Please check the box next to your answer or follow the directions included with the question. You may be asked to skip some questions that do not apply to you.

	BEFORE PREGNANCY			
T	he first questions are about you.			
1.	How tall are you without shoes?			
	Feet Inches			
	OR Centimeters			
2.	Just before you got pregnant with your new baby, how much did you weigh?			
	Pounds <b>OR</b> Kilos			
3.	What is <u>your</u> date of birth?			
	Month Day Year			
	Month Day Teal			
4.	Before you got pregnant with your new baby, did you ever have any other babies who were born alive?			
igcup	□ No ————— Go to Question 7 □ Yes			
5.	Did the baby born <i>just before</i> your new one weigh 5 pounds, 8 ounces (2.5 kilos) or <i>less</i> at birth?			
	□ No □ Yes			

5.	Was the baby <i>just before</i> your new one born <i>earlier</i> than 3 weeks before his or h due date?	er
	□ No □ Yes	
be	he next questions are about the time efore you got pregnant with your new aby.	
7.	At any time during the 12 months before you got pregnant with your new baby, die you do any of the following things? For each item, check No if you did not do it or Yes if you did it.	d
	No Yo	es
a.	I was dieting (changing my eating habits) to lose weight	3
b.	I was exercising 3 or more days of the week	ב
c.	I was regularly taking prescription medicines other than birth control	]
d.	I visited a health care worker and was checked for diabetes	3
e.	I visited a health care worker and was checked for high blood pressure	ב
f.	checked for depression of anxiety	]
g.	I talked to a health care worker about my family medical history	ב
h.	I had my teeth cleaned by a dentist or dental hygienist	)

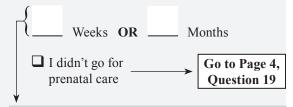
3. During the month before you got pregnant with your new baby, what kind of health insurance did you have?  Check ALL that apply  Private health insurance from my job or the	11. Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker tell you that you had any of the following health conditions? For each one, check No if you did not have the
job of my husband, partner, or parents  ☐ Private health insurance purchased directly from an insurance company ☐ Medicaid or Illinois Healthy Women ☐ TRICARE or other military health care ☐ Some other kind of health insurance → Please tell us:	condition or Yes if you did.  No Yes  a. Type 1 or Type 2 diabetes (NOT the same as gestational diabetes or diabetes that starts during pregnancy)   b. High blood pressure or hypertension   c. Depression
I did not have any health insurance during the <i>month before</i> I got pregnant	The next questions are about the time when you got pregnant with your new baby.
During the <i>month before</i> you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?	12. Thinking back to <i>just before</i> you got pregnant with your new baby, how did you feel about becoming pregnant?
☐ I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the month before I got pregnant ☐ 1 to 3 times a week ☐ 4 to 6 times a week ☐ Every day of the week ☐ Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk to you about how to	I wanted to be pregnant later  I wanted to be pregnant sooner  I wanted to be pregnant then  I didn't want to be pregnant then or at any time in the future  I wasn't sure what I wanted  13. How much longer did you want to wait to
improve your health before pregnancy? ☐ No ☐ Yes	become pregnant?  ☐ Less than 1 year ☐ 1 year to less than 2 years ☐ 2 years to less than 3 years ☐ 3 years to 5 years ☐ More than 5 years

14.		hen you got pregnant by, were you trying to	•
		No	
		Yes	<b>Go to Question 17</b>
*			
15.	ba do pr fro	then you got pregnant aby, were you or your bring anything to keep regnant? Some things prom getting pregnant incontrol pills, condoms, wordly planning.	husband or partner from getting people do to keep clude using birth
		No	
		Yes —	Go to Question 17
•			
	or	hat were your reasons partner's reasons for keep from getting pro	not doing anything egnant?
			eck ALL that apply
		I didn't mind if I got p	regnant
		I thought I could not g	get pregnant at that
		time	
		I had side effects from method I was using	the birth control
	П	I had problems getting	whirth control when
		I needed it	g off the control when
		I thought my husband sterile (could not get p	-
		My husband or partner	_
	_	anything	i didii i wani to use
		I forgot to use a birth of	control method
		Other —	

## **DURING PREGNANCY**

The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)

17. How many weeks *or* months pregnant were you when you had your first visit for prenatal care? Do not count a visit that was only for a pregnancy test or only for WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children).



18. Did you get prenatal care as early in your pregnancy as you wanted?



19. Did any of these things keep you from getting prenatal care when you wanted it?  For each item, check No if it did not keep you from getting prenatal care or Yes if it did.	21. During your most recent pregnancy, what kind of health insurance did you have to pay for your prenatal care?  Check ALL that apply
a. I couldn't get an appointment when I wanted one	<ul> <li>□ Private health insurance from my job or the job of my husband, partner, or parents</li> <li>□ Private health insurance purchased directly from an insurance company</li> <li>□ Medicaid, All Kids, or Moms &amp; Babies</li> <li>□ TRICARE or other military health care</li> <li>□ Some other kind of health insurance</li> <li>□ I did not have any health insurance to pay for my prenatal care</li> </ul>
If you did not get prenatal care, go to Question 24.	
20. Where did you go most of the time for your prenatal care visits? Do not include visits for WIC.  Check ONE answer	
☐ Hospital clinic ☐ Health department clinic ☐ Private doctor's office ☐ Community health clinic ☐ Other → Please tell us:	

22.	During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? Please count only discussions, not reading materials or videos. For each item, check No if no one talked with you about it or Yes if someone did.	2	33. During your most recent pregnancy, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? Please count only discussions, not reading materials or videos. For each one, check No if no one talked with you about it or Yes if someone did.
b. c. d. e. f. g. h. i.	How much weight I should gain during my pregnancy	2	a. Foods that are good to eat during pregnancy

27. During the 12 months before the delivery of your new baby, did you get a flu shot?  Check ONE answer	30. During your most recent pregnancy, did you take a class or classes to prepare for childbirth and learn what to expect during labor and delivery?
☐ No ☐ Go to Question 29 ☐ Yes, before my pregnancy ☐ Yes, during my pregnancy	□ No □ Yes
28. During what month and year did you get the flu shot? / 20  Month Year	31. During your most recent pregnancy, did a home visitor come to your home to help you prepare for your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women.
☐ I don't remember	□ No □ Yes
29. This question is about the care of your teeth <u>during your most recent</u> pregnancy. For each item, check <b>No</b> if it is not true or does not apply to you or <b>Yes</b> if it is true.	32. During <i>your most recent</i> pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)?
a. I knew it was important to care for my teeth and gums during my pregnancy	and Children)?  No Yes  33. During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)?  No Yes

<b>34.</b> Did you have any of the following problems during <i>your most recent</i> pregnancy? For each item, check <b>No</b> if you did not have the problem or <b>Yes</b> if you did.	36. In the 3 months <u>before</u> you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.
a. Vaginal bleeding	☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ I didn't smoke then
<ul> <li>d. Cervix had to be sewn shut (cerclage for incompetent cervix)</li></ul>	37. In the <u>last 3</u> months of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.
hypertension [PIH]), preeclampsia, or toxemia	☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ I didn't smoke then
<ul> <li>h. Water broke more than 3 weeks</li> <li>before my baby was due (premature rupture of membranes [PROM])□</li> <li>i. I had to have a blood transfusion□</li> </ul>	If you did not smoke during the 3 months before you got pregnant with your new baby, go to Page 8, Question 39.
j. I was hurt in a car accident	
The next questions are about smoking cigarettes around the time of pregnancy	38. During any of your prenatal care visits, did a doctor, nurse, or other health care worker advise you to quit smoking?
(before, during, and after).  35. Have you smoked any cigarettes in the <i>past</i>	☐ No ☐ Yes ☐ I didn't go for prenatal care
2 years?  No Yes  Go to Page 8, Question 40  Go to Question 36	

<b>39.</b> How many cigarettes do you smoke on an average day <i>now</i> ? A pack has 20 cigarettes.	Pregnancy can be a difficult time for some women. The next questions are		
☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes	about things that may have happened <u>before</u> and <u>during</u> your most recent pregnancy.		
☐ 1 to 5 cigarettes☐ Less than 1 cigarette	43. This question is about things that may		
☐ I don't smoke now	have happened during the 12 months before your new baby was born. For each		
The next questions are about drinking alcohol around the time of pregnancy (before and during).	or <b>Yes</b> if it did. (It may help to look at the calendar when you answer these questions.)		
	No Yes		
<b>40.</b> Have you had any alcoholic drinks in the <i>past 2 years</i> ? A drink is 1 glass of wine,	a. A close family member was very sick and had to go into the hospital		
wine cooler, can or bottle of beer, shot of liquor, or mixed drink.	b. I got separated or divorced from my husband or partner		
□ No ———— Go to Question 43  □ Yes	c. I moved to a new address		
41. During the <i>3 months <u>before</u></i> you got pregnant, how many alcoholic drinks did you have in an average week?	f. I lost my job even though I wanted to go on working		
☐ 14 drinks or more a week☐ 7 to 13 drinks a week	in work hours or pay		
☐ 4 to 6 drinks a week☐ 1 to 3 drinks a week	partner due to military deployment or extended work-related travel		
Less than 1 drink a week  I didn't drink then	i. I argued with my husband or partner more than usual		
	j. My husband or partner said he didn't want me to be pregnant		
42. During the <u>last 3</u> months of your pregnancy, how many alcoholic drinks did you have in an average week?	k. I had problems paying the rent, mortgage, or other bills		
☐ 14 drinks or more a week☐ 7 to 13 drinks a week	1. My husband, partner, or I went to jail		
4 to 6 drinks a week	m. Someone very close to me had a problem with drinking or drugs		
☐ 1 to 3 drinks a week☐ Less than 1 drink a week☐ I didn't drink then☐	n. Someone very close to me died		

During the 12 months before you got pregnant with your new baby, did your husband or partner push, hit, slap, kick,	48. What kind of health insurance did you have to pay for your delivery?  Check ALL that apply		
choke, or physically hurt you in any other way?	Private health insurance from my job or the job of my husband, partner, or parents		
□ No □ Yes	Private health insurance purchased directly from an insurance company  Medicaid, All Kids, or Moms & Babies  TRICARE or other military health care		
45. During <i>your most recent</i> pregnancy, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?	□ Some other kind of health insurance → Please tell us:		
□ No □ Yes	☐ I did not have any health insurance to pay for my <i>delivery</i>		
	AFTER PREGNANCY		
The next questions are about your labor and delivery.	The next questions are about the time since your new baby was born.		
46. When was your new baby born?			
/ 20	49. After your baby was delivered, was he or she put in an intensive care unit (NICU)?		
Month Day Year	□ No □ Yes □ I don't know		
47. By the end of <i>your most recent</i> pregnancy, how much weight had you gained?  Check ONE answer	50. After your baby was delivered, how long did he or she stay in the hospital?		
and fill in blank if needed  ☐ I gained pounds ☐ I didn't gain any weight, but I lost pounds ☐ My weight didn't change during my pregnancy ☐ I don't know	Less than 24 hours (less than 1 day)  24 to 48 hours (1 to 2 days)  3 to 5 days  6 to 14 days  More than 14 days  My baby was not born in a hospital  My baby is still in the hospital  Go to Page 10, Question 51  Go to Page 10, Question 51		

51. Is your baby alive now?  No We are very sorry for your loss. Go to Page 12, Question 66  52. Is your baby living with you now?  No Go to Page 12, Question 65  Yes  53. Did you ever breastfeed or pump breast milk to feed your new baby, even for a short period of time?	56. How many weeks or months did you breastfeed or pump milk to feed your baby?  Weeks OR Months  Less than 1 week  57. What were your reasons for stopping breastfeeding?  Check ALL that app
Yes Go to Question 55  54. What were your reasons for not breastfeeding your new baby?  Check ALL that apply  I was sick or on medicine  I had other children to take care of  I had too many household duties  I didn't like breastfeeding  I tried but it was too hard  I didn't want to  I went back to work or school  Other Please tell us:	<ul> <li>□ My baby had difficulty latching or nursing</li> <li>□ Breast milk alone did not satisfy my baby</li> <li>□ I thought my baby was not gaining enough weight</li> <li>□ My nipples were sore, cracked, or bleeding</li> <li>□ It was too hard, painful, or too time consuming</li> <li>□ I thought I was not producing enough mill or my milk dried up</li> <li>□ I had too many other household duties</li> <li>□ I felt it was the right time to stop breastfeeding</li> <li>□ I got sick or I had to stop for medical reasons</li> <li>□ I went back to work or school</li> <li>□ My baby was jaundiced (yellowing of the skin or whites of the eyes)</li> <li>□ Other → Please tell us:</li> </ul>
If you did not breastfeed your new baby, go to Question 59.  55. Are you currently breastfeeding or feeding pumped milk to your new baby?  No Yes Go to Question 58  Go to Question 56	

58.	How old was your new baby the first time he or she drank liquids other than breast milk (such as formula, water, juice, tea, or cow's milk)?	If your baby is still in the hospital, go to Page 12, Question 65.	
	<ul> <li>Weeks OR Months</li> <li>My baby was less than 1 week old</li> <li>My baby has not had any liquids other than breast milk</li> </ul>	62. In which <i>one</i> position do you <i>most often</i> lay your baby down to sleep now?  Check ONE answer  On his or her side On his or her back On his or her stomach	
59.	How old was your new baby the first time he or she ate food (such as baby cereal, baby food, or any other food)?  Weeks OR Months	63. Listed below are some things that describe how your new baby usually sleeps. For each item, check No if it doesn't usually apply to your baby or Yes if it usually applies to your baby.	
	☐ My baby was less than 1 week old ☐ My baby has not eaten any foods	a. My new baby sleeps in a crib or portable crib	
60.	What kind of health insurance is your new baby covered by now?  Check ALL that apply  Private health insurance from my job or the job of my husband, partner, or parents  Private health insurance purchased directly from an insurance company  Medicaid, All Kids, or Moms & Babies  TRICARE or other military health care  Some other kind of health insurance  Please tell us:  I do not have any health insurance for my new baby	b. My new baby sleeps on a firm or hard mattress	
61.	Have you ever heard or read about what can happen if a baby is shaken?  No Yes		

<b>64.</b> Has your new baby had a well-baby checkup? A well-baby checkup is a regular health visit for your baby usually at 1, 2, 4, and 6 months of age.	66. Are you or your husband or partner doing anything now to keep from getting pregnant? Some things people do to keep from getting pregnant include using birth control pills, condoms, withdrawal, or natural family planning.  ☐ No ☐ Yes ☐ Go to Question 68  67. What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant now?  ☐ Check ALL that apply
□ No □ Yes	
65. Since your new baby was born, has a home visitor come to your home to help you learn how to take care of yourself or your new baby? A home visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps mothers of newborns.	
No Yes	☐ I am not having sex ☐ I want to get pregnant ☐ I don't want to use birth control ☐ I am worried about side effects from birth control ☐ My husband or partner doesn't want to use anything ☐ I have problems getting birth control when I need it ☐ I had my tubes tied or blocked ☐ My husband or partner had a vasectomy ☐ I am pregnant now ☐ Other   → Please tell us:
	If you or your husband or partner is not doing anything to keep from getting pregnant now, go to Question 69.

68.	What kind of birth control are you or your husband or partner using <i>now</i> to keep from getting pregnant?	71. Since your new baby was born, how often have you had little interest or little pleasure in doing things?
	Check ALL that apply  ☐ Tubes tied or blocked (female sterilization, Essure®, Adiana®) ☐ Vasectomy (male sterilization) ☐ Birth control pill ☐ Condoms	☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never
	☐ Injection (Depo-Provera®) ☐ Contraceptive implant (Implanon®) ☐ Contraceptive patch (OrthoEvra®) or	72. What kind of <i>health insurance</i> do <u>you</u> have <i>now</i> ?  Check ALL that apply
	vaginal ring (NuvaRing®)  □ IUD (including Mirena® or ParaGard®) □ Natural family planning (including rhythm method) □ Withdrawal (pulling out) □ Not having sex (abstinence) □ Other → Please tell us:	<ul> <li>□ Private health insurance from my job or the job of my husband, partner, or parents</li> <li>□ Private health insurance purchased directly from an insurance company</li> <li>□ Medicaid, All Kids, or Moms &amp; Babies</li> <li>□ TRICARE or other military health care</li> <li>□ Some other kind of health insurance</li> </ul>
69.	Since your new baby was born, have you had a postpartum checkup for yourself? A postpartum checkup is the regular checkup a woman has about 4-6 weeks after she gives birth.	☐ I do not have health insurance now  OTHER EXPERIENCES
	□ No □ Yes	The next questions are on a variety of topics.
70.	Since your new baby was born, how often have you felt down, depressed, or hopeless?	73. At any time <u>during your most recent</u> pregnancy, did a doctor, nurse, or other health care worker <i>tell you that you had</i> depression?
	☐ Often ☐ Sometimes ☐ Rarely ☐ Never	□ No □ Yes

74. Since your new baby was born, has a doctor, nurse, or other health care worker told you that you had depression?	The last questions are about the time during the 12 months before your new baby was born.	
□ No		
<ul> <li>Yes</li> <li>75. Since your new baby was born, have you taken prescription medicine for your</li> </ul>	79. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received. All information will be kept private and will not affect any services you are now getting.	
depression? □ No □ Yes		
76. Since your new baby was born, have you gotten counseling for your depression?	\$0 to \$15,000 \$15,001 to \$19,000	
□ No □ Yes	\$19,001 to \$22,000  \$22,001 to \$26,000  \$26,001 to \$29,000  \$29,001 to \$37,000  \$37,001 to \$44,000  \$44,001 to \$52,000  \$52,001 to \$56,000  \$556,001 to \$67,000  \$67,001 to \$79,000  \$79,001 or more	
If your baby is not alive or is not living with you, go to Question 78.		
77. Since your new baby was born, have you used WIC services for yourself or your new baby?		
☐ No☐ Yes, both my new baby and I use WIC	<b>4</b> \$72,001 of more	
services  ☐ Yes, only my new baby uses WIC services ☐ Yes, only I am using WIC services	80. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?	
78. Did you receive a Tdap vaccination before, during or after your most recent pregnancy? A Tdap vaccine is a shot that protects against tetanus, diphtheria, and pertussis (or whooping cough). Tdap was new in 2005.  Check ONE answer	People  81. What is today's date?	
☐ No ☐ Yes, I received Tdap <u>before</u> my pregnancy ☐ Yes, I received Tdap <u>during</u> my pregnancy ☐ Yes, I received Tdap <u>after</u> my pregnancy ☐ I don't know	Month Day Year	

Please use this space for any additional comments you would like to make about your experiences around the time of your pregnancy or the health of mothers and babies in Illinois.

Thanks for answering our questions!

Your answers will help us work to make Illinois mothers and babies healthier.