

## ILLINOIS DEPARTMENT OF PUBLIC HEALTH (IDPH)

Illinois Suicide Prevention Alliance

November 13, 2019

10:00am - 1:00pm

Approved February 14, 2020

### WebEx

**Chicago** James R. Thompson Center, 100 W. Randolph St., Room 9-036  
**Springfield** IDPH, One Natural Resources Way, Lake Level  
**WebEx** <https://illinois2.webex.com/join/IllinoisInjuryViolenceSuicidePrevention> Select "Call Me" option; enter 10 digit number then the meeting will call you – other options are to “Call Using Computer” or “I Will Call In” Meeting number (access code): 282 290 052. Phone +1-240-454-0879 USA Toll Global call-in numbers; Access code 282 290 052

### AGENDA

- I. Welcome & roll call and Introductions
- II. Review & approval of August 26, 2019 meeting minutes \*
- III. Update of ISPA member vacancies
- IV. Overview of suicide prevention related legislation
- V. Discuss implementation of Public Act 101-0331
- VI. Plan for the 2020 Suicide Prevention Summit
- VII. Update on the ISPA Adolescent Suicide Prevention Ad Hoc Committee
- VIII. Partner Sharing
  - a. Share your agency’s plans to observe Suicide Prevention Week/Month
- IX. Agency Announcements
  - a. Share information about your agency’s suicide prevention activities
  - b. Debbie Nunez, Chicagoland Fibromyalgia & Chronic Disease Pain Organization, will share their efforts to address the link between pain management and suicide ideation.

### Appointed Members in Attendance

		<i>Present</i>	<i>Excused</i>	<i>Un-Excused</i>
Stan Lewy	Survivor of suicide loss		X	
Jenna Farmer-Brackett	SP Program serving rural communities	<i>Phone</i>		
Mike McCarter	Representing emergency medical services		X	
Katie Jones	Representative for the lesbian, gay, bi-sexual, transgender and questioning community		X	
Chuck Johnson	Illinois Hospital Association	<i>Springfield</i>		
Hannah Chapman	Representing veteran services	<i>Springfield</i>		
Eric Davidson	Higher Education		X	

### Ex-Officio Members in Attendance

Dr. Teresa Glaze	Illinois Department of Human Services (IDHS)	<i>Chicago</i>		
Rebecca Doran	Illinois State Board of Education	<i>Phone</i>		
Brian Kieninger	Illinois Department of Public Health (IDPH)	<i>Phone</i>		
Mike Berkes	Illinois Department on Aging			X
Tony Webster (proxy for Lt Colonel Akil Smith)	Illinois State Police	<i>Springfield</i>		
Mary Ratliff	Illinois Criminal Justice Information Authority	<i>Phone</i>		
Jennifer Martin	IDPH Injury & Violence Prevention Program	<i>Springfield</i>		

### Stakeholders in Attendance

## Chicago

- Joel Frieders, Hope for the Day
- Catherine Rook, Sertoma Centre
- Madiha Qureshi, Lurie Children's Hospital of Chicago

## Springfield

- Kim Bryan, Survivor of suicide loss, Rattle the Stars
- Shirley Davis
- Geetu Sharma, IDPH
- Janet Ajiboso, IDPH

## WebEx/Phone

- Steve Moore, American Foundation for Suicide Prevention, Illinois Chapter

- Lee Ann Reinert, IDHS
- Becky Doran, Illinois State Board of Education
- Stacey Hoferka, IDPH
- John Stallworth, IDPH
- Angela Thinnies, Thresholds
- Gia Washington, Sertoma Center
- Kelly Vrablic, IDPH
- Amanda Norris, Riveredge Hospital
- Tandra Rutledge, Riveredge Hospital
- Matt Israel, Chicagoland Fibromyalgia & Chronic Disease Pain Organization
- Debbie Nunez, Chicagoland Fibromyalgia & Chronic Disease Pain Organization

### **Welcome & roll call and Introductions (Steve)**

- Steve Moore welcomed and thanked everyone for attending the meeting.

### **Review & approval of August 26, 2019 meeting minutes (Steve)**

- No quorum. Members will review and approve minutes during the next meeting.

### **Update of ISPA member vacancies (Jennifer)**

*New appointees* – the following people are new appointees. Each were invited to introduce themselves to the alliance.

- Mary Ratliff, Illinois Criminal Justice Information Authority.
- Dr. Brenda Henderson, Illinois Department of Children and Family Services.

*Nominations* – No new nominations. Current nominees have gone through internal review and waiting the Director's review.

### **Overview of Suicide Prevention related Legislation (Steve)**

- Steve reported this is Veto Session. There are now bills related to suicide prevention.
- Several bills mentioned during the last meeting became law.
- Lee Ann reported IDHS created a School Based Mental Health Resources, as part of PA 101-0045 - <http://www.dhs.state.il.us/page.aspx?item=118331>. It went live last month. There is a wealth of information for various audiences – teachers, school staff, parents/guardians, and students. ISPA members noticed there was much information about bullying and wondered if additional information would be added later. The material is consistent with what the public act required – IDHS was required to develop an online database and resource page related to metal health resources related to bullying and school shootings. There was further discussion about the possibility of adding more information and linking between other sites, including the webpages the ISPA Adolescent Suicide Prevention Ad Hoc Committee is developing.

### **Discussion about the Lifeline network in Illinois**

- Lee Ann also shared IDHS review a Request for Applications from the Substance Abuse and Mental Health Administration to increase capacity of the National Suicide Prevention Lifeline (Lifeline) to answer more calls within the state. Currently, local crisis center in Illinois participating in the Lifeline network answer 30% of the calls. The goal is 70%. IDHS Division of Mental Health (DMH) reviewed the grant opportunity in detail but found due to certain parameters that Illinois was not able to apply. Illinois would have to commit to the ability to answer calls in a certain timeline. Also, many counties are not linked to a crisis center in the Lifeline network and those centers were not able to expand their services to all of the counties. The Division is looking at other approaches.

### **Questions from ISPA members**

- If we are not able to apply for the grant, can we improve and build upon the system we have. For instances, is there a way to spread the calls among the existing crisis centers? Is there oversight over the existing Lifeline centers?
  - DMH does not have authority over the centers participating in the Lifeline network. The Lifeline is a federal program and local centers link directly with them for technical support and training. The Lifeline provides reports and DMH found the centers are answering calls at high rates, but the challenge is there are large parts of the state not covered. DMH is looking at ways to support and encourage providers to join the Lifeline network.
- Can technology be used to virtually link callers to providers or volunteers? For instances, can volunteers across the state be on call? Or do calls need to be received at a “brick and mortar”?
  - The Lifeline requires a landline.
  - Members were very interested in Illinois looking at different models to triage calls and not rely on federal funding with rigid requirements; however, another member cautioned if we use the existing 800# then any change in the model would require a change at the national level. People are familiar with that number and will be calling it so it would not be practical for Illinois to develop its own system. It also was noted the Federal Communication Commission (FCC) wants to change the National Suicide Prevention Lifeline 10-digit 800 number to a three-digit number so some changes are anticipated at the national level. Steve will raise these ideas with the American Foundation for Suicide Prevention as they provide input on the new three-digit number.

#### **Discuss implementation of Public Act 101-0331**

- Public Act 101-0331 amends the Illinois Suicide Prevention Alliance. It requires IDPH to coordinate suicide prevention and develop a new state plan, subject to appropriation. Currently, there is not an appropriation so Steve mentioned it will be up to ISPA members to work on the revising the plan. He will convene an ad hoc committee to begin working on updating the current plan.

#### **Plan for 2012 Suicide Prevention Summit (Steve)**

- Tandra reported Loyola School of Nursing is committed to supporting the summit for the next four years. She is talking to several colleges about hosting it. She hopes to have a date and location secured by the end of the year. She is looking at dates in March-May (e.g., during spring break or after graduation).
- Steve mentioned the summit will focus on addressing suicide prevention in the healthcare setting.
- Members asked if the summit could be hosted in other parts of the state in the further. The summit theme could be tailored to the area – for example, rural suicide prevention, suicide prevention among college students. It also was recommended to look at utilizing technology so current/future trainings can be accessible to stakeholders across the state.
- If you are aware of facilities which could host 200+ please share that information with Tandra.

#### **Update on the ISPA Adolescent Suicide Prevention Ad Hoc Committee (Geetu)**

- Geetu provided an update.
- Geetu provided updates on the following priority areas.
  - Priority 1 – Identify potential sources of funding for suicide prevention activities (Obj 6.1)
    - Funding list finalized.
  - Priority 2 – Increase the capacity of schools to screen for mental health problems and to link students to services. (Obj 3.9)
    - Reviewed state and national guides and toolkits to share with school personnel.
    - Began to draft a list of resources. A subcommittee was formed to develop an adolescent and young adult resource lists and webpages for different audiences. Each would link audiences to national and state resources. Chuck shared the Illinois Hospital Association developed a resource list.
  - Priority 3 – Assess current suicide prevention mandates and develop recommendations for enhancements as needed (Obj 6.3)
    - Distributed a survey at multiple events to learn how schools are implementing the mandates and what tools/technical assistance we they need. The ad hoc committee looked at the preliminary

result which showed even though schools were meeting the training requirement, staff would like to have more training that are hands-on and prefer in-person trainings. Staff converted the survey to an online format but need to tweak it to be user friendly. Committee members are identifying other opportunities to distribute the survey. It was requested to share the survey with ISPA members to distribute through their networks.

○ Miscellaneous

- Guest Speaker at the September 2019 meeting – Debbi Smith, Community & Residential Services Authority
- Reviewed community needs assessments to identify priorities areas for communities. The information was into an interactive map. The information will help us identify communities focused on suicide prevention, depression, etc. whom we can outreach to and connect with.
- Maps of suicide data by county and age group were released.
- IDPH staff met with ISBE staff to learn more about data collected which could inform our efforts – for example, Youth Risk Behavior Surveillance Survey, Five Essentials, and School Profile. The ISBE Governance Office agreed to review their data to see if information is being collected around how schools are implementing the mandates. ISBE staff overseeing the School Profile – a survey for health teacher to learn about the physical and emotion health of students – discussed the possibility of adding questions to the survey.
- Geetu announced her internship is ending, and she appreciates everyone’s guidance. Jennifer will meet with staff from the IDPH Office of Women’s Health and Family Services, who funded Geetu’s positions, to identify next steps for the ad hoc committee.

**Partner Sharing – share how your agency observed Suicide Prevention Week/Month**

- Joel shared Hope for the Day assist communities in different states to gain suicide prevention proclamations. They provided education to their police department and talked to city councils about their next steps in mental health and suicide prevention. They plan to increase their outreach efforts and encourage providers to be more vocal about the services they provide and help link others to them.
- Catherine, along with Gia, facilitated QPR trainings as part of a local conference.
- Kim provide suicide intervention training. They also recognized PRIDE month by hosting the Trevor Project at PRIDE Fest.
- Hannah reported she and a colleague attended a national conference with Department of Justice staff and VA staff. The conference focused on promoting the public health model. They are identifying goals to work on at the VA level and community level. For suicide prevention month, they increase their suicide prevention presence at the facilities and radio. She conducted a presentation at the Illinois Department on Aging.
- Tandra shared she presented to the Illinois Association of School Nurses and the Illinois Association of School Social Workers conferences. Presented at the University of Chicago’s research symposium about their journey to Zero Suicide success story. She provided numerous several QPR and Safe Trainings for the community. She participated in two AFSP Out of the Darkness walks.
- Amanda Norris coordinated a school-based round table event. About 60 participants attended. ISBE provided a presentation. The ISPA Adolescent Suicide Prevention Ad Hoc Committee’s survey for schools was distributed. A second event is scheduled for April. Started their second-year partnership with Elyssa’s Mission to utilize Signs of Suicide, use tele-assessments, and provide mobile assessments.
- Steve reports the American Foundation for Suicide Prevention (AFSP) had nineteen walks. AFSP also presented at the University of Chicago research symposium. Hosted ten Talk Saves Lives presentation. He conducted a presentation to Illinois Department on Aging providers.
- Chuck shared they hosted their annual fund raiser in addition to other events as a manner to generate funds to support suicide prevention in their community. In return they take requests from the community and sponsor events. Their label campaign went well and was able to distribute labels about “Suicide is Never the Solution” to students to place on the back of their ID. They hosted Kevin Hines for a training with professions, in addition to a training for the community. Chuck has provided other trainings in the community and working with the Farm Extension to bring their teen depression program into rural high schools. They also are collaborating with SIU Family Practice.

## **Agency Announcements**

- Jennifer announced Janet Ajiboso will be the new Injury and Violence Prevention Graduate Intern.
- Steve reported AFSP is partnering with the D.A.R.E. program to incorporate AFSP programming about suicide prevention, depression, and anxiety to the D.A.R.E. program. Steve went to a D.A.R.E. officer training to see it implemented. They also are working with Chicago Department of Public Health who is providing funding to a couple of groups to look at bullying and suicide in Chicago.
- Kim attended a training for first responders hosted by Rosecrance, entitled the Florian Program for Uniformed Service Personnel. She wanted to pass on information about the program to others - <https://rosecrance.org/addiction-treatment/florian-program>
- Madiha, with Teamwork to Reduce Infant, Child, and Adolescent Mortality (TRICAM), is looking at mortality of those 0-24 years of age n- suicide is in the top six.
- Debbie Nunez, Chicagoland Fibromyalgia & Chronic Disease Pain Organization, shared information about their efforts to address the link between pain management and suicide ideation. Some of her key points included:
  - They developed a definition for pain shame.
  - Emotional pain affects physical pain.
  - People have been discredited because their pain is not visible.
  - They develop an “End Pain Shame Campaign” to support research, education, train, and support. They plan to create video stories with those that have been discredited about their pain, empower patients, restore dignity and respect through many modalities, and celebrate (a dignity party).
  - They have an “End Pain Shame Campaign” Facebook webpage.
- Jennifer shared county maps were released. The maps were broken out by age group.

The next ISPA meeting will be Wednesday, November 13, 2019