

Infant Sleep Habits

Percentage (%) of recent mothers in Illinois who reported the following related to their baby's sleep environment

Survey Question 60: Listed below are some more things about how babies sleep. How did your new baby usually sleep in the past 2 weeks? For each item, check No if your baby did not usually sleep like this or Yes if he or she did. Response: Yes

	Percentage ¹	95% CI ²		Respondents ³	Estimated Population Affected ⁴
In a crib, bassinet, or pack and play	88.9	86.7	90.8	1,169	121,523
With a blanket	44.0	40.9	47.2	1,156	59,525
In an infant car seat or swing	39.5	36.5	42.7	1,162	53,760
In a sleeping sack or wearable blanket	37.3	34.3	40.4	1,157	50,376
On a twin or larger mattress or bed	32.0	29.1	35.1	1,157	43,348
With crib bumper pads (mesh or non-mesh)	15.6	13.4	18.1	1,156	21,096
With toys, cushions, or pillows, including nursing pillows	9.1	7.4	11.2	1,158	12,359
On a couch, sofa, or armchair	7.6	6.1	9.4	1,158	10,283

¹Percentage = Weighted percentage

²CI = Confidence interval lower/upper bounds -- Indicates denominator <30 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition