

**MEETING NOTICE**  
**ILLINOIS DEPARTMENT OF PUBLIC HEALTH**

Illinois Suicide Prevention Alliance

January 22, 2016

10 a.m. – 2:30 p.m.

*Approved May 9, 2016*

VIDEO CONFERENCE:

Chicago – James R. Thompson Center, 100 W. Randolph St., Conference Room 9040

Springfield – IDoA, One Natural Resources Way, 2<sup>nd</sup> Floor, Rock River Room

Glen Carbon – IDPH, #22 Kettle River Dr

Marion – IDPH office, 2309 W. Main St.

CONFERENCE CALL-IN: 888-494-4032, Passcode 2631052766#

<b><u>Appointed Members in Attendance</u></b>		<b><i>Present</i></b>	<b><i>Excused</i></b>	<b><i>Un-Excused</i></b>
Chuck Johnson	Illinois Hospital Association	<i>Springfield</i>		
Colleen Daley	Illinois Council Against Handgun Violence		X	
Eric Davidson	Illinois Higher Education Center		X	
Jessica Gerdes	Illinois State Board of Education	<i>Chicago</i>		
Lora Thomas	NAMI Illinois – National Alliance on Mental Illness	<i>Phone</i>		
Mariann Blacconiere	Representing service members, veterans, and their families	<i>Chicago</i>		
Peter Mulhall	Center for Prevention Research and Development	<i>Phone</i>		
Steve Moore	American Foundation for Suicide Prevention		X	

<b><u>Ex-Officio Members in Attendance</u></b>				
Jennifer Martin	Illinois Department of Public Health (IDPH)	<i>Springfield</i>		
Jessica O’Leary	Office of the Attorney General	<i>Phone</i>		
Mary Mayes	Illinois Department on Aging	<i>Springfield</i>		
Mary Ratliff	Illinois Criminal Justice Information Authority		X	
Master Sergeant Ed Petrik	Illinois State Police	<i>Chicago</i>		
Patricia Reedy	Illinois Department of Human Services (IDHS)		X	

<b><u>Stakeholders in Attendance</u></b>				
Katie Baker	Elyssa's Mission	<i>Chicago</i>		
Jonny Boucher	Hope for the Day	<i>Chicago</i>		
Hannah Chapman	US Department of Veteran Affairs	<i>Springfield</i>		
Carl E	Hope for the Day	<i>Chicago</i>		
Paul Fleming	Survivor	<i>Chicago</i>		
Carol Gall	Sarah's Inn	<i>Chicago</i>		
Angelica Hernandez	IDPH- Office of Women's Health and Family Services	<i>Phone</i>		
Olivia Johnson	Blue Wall Institute	<i>Phone</i>		
Katie Jones	Molina Healthcare of Illinois	<i>Phone</i>		
Candace Kovacs	Community Counseling Centers of Chicago	<i>Phone</i>		
Dave Kunicki	Hope for the Day	<i>Chicago</i>		
Becky Levin	Lurie’s Children Hospital	<i>Chicago</i>		
Tom Miller	IDHS/Division of Mental Health - Veteran Services Team	<i>Phone</i>		
Mary Nigma	Survivor - St Clair County Suicide Alliance member	<i>Phone</i>		
Steve	Elyssa’s Mission	<i>Chicago</i>		

## **Introductions/Welcome**

Introductions and a welcome were made by Ms. Martin. Quorum is met.

## **Review & approval of September 16, 2015 meeting minutes**

Copies of the minutes were distributed prior to the meeting and copies were available at the Springfield location. Mr. Johnson motioned for the approval of the minutes, with a second from Mr. Miller. All in favor, motion carried.

## **Update from Illinois Department of Public Health (Department)**

The legislation requires the alliance to meet four times a year so an addition meeting was added to the FY16 calendar. On February 29, 2016, the alliance will meet from 10:30a – 12:00p by conference call. The focus of the meeting will be to review and approve the bylaw revisions which will be discussed later in today's meeting.

## **Update of ISPA leadership positions and member vacancies**

Ms. Martin provided an update on the call for nominations for vacancies on the alliance. Nominations were received for the following positions: researcher in Suicidology, representative from a suicide prevention program serving rural communities, survivor of suicide (lost a loved one to suicide), consumer of mental health services and representative for the lesbian, gay, bi-sexual, transgender and questioning (LGBTQ) community. Nominees were selected for each area and provide board membership packets to complete. Several nominees attended today's meeting. No nominations were received to represent the fire service or emergency medical services. Members were asked to share ideas for identifying nominees for these positions.

## **Overview of the White House's #MentalHealthHackathon event in Chicago**

On December 12, 2015, several stakeholders attended an event hosted by the White House Office of Science and Technology Policy, National Institutes of Health, and Department of Veteran Affairs. It was a day of hackathons and data jams across the nation to address suicide prevention. Data scientists, engineers, designers, and domain experts are joining forces across five cities for one purpose — to prevent suicide by unlocking the power of open data and technology. Mr. Miller shared the day started with introductions from each city. Each city addressed a different topic. Chicago focused on data basis and referrals. Participants went around the room to see what people knew. A report will be released.

## **Overview of suicide prevention related legislation**

Mr. Moore was unable to join today's meeting. He shared with Ms. Martin there is no update on legislation because it's early in the season, plus all eyes are on the budget.

Mr. Miller provided an update that the Veteran Suicide Task Force began meeting. It is led by Representative Kifowit and Senator Cullerton with representation from Illinois Department of Veterans' Affairs, Illinois Military Affairs, Illinois Department of Human Services and Illinois Department of Public Health. Mr. Miller and Ms. Martin are members of the task force. Hearings will be held across the state and a report released by the end of the year. Ms. Martin shared the comprehensive suicide prevention and behavioral health promotion model with the task force to guide future discussion.

## **Bylaw revisions**

The subcommittee met between the alliance meetings to discuss proposed changes. They looked back at the original legislation and discussed the intent of the legislation. They don't want to lose the foundational work and mentioned the importance of having a strong state partner to continue the work. They'd like to meet again to review the recommended edits from the Department. On face value the recommendation look okay but they are more concerned about moving forward in a positive and strategic approach. Subcommittee will meet again and bring back recommendations. Ms. Jones, Mr. Lewy and Ms. Blacconiere asked to join the subcommittee.

## **Workgroup updates**

### **a. Community Awareness Workgroup**

An issue paper entitled “Sexual Orientation, Gender Identity and Youth Suicide” was updated and presented for review. The alliance approved the changes and Ms. Martin will submit it for further approval. Members were asked to think about avenues to distribute the paper once it is released.

Ms. Gall asked if members found the issue paper are useful. Members shared they use them for presentations. The alliance had further discussion about increase awareness of the papers. Some ideas included –

- Define places to distribute materials – e.g., local health departments, libraries and universities
- In preparation for Suicide Prevention Week, distribute link to webpage so people can utilize the paper during their local efforts
- A couple times a year, send local health departments a list of issue papers available.
- Managed care agencies may be willing to add the paper to their educational pages.
- Send to SASS (Screening, Assessment & Support Services) agencies and to Illinois Department of Human Service partner agencies
- When someone searches Illinois suicide prevention, the following webpages come up – Suicide Prevention Research Center, It Only Takes One and American Foundation for Suicide Prevention – so it would be important to have the papers listed on these sites.

Staff from Hope for the Day (HFTD) reported on their plans to re-launch the It Only Takes One (IOTO) campaign. The target date is May 1<sup>st</sup>. As a national organization, HFTD plans to expand the work started in Illinois and take it nationally. HFTD intends to have national, state and county level resources. Tregg Duerson, son of legendary 85’ Chicago Bears football player Dave Duerson, is listed as a spokesperson for IOTO. HFTD plans to add new technology to reach youth and would like to add text messaging.

### **b. Data Workgroup**

Dr. Mulhall reported several new members have joined the workgroup. He represents the alliance on the Illinois Violent Death Reporting Systems’ (IVDRS) advisory board. During their last meeting, Catherine Barber from the Harvard School of Public Health spoke about suicide from different angles. IVDRS continues to expand, is developing reports and connecting with the coroner’s association.

The workgroup discussed the idea of accessing National Suicide Prevention Lifeline data to gain a better understanding of calls in Illinois. Mr. Lewy stated he could share information with Dr. Mulhall.

Dr. Mulhall provided an update on suicide ideation data from the Illinois Youth Survey. He also shared results around questions about depression/inability to function and having a meaningful adult in your life. He’d like to gather more data and share with the group.

Dr. Mulhall shared information about a study on early mortality rates for men. Instead of reverse longevity rates, they looked at people in younger years and midlife morbidity.

### **c. Education and Training Workgroup**

Ms. Martin provided a planning update for the 2016 statewide training. Staff toured Lincoln Land Community College as a potential location for the training. Committee members are helping staff outreach to potential satellite locations. Kevin Hines agreed to serve as the keynote. The training date will be based on his availability. Staff are following up on recommendations for speakers for the general sessions. The topics will be local suicide prevention task force strategies, overview of National Suicide Prevention Lifeline and follow up strategies, in addition to suicide research.

**d. Service Members, Veterans and their Families Ad Hoc Committee**

Mr. Miller reported several of the members of the ad hoc committee have switched positions so they were not able to meet in November. The Veterans Suicide Task Force will meet next week at the Capital. Mr. Miller believe the work of the task force will provide support behind the development of a comprehensive plan. He also reported since there have been changes at the Substance Abuse and Mental Health Administration, there has been a re-ignition of their connection to states and they are doing it through the governor's offices.

**e. State Agency Support and Review Subcommittee**

Ms. Reedy reported the subcommittee discussed developing a survey for its members to gauge the member's interest in the group and what the next steps should be.

Strategies for juvenile justice staff

- i. Training – the planning group decided a four phase approach. First, up to five detention centers would be allowed to observe the Shield of Care (SOC) training, then utilize that experience to inform Illinois' planning efforts. Second, a conference call with administrators will be held to introduce them to our initiative and to the SOC model. Third, a crash course on suicide prevention will be offered to those planning to attend the training. Last, a virtual training on SOC will be offered. Mr. Fleming recommended tailoring the training for different types of centers, such as state facilities, short term facilities, etc.
- ii. "Curriculum" review – experts from the fields of suicide prevention and juvenile justice were recruited to serve on a committee to help identify references resources and to review, discuss and prioritize key content. The committee will meet monthly between February and June.
- iii. Webinar on commonly used mental health drugs – the center administrators requested a layman's' training to better understand the effects of the drugs their youth may be taking. Division of Mental Health is helping Ms. Martin identify a speaker

**Agency Updates**

- Ms. Gerdes provided an update on the Anne Marie's law which schools are required to have a policy and the state is required to develop a sample policy.
- Katie Jones reported managed care has a quality measure, as part of their improvement plan. It states as part of follow up after a hospital visit, a person needs to be seen by a licensed mental health professional within seven days. There is more money for providers and more care for families. They want to get people connected to services. Ms. Jones and several of the manager care staff would like to do a presentation to the alliance. First, they will present to the Community Awareness workgroup.
- Katie Baker with Elyssa's Mission reported they are continuing their efforts to implement Signs of Suicide to middle and high school students. They are working with Chicago Pubic Schools to reach social workers and tell them about the program.