

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6011381	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 12/08/2023
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NAME OF PROVIDER OR SUPPLIER ARCADIA CARE MORRIS	STREET ADDRESS, CITY, STATE, ZIP CODE 1095 TWILIGHT DRIVE MORRIS, IL 60450
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S 000	Initial Comments Annual Licensure Survey	S 000		
S9999	Final Observations Statement of Licensure Violations: 300.610a) 300.1010h) 300.1210b) 300.1210d)2) 300.1210d)3) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1010 Medical Care Policies h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not limited to, the presence of incipient or manifest decubitus ulcers or a weight loss or gain of five percent or more within a period of 30 days. The facility shall obtain and record the physician's	S9999	Attachment A Statement of Licensure Violations	

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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S9999	<p>Continued From page 1</p> <p>plan of care for the care or treatment of such accident, injury or change in condition at the time of notification.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>2) All treatments and procedures shall be administered as ordered by the physician.</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>These requirements are not met as evidenced by:</p> <p>Based on observation, interview, and record review, the facility failed to monitor residents at risk for weight loss, offer nutritional supplements as ordered by the physician in order to prevent additional weight loss, and offer food substitutes</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>for meals/snacks that were refused to prevent unplanned weight loss and maintain resident nutritional status. This failure resulted in R40 experiencing a 29.29% weight loss within 4 months of admission. This applies to 2 residents (R40 and R43) reviewed for weight loss in a sample of 31.</p> <p>The findings include:</p> <ol style="list-style-type: none"> 1. R40's MDS (Minimum Data Set) dated 11/14/23 shows her cognition is intact. On 12/5/23 at 12:18 PM, R40 said, "I have lost about 60 pounds since August." R40 said the facility was giving her mighty shake supplements, but she had not received one in almost a week. R40's lunch tray was then delivered in the presence of surveyor, and it did not have any supplement on it. On 12/6/23 at 12:30 PM, V22 (R40's spouse) said R40 lost 20 pounds in the last month. <p>R40's Face sheet shows an admission date of 8/8/23. The facility's "Weights and Vitals Summary" report shows R40's weight has been measured 4 times between the dates of 8/8/23 and 12/7/23. R40's Admission weight on 8/8/23 was 198 pounds. R40's next weight recorded on 9/6/23 was 184.6 pounds, showing a 6.77% weight loss in 1 month. R40's weight was not recorded in the month of October. R40's next weight measured on 11/3/23 was 159.4 pounds, showing a 13.65% weight loss in 2 months. R40's next weight measured on 12/4/23 was 139.8 pounds, showing a 12.3% weight loss in 1 month. R40 lost 58.2 pounds since her admission four months earlier, showing a 29.39% total weight loss.</p> <p>R40's POS (Physician Order Sheet) shows an order dated 11/14/23 for weekly weight to be</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>done every Wednesday for 4 weeks because of weight loss. R40's MAR (Medication Administration Record) shows weekly weights were not completed on Wednesday 11/15/23, Wednesday 11/22/23, Wednesday 11/29/23, or Wednesday 12/6/23. Nurse documentation on 11/22/23 shows weight "not obtained" and nurse documentation on 11/29/23 states "to be done". On 12/7/23 at 12:54 PM, V2 (DON/Director of Nursing) said she is aware of R40's weight loss. V2 said there was no documentation of R40 refusing to be weighed in October. V2 said the nurse documented on 11/15/23 that R40 refused to be weighed, but on 11/22/23, 11/29/23, and 12/6/23 R40's weights were not obtained, and refusals were not documented. V2 said she thinks the doctor needs to do a medical work up on R40 to determine why she is losing weight.</p> <p>On 12/7/23 at 2:18 PM, V11 (Dietician) said R40's intakes are not very good and sometimes V22 (R40's spouse) brings her food to eat, but it is not enough to regain the weight she has lost. V11 said R40 was supposed to be getting weighed weekly in November, but the facility has been having issues with obtaining weekly weights. V11 said that residents are supposed to get weekly weights for the first 4 weeks after admission, but the facility has not been compliant. V11 said she does not know why R40 has not been getting weighed as ordered because R40 does not refuse to be weighed. V11 said when a resident has significant weight loss, V11 notifies the facility Administrator, Assistant Administrator, DON, and Dietary Manager by email and then it is the facility's responsibility to notify the physician. On 12/7/23 at 1:27 PM, V10 (R40's physician) said a 60-pound weight loss in 4 months is a lot. V10 said he was not personally notified of R40's weight loss.</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>R40's Care Plan dated 11/20/23 shows R40 is at increased nutritional risk related to Anemia, Chronic Obstructive Pulmonary Disease, and Hypertension. Interventions include monitor monthly weights or per facility protocol and report significant changes to the physician and power of attorney. An additional Care Plan focus (initiated during this survey on 12/5/23) states R40 has an unplanned/unexpected significant weight loss and interventions include monitor weights per facility protocol.</p> <p>The facility's undated policy titled, "Weight Assessment and Intervention" states, "Guideline: Weights are monitored monthly or more often as recommended by the interdisciplinary care team. The goal is to ensure adequate parameters of nutritional status are maintained by preventing unintentional weight loss ...Procedure: 1. Nursing staff will record the resident weight upon admission and once a week for four weeks thereafter to establish a base weight and stability of weights. If no weight concerns are noted, the resident's weight will be recorded monthly thereafter or as indicated by the interdisciplinary care team ...4. Any weight change of 5% or more since the previous weight assessment shall be re-taken to confirm. If the weight is verified, nursing will notify the appropriate designated individuals such as the physician, registered dietician, dining services manager, or other members of the interdisciplinary team ...6. The threshold for significant unplanned and undesired weight loss shall be based on the following criteria: 1 month interval-significant loss 5%-severe loss greater than 5%, 3 month interval-significant loss 7.5%-severe loss greater than 7.5%, 6 month interval-significant loss 10%-severe loss greater than 10%...Analysis:1.</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>Assessment information will be analyzed by the interdisciplinary team and conclusions shall be made ...2. The physician along with the interdisciplinary team will identify conditions and medications that may be causing anorexia, weight loss, or an increased risk of weight loss ..."</p> <p>2. On 12/05/23 at 11:18 AM R43 stated he does not like the food the facility offers. On 12/07/23 at 10:20 AM R43's breakfast tray was observed. R43 consumed 25% of scrambled eggs and 100% of nonfat yogurt. R43 said, "the meals are not good here and I have lost weight since being here because of the food". R43 said he does not receive any nutritional supplement drinks from the facility. R43 said he asked for Ensure Plus nutritional drink because he likes the taste of it but was told the facility does not carry that in stock. R43 said they offered him the house stock nutritional drink. R43 said he does not like the house stock and does not drink it. R43 said the nurses offer the house stock nutritional drink to him once a week and he refuses it. R43 said no other alternatives for nutritional supplements were offered to him.</p> <p>R43's face sheet showed R43 was admitted to the facility on 05/15/23 with diagnoses of Guillain-Barre Syndrome, essential hypertension, hypothyroidism, gastro-esophageal reflux disease without esophagitis, chronic obstructive pulmonary disease, atrial fibrillation, vitamin deficiency, constipation, major depressive disorder, abdominal aortic aneurysm without rupture, and diseases of the nervous system and sense organs. R43's MDS dated 11/17/23 showed R43 was cognitively intact. The same MDS showed R43's most current weight was 171 pounds. R43's care plan dated 05/24/23 showed R3 is at increased nutritional risk and to offer</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>alternatives at mealtimes when appropriate, monthly weights, and to report significant weight changes to the MD (Medical Doctor) and POA (Power of Attorney). Per the weight summary, R43's admission weight on 05/15/23 was 183.9 pounds. No recorded weight for the month of June. On 07/10/23 R43's weight was 185.3, on 08/08/23 R43's weight was 175.0 (-5.56%), on 09/07/23 R43's weight was 170.6 (-2.51%), no recorded weights for October and November, and on 12/04/23 R43's was 170.4. The dietary assessment dated 11/22/23 showed R43 had a weight loss of 5% or more in the last month or loss of 10% or more in the last 6 months. The same assessment stated R43 was not on a prescribed weight loss program. R43's weight change progress note dated 09/15/23 showed R43 was triggered for significant weight loss for two months and weight continues to trend down. The same note stated "resident reports not liking food very much at the facility. Resident with additional Ensure supplement in place three times per day, however, resident states he has not been receiving supplements".</p> <p>On 12/07/23 at 2:10 PM V2 said she was aware of R43's insidious weight loss. V2 said she was not aware of R43 not liking the house stock nutritional drink. V2 said no alternative supplement was offered to R43 since he does not like the house stock nutritional drink. V2 said it is expected that when residents refuse supplements, the dietitian is notified for alternatives. V2 said the dietitian was not notified for any alternative supplements.</p> <p>(B)</p>	S9999		