



## Travel in the United States

Crowded travel settings, like airports, bus and train terminals, may increase your risk of exposure to COVID-19.



### Things to consider before travel:

- If the coronavirus is spreading at your destination, but not where you live, you may be at higher risk of exposure if you travel there.
- Your risk of exposure to COVID-19 may increase in crowded settings, particularly closed-in settings with little air circulation.
- Travelers at high-risk (older adults and people of any age with serious chronic medical conditions) should avoid all cruise travel and non-essential air, bus or train travel.
- You may be asked to stay home for up to 14 days if you have close contact with someone who has COVID-19 during travel.
- If sick with COVID-19 upon your return, your household contacts may be at risk of infection.
- If you have mild symptoms or don't have a fever when traveling, you might not realize you are infectious and spread COVID-19 to others.



### Depending on your unique circumstances, you may choose to delay or cancel your plans.

If you do decide to travel, be sure to **practice precautions** to prevent getting and spreading COVID-19 and other respiratory diseases during travel. For the most up-to-date COVID-19 travel information, visit CDC COVID-19 Travel page:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>.

