**QUARANTINE** keeps someone who was in close contact with someone who has COVID-19 away from others.

- If you had close contact with a person who has COVID-19:
  - Stay home until 14 days after your last contact.
  - Check your temperature twice a day and watch for symptoms of COVID-19.
  - If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.

**ISOLATION** keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

- If you are sick and think or know you have COVID-19:
  - Stay home until after:
    - 3 days with no fever and
    - Symptoms improved and
    - 10 days since symptoms first appeared

- If you tested positive for COVID-19 but do not have symptoms:
  - Stay home until after:
    - 10 days have passed since your positive test.

If you live with others, stay in a specific “sick room” or area and away from other people or animals, including pets. Use a separate bathroom, if available.

Questions about COVID-19?
Call 1-800-889-3931 or email dph.sick@illinois.gov
Illinois Department of Public Health - www.dph.illinois.gov