

## Postpartum Care

Percentage (%) of recent mothers in Illinois who reported a health care worker did any of these things during the postpartum visit

Among women reporting they had a postpartum visit

Survey Question 68: During your postpartum checkup, did a doctor, nurse, or other health care worker do any of the following things?

Response: Yes

	Percentage <sup>1</sup>	95% CI <sup>2</sup>		Respondents <sup>3</sup>	Estimated Population Affected <sup>4</sup>
Ask me if I was feeling down or depressed	90.8	88.8	92.5	1,121	117,231
Talk to me about birth control methods I can use after giving birth	89.7	87.6	91.6	1,121	115,838
Tell me to take a vitamin with folic acid	64.2	61.0	67.2	1,121	82,943
Talk to me about healthy eating, exercise, and losing weight gained during pregnancy	63.2	60.0	66.3	1,120	81,590
Ask me if someone was hurting me emotionally or physically	56.1	52.9	59.3	1,122	72,583
Ask me if I was smoking cigarettes	56.0	52.7	59.2	1,121	72,262
Talk to me about how long to wait before getting pregnant again	53.0	49.7	56.2	1,118	68,125
Give or prescribe me a contraceptive method such as the pill, patch, shot (Depo-Provera®), NuvaRing®, or condoms	40.0	36.9	43.3	1,118	51,511
Test me for diabetes	25.3	22.6	28.3	1,117	32,561
Insert an IUD (Mirena®, ParaGard®, Liletta®, or Skyla®) or a contraceptive implant (Nexplanon®, or Implanon®)	16.0	13.7	18.5	1,113	20,458

<sup>1</sup>Percentage = Weighted percentage

<sup>2</sup>CI = Confidence interval lower/upper bounds

-- Indicates denominator <30 respondents

<sup>3</sup>Respondents = The total number who responded to the survey question

<sup>4</sup>Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition