shelly will send a document that provides suggestions on coding for NAS and substance use to the Committee.
 - The Decision Tree Subgroup will reconvene before the May 2018 meeting to potentially redesign the decision tree.
 - Brielle will send Shelly's document on other state's data collection efforts out to the Committee.
 - Dr. Goyal will share information on how long women insured by Medicaid because they are pregnant are covered in the post partum period.
 - Bahakia Madison to send her most recent tool used in regards to detoxing and pregnant women.
 - Virginia will bring information about the CDPH waiver training to the Committee.
 - Brielle will send the revised work plan to the Committee.

Adjournment

Dr. Soglin moved for the meeting to be adjourned. This was agreed upon by Dr. Goyal at 12:21pm on Thursday, February 8th, 2018.