

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6006498</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING: _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>11/10/2023</b>
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NAME OF PROVIDER OR SUPPLIER  <b>NATURE TRAIL HEALTH AND REHAB</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>1001 SOUTH 34TH STREET MOUNT VERNON, IL 62864</b>
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S 000	Initial Comments  Complaint Investigation #2359185/IL166283	S 000		
S9999	Final Observations  Statement of Licensure Violations  300.610a) 300.1210a) 300.1210b) 300.1210c) 300.1210d)6)  Section 300.610 Resident Care Policies  a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.  Section 300.1210 General Requirements for Nursing and Personal Care  a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a	S9999	<b>Attachment A Statement of Licensure Violations</b>	

Illinois Department of Public Health  
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X5) DATE

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S9999	<p>Continued From page 1</p> <p>comprehensive care plan for each resident that includes measurable objectives and timetables to meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which allow the resident to attain or maintain the highest practicable level of independent functioning, and provide for discharge planning to the least restrictive setting based on the resident's care needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable. (Section 3-202.2a of the Act)</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>and assistance to prevent accidents.</p> <p>These Requirements were not met evidenced by:</p> <p>Based on interview, observation and record review the facility failed to utilize a gait belt to safely transfer a resident for 1 of 3 residents (R1) reviewed for transfers in the sample of 3. This failure resulted in R1 experiencing a large hematoma causing acute anemia that resulted in a blood transfusion and a six-night hospital stay.</p> <p>Findings include:</p> <p>R1's Face Sheet documents Diagnosis to include: Hemiplegia and Hemiparesis following Cerebral Infarction affecting right dominant side, Aphasia following Cerebral Infarction, Chronic Obstructive Pulmonary Disease, Polyneuropathy, Anxiety Disorder, Contracture Right hand, Acute Pulmonary Edema and Contusion of Right Shoulder.</p> <p>R1's MDS (Minimum data set) dated 08/23/23 section C documents a BIMS (Brief Interview of Mental Status) as 6 indicating cognition level is severely impaired, section GG documents R1's chair/bed to chair transfer as 2 (substantial/maximal assistance) - helper does more than half the effort. Helper lifts, holds trunk or limbs and provides more than half the effort, toilet transfer is documented as 3 (Partial/moderate assistance) - helper does less than half the effort, helper lifts, holds or supports trunk or limbs, but provides less than half the effort.</p> <p>R1's care plan dated 03/11/23 documents: R1 has a self-care deficit as evidenced by: needs</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>(extensive) assistance with ADL's (activities of daily living) related to impaired mobility and cognition, weakness, hemiplegia and CVA (cerebral vascular accident) with an initiated date of 03/01/23 and documents R1 is a 1 assist transfer.</p> <p>R1's PT (Physical Therapy) discharge summary documents: Transfers chair/bed to chair transfer = partial/moderate assistance, dated 10/11/23 by V4 (PT).</p> <p>On 11/06/23 at 10:00 AM, R1 stated, she has a large bruise and it hurts bad. She stated she did not have a fall. R1 indicated it happened during a transfer. R1 started breathing very quickly with short shallow breaths when asked about her bruise. R1 moved the neck of her blouse to show the bruise and then started rubbing it. R1's bruise was dark purple under her right armpit area. The bruise was approximately 10 inches long by approximately 5 inches wide.</p> <p>On 11/08/23 at 2:30 PM, R1 was lying in bed whining while rubbing the bruised area under her arm. When asked if it hurts, she shook her head yes.</p> <p>On 11/08/23 at 9:55 AM, V9 (Family) stated, she saw V3 (Assistant Director of Nursing/ADON) and V7 (Certified Nurse Aide/CNA) transfer R1 inappropriately, the evening of 10/27/23. V9 stated she saw them transfer R1 under her arm. She stated, she heard R1 yell out when they transferred her to her bed. V3 and V7 put her into bed and put her feet up, due to her blood pressure was low. V9 stated, they did not use a gait belt to transfer R1 at that time and she has seen them (staff in general) transfer R1 several times without a gait belt. V9 stated she has had to</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>remind them several times to use a gait belt. V9 stated R1 has a large bruise under her arm along her side to under her breast on her paralyzed side. She also stated R1 also has a knot under her bruise that was a blood clot and they had to give her more blood than usual at the hospital. V9 stated R1 was in the hospital six nights. V9 stated she thought her shoulder looked dislocated but she believes it turned out to be a knot after the X-rays. V9 stated, R1 still has a lot of pain with the injury and rubs it all the time.</p> <p>On 11/08/23 at 3:46 PM, V7 (Certified Nurse Aide/CNA) stated, she and V6 (CNA) took R1 to the bathroom and put her on the toilet on 10/27/23 just after 3:00 PM. Then V6 got busy doing something different so she and V3 (ADON) transferred R1 from the toilet back to her chair, then to her bed. V7 stated they did not use a gait belt. V7 stated V3 was on R1's paralyzed side and held her under her arm and the back of her pants. V7 stated when V3 grabbed her under her arm and transferred her, R1 yelled out in pain. V3 stated she didn't grab her under her armpit but she did. V7 stated, she feels V3 grabbed her harder than she thinks she did. V7 stated, she knows she was on the left side because she was not comfortable with being on her paralyzed side, no one at the facility had given her specific instructions on how to transfer R1 but she knows you are not supposed to mess with the weak side unless you have a gait belt. V7 stated she has never seen anyone use a gait belt with R1 except PT (Physical Therapy).</p> <p>On 11/06/23 at 1:15 PM, V6 (Certified Nurse Aide/CNA) stated on 10/27/23 she did put R1 on the toilet and told V7 (CNA) that she had to go do something else and that R1 was on the toilet. V6 stated, R1 is an easy transfer, she can assist you</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>with the transfer most of the time, she just is paralyzed on her right side due to her stroke. V6 stated she got R1 up for supper but when she was putting R1 to bed after supper she saw the bruise and told V2 (DON). V6 stated a standard transfer would be with a gait belt.</p> <p>On 11/08/23 at 12:15 PM, V3 (Assistant Director of Nursing/ADON) stated, she was working on the floor that day and V7 (CNA) told her that R1 was on the toilet. V7 told her R1 was not acting right and she was clammy. V3 stated she went down to assist V7 with getting R1 off the toilet. They got her off the toilet and she called V10 (Medical Doctor). V3 stated, R1 was not completely unresponsive. R1 had a large BM (bowel movement) on the toilet and thought that could be why she was somewhat unresponsive. They got R1 into bed and raised her feet. R1's blood pressure came up. V3 stated she wanted a pain pill prior to the toilet but they did not give her a pain pill due to her blood pressure being low, around 3:45 PM R1's blood pressure came back up. When they got R1 off the toilet they transferred her with a two-person transfer. V7 was on the right side, R1's weak side. During the transfer from her wheelchair to her bed she was on her weak side and they did not have a gait belt. V3 stated, she used her pants but did not pull on her arm. V3 stated she did not yell out or anything because her blood pressure was low. She doesn't remember how V7 transferred her.</p> <p>On 11/08/23 at 11:30 AM, V5 (Physical Therapy Manager) stated, the standard transfer with residents is with a gait belt. In her opinion R1 should be transferred with a gait belt due to her right-side paralysis, it would just be safer that way.</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>On 11/06/23 at 10:45 AM, V4 (Physical Therapy) stated, a standard transfer is with a gait belt. V4 stated, R1 is an easy transfer if you tell her what you are going to do, you just put the gait belt around her waist area because you don't want it to get too high with her paralysis, and lift, she will assist, she has strength, her balance is just not great and she leans due to the right-side paralysis.</p> <p>On 11/08/23 at 1:45 PM, V2 (Director of Nursing/DON) stated on the evening of 10/27/23 R1 told her "her arm was broke" and was flopping it up and down. V2 stated, she told her, your arm hasn't worked for years. R1 then started pointing to her shoulder area. V2 asked R1 if her shoulder injury happened today and R1 shook her head yes, when she asked if it was around the time they took her to the bathroom and she shook her head yes. V2 then stated R1 was utilizing hand motions to describe V3 (ADON) and pointed to the area with the bruise. V2 stated V7 (CNA) stated R1 had an episode on the toilet, and that she (V7) and V3 transferred R1. V3 stated, R1 was kind of limp and was not as responsive as usual. V2 stated, V9 (family) was at the facility. V2 stated V9 (family) told her V3 (ADON) transferred R1 and R1 yelled out in pain. V2 stated, if it was her with R1 she would have tried to get a hold of her pants to assist her. V2 stated typically R1 can pretty much stand on her own, but she does have problems with her balance and leaning to the right. V2 stated, the safest way to transfer R1 would be with a gait belt but it was a more urgent situation.</p> <p>V10's MD (Medical Doctor) note dated 11/02/23 at 13:39 (1:39 PM) documents: R1 was recently hospitalized for the following diagnoses: UTI (Urinary tract infection) chest wall hematoma. R1</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>was recently hospitalized for weakness and diagnosed with UTI along with acute shoulder pain with workup showing no fractures of shoulder or ribs. CT showed a large hematoma of the axilla and anterior chest most likely due to pectoralis muscle tear. Injury uncertain. R1 is still having pain in the area of swelling and nurses note it is hard to gauge her pain because she always has pain. She (R1) points to the right chest as area of pain and withdrawals prior to me touching her.</p> <p>R1's hospital notes document an admission date of 10/27/23 and a discharge date of 11/02/23 with an admitting diagnosis of Anemia.</p> <p>R1's hospital "History and Physical" dated 10/28/23 documents: "Chief Complaint: Right arm injury after lift assistant nursing home. Bruising in the right armpit and discomfort." R1's weight was documented as 135 pounds on 10/28/23.</p> <p>R1's Hospital preliminary report dated 10/27/23 documents: Clinical indication: Per EMS (Emergency Medical Service) pt (patient) (R1) had an episode in which the nursing home is unsure of how but right arm became bruised. Pt (R1) has bruise under right arm. HX (history) of stroke and is normally contracted on this side. V9 (family) at bedside and stated the nursing home pulls on this arm and doesn't use a gait belt and she thinks it is an injury from being pulled on. Limited movement with contracted right arm.</p> <p>R1's Hospital's Preliminary Report section - X-ray shoulder 3 views right shoulder 10/27/23 at 8:10 PM documents: there is a slight superior displacement of the distal right clavicle with respect to the adjacent acromion. The findings are consistent with mild AC joint separation, age</p>	S9999		



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S9999	<p>Continued From page 8</p> <p>indeterminate.</p> <p>R1's hospital notes dated 10/30/23 at 7:29 PM document: Imaging - Results - Other CT (computed tomography) chest wo (without) contrast dated 10/29/23. Indication: Hemorrhage, Unspecified injury of right shoulder and upper arm, sequela, chest pain, and localized swelling, mass and lump, trunk. CT examination of the chest: Indication: 85-year-old female nursing home resident, post cerebrovascular accident and right - sided weakness, a fascia, with bruising over the right upper extremity, anemia. Findings: There is a large right subpectoral hematoma, measuring at least 11.9 x 6.1 x 11.8 cm extending caudally from the right anterior shoulder along the right lateral chest wall and axilla. There are edematous changes in adjacent extrathoracic fat, extending into the right upper extremity , not included on these images. Impression: large right subpectoral hematoma with edematous changes extending into the adjacent extrathoracic fat.</p> <p>R1's hospital notes dated 10/29/23 at 4:30 AM document: progress notes lab called with Hgb (hemoglobin) drop 10/27 - 8.3 and now 10/28 - 5.7. Upon looking at admission photo the area around R1's pectoral on the right side is very swollen and firm.</p> <p>R1's hospital Discharge summary dated 11/02/23 at 1:40 PM documents: Discharge Diagnoses: 1) Acute anemia 2/2 (secondary to) large subpectoral hematoma d/t (due to) shoulder injury prior to admission, 2) Acute Cystitis, 3) HTN (Hypertension), 4) Troponin elevation 2/2 demand ischemia. Hospital Course: Patient (R1) presented with acute blood loss anemia, d/t (due to) subpectoral hematoma. The patient's Eliquis was held and she was given blood transfusion as</p>	S9999		

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S9999	<p>Continued From page 9</p> <p>needed to keep Hgb (hemoglobin) &gt;8, d/t (due to demand ischemia 2/2 anemia. The patient's hgb (hemoglobin) stabilized after 2 days of holding Eliquis. She was discharged once hgb (hemoglobin) stable. She will hold Eliquis on discharge for 1 week.</p> <p>The facility document titled, "Witness Statement" dated 10/27/23 documents a witness statement by R1. Statement documents: "My arm is broke." "Hurts." "They," R1 demonstrated placing left hand underneath right axillae while stating "hurt", signed per V2 (DON).</p> <p>The facility document titled, "Witness Statement" dated 10/27/23 documents a witness statement by V7 (Certified Nurse Aide/CNA). It documents: 10/30/23 at 1:56 PM, I "V7" took R1 to the bathroom. R1 couldn't stand so I asked V6 (CNA) to help. V6 ended up transferring R1 by herself. I stood in the bathroom until she was done. When she finished I got V3 (ADON) to help me. After getting R1 in her chair she went unresponsive. V3 and I laid her down and put her feet up. R1 started to get better. R1 did scream out during the transfer but I didn't see a bruise until V6 showed me. Signed by V1 (Administrator) with the witness line signed with "Via Phone" signed and dated 10/30/23.</p> <p>The facility document titled, "Witness Statement" dated 10/27/23 documents a witness statement by V6 (Certified Nurse Aide/CNA). It documents: 10/30/23 I was asked by V7 (CNA) to transfer R1 to the toilet. R1 helped with the transfer using the left arm and I held on to her pants to secure her and transferred her to the toilet. Signed by V6 dated 10/30/23.</p> <p>The facility document titled, "Witness Statement"</p>	S9999		

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S9999	<p>Continued From page 10</p> <p>dated 10/27/23 documents a witness statement by V3 (Associate Director of Nursing). Documents: Alerted by CNA (V7) that R1 was clammy and didn't seem right. This nurse investigated to find R1 to be clammy and B/P (blood pressure) low. This nurse (V3) assisted CNA (V7) with transfer of R1 to chair. Alerted the MD. Then assisted the CNA (V7) with changing the resident out of the damp shirt. CNA (V7) then buttoned up shirt and we transferred R1 into bed. Blood pressure being so low had caused this nurse (V3) to hold pain pill R1 had requested and MD notified of this as well. R1 BP came up after this nurse (V3) reassessed R1. This nurse (V3) did not notice a bruise when changing or transferring R1, signed by V3 and dated 10/30/23.</p> <p>The facility document dated 10/27/23 titled, "Bruise/Skin" Resident: R1: Incident Description: V6 CNA summoned this nurse (V2 DON) to room. Upon entering R1 behind the privacy curtain sitting in wheelchair with blouse off and gown draped across the breast area to cover for privacy. Bruise noted to Right upper anterior arm and right chest to upper rib cage that is in the axilla area. R1 c/o (complaints of) pain to area. Area to chest in this area was also swollen and hard to touch. R1 is contracted to right arm and unable to use. R1 reports bruising is from staff who place their arm underneath her right axillae when transferring. R1 is not a lift assist and able to bear weight. R1 leans to one side so assist is needed by guiding R1 or assisting R1 with balance. The section titled, "Resident Description" documents: "my arm broke." "Hurts." R1 demonstrated by placing her good hand Left hand under the right armpit stating "like this".</p> <p>R1's Order Summary Report (Physician Order Sheet) documents: Monitor hematoma to R (right)</p>	S9999		

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6006498</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING: _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>11/10/2023</b>
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NAME OF PROVIDER OR SUPPLIER  <b>NATURE TRAIL HEALTH AND REHAB</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>1001 SOUTH 34TH STREET MOUNT VERNON, IL 62864</b>
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
S9999	<p>Continued From page 11</p> <p>shoulder until resolved every shift for monitoring report any worsening sx (symptoms) to MD V10 (Medical Doctor) dated 11/06/23.</p> <p>The facility document with the subject documented as "Transfer Policy" dated 05/19/22 documents: Policy: To promote safe transfer for the residents, as well as the staff. Gait belts, Hoyer lifts and/or sit to stand lifts will be used, unless otherwise specified. Responsibility: It is the responsibility of all nursing staff to ensure the use of safe transfer techniques when transferring a resident.</p> <p>(A)</p>	S9999		